



DS #1216 - BRIDGET TOP

multi-sized pattern: (AU/UK) 6/8/10/12/14/16/18/20/22/24/26

(US) 2/4/6/8/10/12/14/16/18/20/22

(EU) 34/36/38/40/42/44/46/48/50/52/54

The Bridget Top is a semi-fitted shell featuring a choice of 3 long sleeves - a long Bell Cufflet, Split Sleeve with self ties and a Spiral Fluted Cufflet. The top can be made in 2 different lengths, a Round or V-neck and features an Optional Soft Tie Belt.



TABLE OF CONTENTS:	PAGE
Cover.	1.
Table of Contents.	2.
Contact us.	2.
Sizing Chart.	3 - 4.
Printing PDF Files.	5.
Taping the PDF Pages.	6-7.
Shopping/Fabrics.	8.
Pattern Info.	9.
Pattern Pieces.	10.
Tile Printing Guide.	10.
Choosing Cup Sizes.	11.
Fabric Requirements.	12.
Cutting Layouts.	13 - 15.
Sewing Instructions.	16 - 24.

CONTACT US:

Email: ann@designerstitch.com

Facebook : <u>DesignerStitch</u>

<u>DesignerStitch Pattern Support</u>

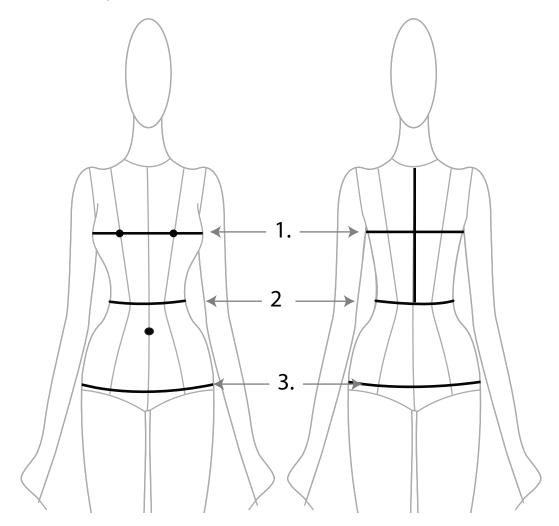
Instagram : <u>DesignerStitch</u>

Pinterest: <u>DesignerStitch</u>

www.designerstitch.com



SIZING CHART- Designer Stitch patterns are designed to be "true-to-size". There is not a lot of extra ease loaded into the styles so please choose the size that is closest to your own body measurements. The patterns can be altered to fit your size and shape. We would recommend that you make a test fitting sample before cutting into your main fabric - similar weight fabric to your intended final garment is a must for test fitting. Your test sample can be constructed from the main pattern pieces so you can fine tune for any fit variances.



Sizing your garment will be based on 3 main measurements.

- 1. Bust Circumference. Horizontal measurement at fullest part of the bust making sure the tape measure is horizontal around the body.
- 2. Waist Circumference. Horizontal measurement at natural waist (your belly button is not your waist).
- 3. Hip Circumference. Horizontal measurement at fullest part of your hip line. Try different positions abdomen, buttocks and high thighs and use the biggest measure.

The chart on page 4 offers many additional measurments to fine tune your fit. For details on how and where to measure your body please see the help chart at http://designerstitch.com/sizing/



PATTERN SIZE	1	2	3	4	5	6	7	8	9	10	11
equivalent to :	'				<u> </u>						
US	2	4	6	8	10	12	14	16	18	20	22
AUSTRALIAN/ UK	6	8	10	12	14	16	18	20	22	24	26
EU	34	36	38	40	42	44	46	48	50	52	54
Bust	80cm	85cm	90cms	95cms	100cm	105cm	110cm	115cm	120cm	125cm	130cm
	(32")	(34")	(36")	(38")	(40")	(42")	(44")	(46")	(48")	(50")	(52")
Natural Waist	60cms	65cms	70cms	75cms	80cms	85cms	90cms	95cms	100cm	105cm	110cm
	(23½")	(25½")	(27½")	(29½")	(31½")	(33½")	(35½")	(37½")	(39½")	(41½")	(43½")
Full Hip	86cms	91cms	96cms	101cm	106cm	111cm	116cm	121cm	126cm	131cm	136cm
(20cms below waist)	(34")	(36")	(38")	(40")	(42")	(44")	(46")	(48")	(50")	(52")	(54")
Centre Back	40.4 cms	41 cms	41.6cms	42.2 cms	42.8cms	43 .4cms	44 cms	44.6 cms	45.2 cms	45.8cms	46.4cms
(nape to waist)	(16")	(161/8")	(163/8")	(16½")	(16¾")	(17")	(17¼")	(17½")	(17¾")	(18")	(18¼")
Centre Front (side neck to waist)	43.8 cms	44.4 cms	45 cms	45.6 cms	46.2cms	46.8 cms	47.4 cms	48cms	48.6 cms	49.2cms	49.8 cms
	(171/8")	(17 ³ / ₈ ")	(175/8")	(17%")	(18½")	(183/8")	(185/8")	(18%")	(191/8")	(19 ³ / ₈)	(195/8")
Bust Depth	27.8 cms	28.4 cms	29 cms	29.6 cms	30.2cms	30.8 cms	31.4 cms	32 cms	32.6 cms	33.2 cms	33.8 cms
	(10%")	(111/8")	(11¾")	(115%")	(11%")	(12½")	(12¾")	(125/8")	(12%")	(13½")	(133/8")
Bust Separation	19.8 cms	20.4 cms	21 cms	21.6 cms	22.2cms	22.8 cms	23.4 cms	24 cms	24.6 cms	25.2 cms	25.8
	(7¾")	(8 ")	(8½")	(8½")	(8¾")	(9")	(9½")	(9½")	(9¾")	(10")	(10 ¹ / ₄ ")
Shoulder	11.4 cms	11.7 cms	12 cms	12.3 cms	12.6cms	12.9 cms	13.2 cms	13.5 cms	13.8 cms	14.1cms	14.4cms
Length	(4½")	(45/8")	(4¾")	(47/8")	(5 ")	(5½")	(5¼")	(53/8")	(5½")	(5%")	(5 ³ / ₄ ")
Neck Circum	35.6 cms	36.8 cms	38 cms	39.2 cms	40.4 cm	41.6 cms	42.8 cms	44 cms	45.2 cms	46.4 cms	47.6 cms
	(14 ")	(14½")	(15 ")	(15½")	(16 ")	(16½")	(17 ")	(17½")	(18")	(18½")	(19")
Sleeve Length	57.8 cms	58.4 cms	59 cms	59.6 cms	60.2cms	60.8 cms	61.4 cms	62 cms	62.6 cms	63.2 cms	63.8 cms
	(225%")	(22%")	(23½")	(23¾")	(23%")	(23%")	(24½")	(243/8")	(24%")	(24%")	(25½")
Bicep	25.6cms	26.8cms	28cms	29.2cms	30.4cms	31.6cms	32.8cms	34cms	35.2cms	36.4cms	37.6cms
	(10")	(10½")	(11")	(11½")	(12")	(12½")	(13")	(13½")	(14")	(14½")	(15")
Crotch Depth	26.8 cms	27.4 cms	28 cms	28.6 cms	29.2cms	29.8 cms	30.4 cms	31 cms	31.6 cms	32.2 cms	32.8 cms
(from natural waist)	(10½")	(10¾")	(11 ")	(11¼")	(11½")	(11¾")	(12")	(12¼")	(12½")	(12¾")	(13")
Inside Leg	82cms	82cms	82cms	82cms	82cms	82cms	82cms	82cms	82cms	82cms	82 cms
(full length only)	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")	(32.3")

The above measurements are based on fit models of 168 cms (5'6") with a cup size of B and C.



PRINTING -

This pattern includes layers that allow you to choose the sizes that you wish on both the Print-at-Home and AO Copy Shop PDF. Please refer to the size chart given at the beginning of these instructions as my garments are "true-to-size".

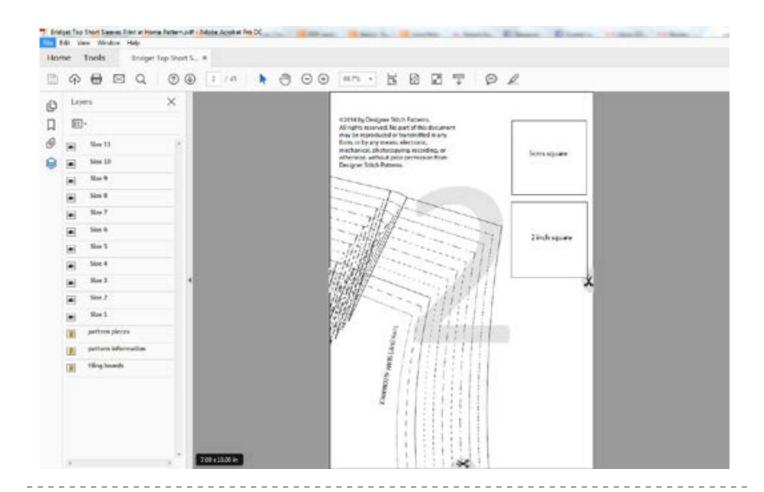
In Adobe Reader, click on the layers icon which is on the left hand side of the black navigation bar. Click on the eyeball to turn the size layers on or off.

If you are grading multiple sizes (please refer to the size chart), make sure to have displayed (turned on) all the sizes you need. Or you can just print your single size if you are standard to the sizing chart. If you are printing at a copy shop, be sure to specify which size/layers you want them to print.

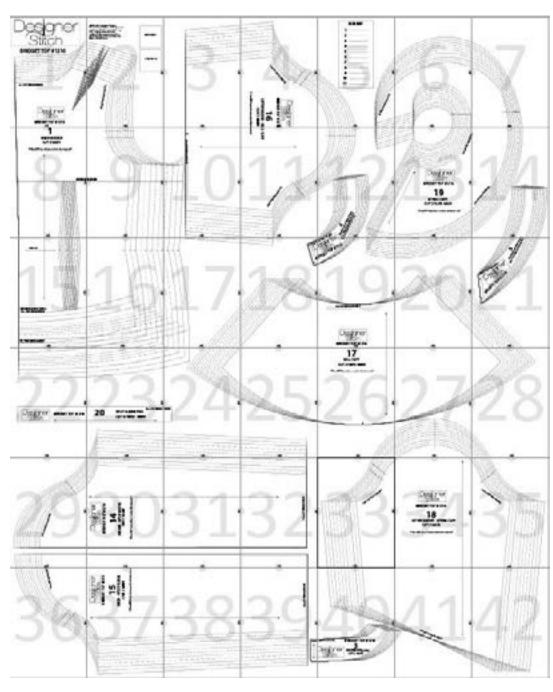
Make sure before printing that your scaling is turned "off" in the printer's dialogue box and that it is set to scale at 100%. (Or page scaling should be set to none- each printer has a different dialogue box so double check !!). Ensure that page "orientation" is also set to "Auto/portrait Landscape".

Print out the pattern page that contains the calibration square - page 2.

Measure the square (5cms or 2") to make sure that your pattern piece was printed to the correct size. Page 6 details how many tiles for the Bridget Top and the taping order.







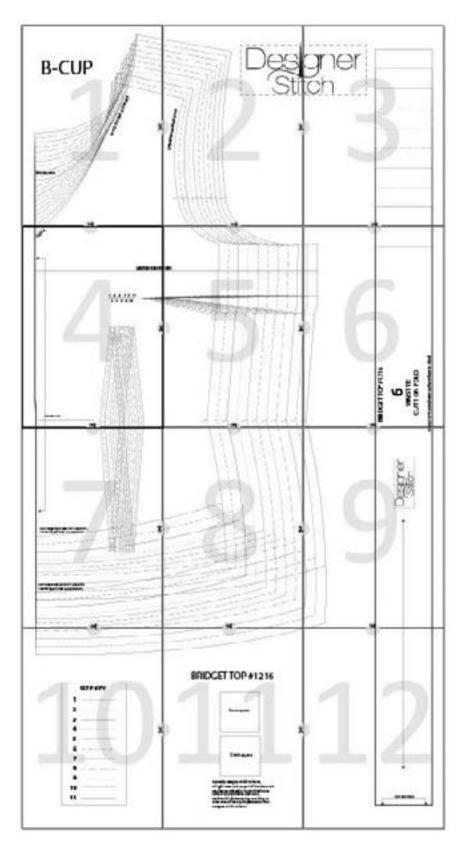
TAPING THE BRIDGET TOP PATTERN TOGETHER.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.



Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and work in numerical order. This is your template after taping together. The template consists of 42 pattern tiles. Tiles run 1-7 across the top of the template and the subsequent tiles run as shown in the diagram. Please ensure that you match up the circle symbol when taping the edges.





TAPING THE BRIDGET TOP - CUP SIZES PATTERN TOGETHER.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.



Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and work in numerical order. This is your template after taping together. The template consists of 12 pattern tiles. Tiles run 1-3 across the top of the template and the subsequent tiles run as shown in the diagram. Please ensure that you match up the circle symbol when taping the edges.



SHOPPING LIST

- Fabric and matching colour thread.
- 50 cms (20") invisible zipper
- 0.50 metre (½yd) light weight iron-on interfacing

FABRIC

Please use the following only as a suggestion. Depending on your skill level you should choose the appropriate weight fabric. Cottons and cotton types are much easier to use than silk types as these fabrics can be a bit slippery to handle.

- Light weight cottons/voile/rayon.
- Light weight linens.
- Silk types with light weight and handle.
- Light weight satin types.

SEAM ALLOWANCES are included. All main seams have 1.5cms (5/8") unless otherwise stated. Designer Stitch Patterns use industrial construction methods to give you a professional finish so there will be steps where the seam allowance may vary.

THIS WILL BE CLEARLY INDICATED AT EACH STEP METHOD.

STORING YOUR PATTERN - As this pattern is a multi-sized one it is best to trace off your size with tissue or similar paper and leave the taped template intact. That way if you happen to have a missing pattern piece or you need to make body size adjustments in the future you will still have the master at hand. For storage of the master you could hang it up with bull-dog clips on a coat hanger in a spare wardrobe or fold it flat and store in a large zip-lock bag.

TERMS OF USE - This pattern can be used to make garments for personal use only. No part of this document may be sold or re-distributed in any form including digital and/or printed form.

If your family and friends would like to have a copy of this pattern, please ask them to purchase their own at www.designerstitch.com

Why don't you visit www.designerstitch.com

for more ideas, tips, tricks and tutorials. We would love you to say HELLO !!!! #bridget....#bridgettop....#bridgetshortsleeves.....#designerstitch..... @designerstitch



PRE-WASH YOUR FABRICS

Wash your fabrics as you would wash any similar garment. Your fabric must be washed/laundered prior to cutting out your garment as this will circumvent any shrinkage that may occur in your fabric. If you are not sure how your fabric will react please wash a test square first. If there is no change to the test square fabric then it can be laundered successfully either by a gentle machine wash setting or by hand washing.

PATTERN SYMBOLS	AND ME	ANINGS.		SIZE KEY
Cut on fold of Fabric	ţ.	CUT ON FOLD	1	
Cut on Straight Grain of Fabri (parallel to the selvedge)	C	STRANGHT GRAIN	2	
Notch - match point to align to pattern pieces together.	two		3 4	
Lengthen or Shorten Line. (pattern is cut along these lines to	either shorten	or add extra length)	5	
Seam Allowances. (Seam allowances will vary th	_	The state of the s	7	
sewing step the required sear stated)	n allowance	es will be clearly	8	
Sides of the Fabric.			9	
			10	
RIGHT SIDE W	/RONG SIDE	INTERFACING 1	11	
				e relevant Size Key line for e as defined in this chart.

DEFINITIONS.

STAY STITCHING - a row of larger length machine stitches that prevents the garment edge from stretching while handling

UNDER STITCHING - a row of machine stitching to keep the seam allowance "under" the garment. Made by pressing seam allowance towards the facing and then stitching close to the edge (2-3mm)(1/8") of the seam on the facing side on the top-side of the garment. Ensure that the seam allowance is caught on the underside.

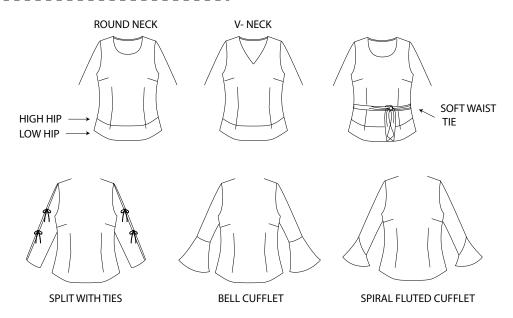
TOP STITCHING - A row of stitching very close to the edge of a seam or garment. It is also known as edge-stitching - and hence the name - sew on the top-side of the garment.

WRST - With right sides of fabric together.

C/F - Centre Front

C/B - Centre Back

pattern pieces



To make the Bridget Long Sleeve please use the relevant pattern pieces. (Tile Numbers)

- 1. Back Bodice cut 2 Main
- 2. Front Bodice cut 1 on fold Main
- 3. Back Neck Facing- cut 2 Main/Interfacing
- 4. Round Neck Front Facing cut 1 on fold Main/Interfacing
- 5. V Neck Front Facing cut 1 on fold Main/Interfacing
- 6. Waist Tie cut 2 Main.
- 14. Split Sleeve Front cut 2 Main
- 15. Split Sleeve Back cut 2 Main
- 16. Upper Sleeve Bell cut 2 Main
- 17. Bell Cufflet- cut 2 pairs Main
- 18. Upper Sleeve (Spiral Cufflet) cut 2 Main
- 19. Spiral Cufflet cut 2 Main
- 20. Sleeve Ties cut 4 pairs Main

1-2, 8-10, 15-17, 22-24

Separate Cup PDF files.

39 - 40

12, 18 - 19

38, 45

Separate Cup PDF files.

22-25, 29-32

29-32, 36-39

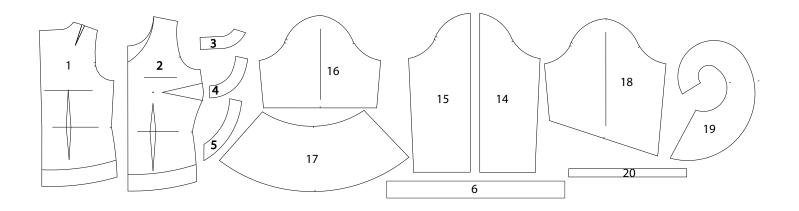
3-5, 10-12, 17-18

17-21, 24-28

26-28, 33-35, 40-42

5-7, 12-14, 19 -20

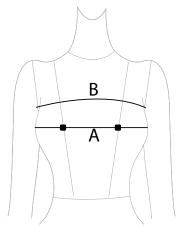
22-24



pattern pieces

Choosing your Cup Size
Unfortunately there is no exact science in determining your cup size. While I have provided patterns graded in cup sizes - B, C, D, and DD some fitting and tapering will be needed to fine tune the fit of your garment. TO ENSURE YOU ACHIEVE YOUR BEST FIT A TEST GARMENT IN SIMILAR WEIGHT FABRIC IS A MUST !!! Ensure you are wearing a well fitted bra!!!!

To check your cup size, take your full bust (A) and high bust(B) measurements and record them.



Next, determine your cup size by subtracting your high bust measure from your full bust measure.

If your bust is 2.5cms - 5 cms (1" to 2") larger than your high bust you are a B Cup.

If your bust is 5 cms - 7.5 cms (2" to 3") larger than your high bust you are a C Cup.

If your bust is 7.5 cms - 10 cms (3" to 4") larger than your high bust you are a D Cup.

If your bust is 10 cms - 12.5 cms (4" to 5") larger than your high bust you are a DD Cup.

Pattern Size Selection - your high bust measurement will determine what pattern size to use and the above calculation will determine what cup size front pattern pieces to use.

FINISHED GARMENT MEASUREMENTS (approx)

	· · · · · · · · · · · · · · · · · · ·										
PATTERN SIZE	1	2	3	4	5	6	7	8	9	10	11
BUST - B cup	88.5cms	93.5cms	98.5cms	103.5cm	108.5cm	113.5cm	118.5cm	123.5cm	128.5cm	133.5cm	138.5cm
	(34¾")	(36¾")	(38¾")	(40¾")	(42¾")	(44¾")	(46¾")	(48¾")	(50¾")	(52¾")	(54¾")
BUST - C cup	91 cms	96 cms	101cms	106 cm	111 cm	116 cm	121 cm	126 cm	131 cm	136 cm	141 cm
	(35¾")	(37¾")	(39¾")	(41¾")	(43¾")	(45¾")	(47¾")	(49¾")	(51¾")	(53¾")	(55¾")
BUST - D cup	93.5 cms	98.5 cms	103.5cm	108.5cm	113.5cm	118.5cm	123.5cm	128.5cm	133.5cm	138.5cm	143.5cm
	(36¾")	(38¾")	(40¾")	(42¾")	(44¾")	(46¾")	(48¾")	(50¾")	(52¾")	(54¾")	(56¾")
BUST - DD cup	96 cms	101 cms	106 cm	111 cm	116 cm	121 cm	126 cm	131 cm	136 cm	141 cm	146 cm
	(37¾")	(39¾")	(41¾")	(43¾")	(45¾")	(47¾")	(49¾")	(51¾")	(53¾")	(55¾")	(57¾")
WAIST	74 cms	79 cms	84 cms	89 cms	94 cms	99 cms	104 cms	109 cms	114 cm	119 cm	124 cm
	(29")	(31")	(33")	(35")	(37")	(39")	(41")	(43")	(45")	(47")	(49")
HIPS	92.5cm	97.5cm	102.5cm	107.5cm	112.5cm	117.5cm	122.5cm	127.5cm	132.5cm	137.5cm	142.5cm
	(36¼")	(38¼")	(40¼")	(42¼")	(44¼")	(46¼")	(48¼")	(50¼")	(52¼")	(54¼")	(56¼")



Using the following Fabric Requirements chart.

The fabric requirements chart has been divided up into individual requirements depending on the style/option that you choose and is only to be used as a guide. It is HIGHLY recommended that once you have your pattern pieces ready you use a piece of fabric from your stash and lay out your pattern using the layout guide. The fabric requirement chart is a guide only as it has been separated into individual bodice and sleeve options. If you lay your pattern pieces you **WILL** be able to calculate your meterage/yardage as less than indicated in the charts.

Fabric Requirements (Metres/Yards)

Additional fabric may be required for directional/one way print designs

Bodice Only

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	.90 m	.90 m	1.00 m	1.00 m	1.00 m	1.20 m	1.20 m	1.40 m	1.40 m	1.60 m
	1 yds	1 3⁄8 yds	1 3⁄8 yds	1 ½ yds	1 ½ yds	1¾ yds				
150cms / 60"	1.00 m	1.00 m	1.00 m	1.00 m	1.10 m	1.10 m	1.10 m	1.20 m	1.20 m	1.20 m
	1 yds	1 yds	1 yds	1 yds	1 ¼ yds	1 ¼ yds	1 ¼ yds	1 3⁄8 yds	1 3⁄8 yds	1 % yds

Split Long Sleeve

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	.80 m	.90 m								
	% yds	1 yds								
150cms / 60"	.80 m	.90 m								
	% yds	1 yds								

Bell Cufflet Long Sleeve

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	1.70 m	1.70 m	1.70 m	1.70 m	1.70 m	1.80 m	1.80 m	1.80 m	1.80 m	1.80 m
	1 % yds	1 % yds	1 % yds	1	1	2 yds	2 yds	2 yds	2 yds	2 yds
150cms / 60"	1.20 m	1.20 m	1.20 m	1.20 m	1.20 m	1.40 m	1.30m	1.30m	1.30m	1.30m
	1 3⁄8 yds	1 % yds	1 % yds	1 3⁄8 yds	1 3⁄8 yds	1 ½ yds	1 3⁄8yds	1 %yds	1 3⁄8yds	1 3⁄8yds

Spiral Cufflet Long Sleeve

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	1.30m	1.30m	1.30m	1.30m	1.30m	1.30m	1.30m	1.30m	1.30m	1.30m
	1 %yds	1 %yds	1 %yds	1 %yds	1 3⁄8yds	1 3⁄8yds	1 %yds	1 %yds	1 3⁄8yds	1 3⁄8yds
150cms / 60"	1.10 m	1.10 m	1.10 m	1.10 m	1.10 m	1.10 m				
	1 ¼ yds	1 ¼ yds	1 ¼ yds	1 ¼ yds	1 ¼ yds	1 ¼ yds				

---cutting layouts

BRIDGET BODICE ONLY

115 cms / 45 " wide fabric

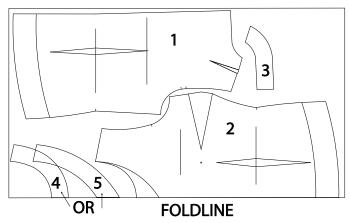
Cutting Layout for Sizes 1 to 5.

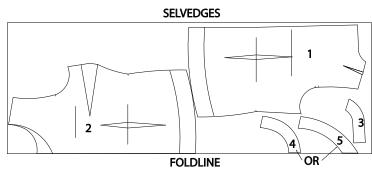
Fold the fabric in half so the selvedges meet. Depending on your bodice style choice cut either front facing pattern piece 4 or 5.

Cutting Layout for Sizes 6 to 11.

Fold the fabric in half so the selvedges meet. Depending on your bodice style choice cut either front facing pattern piece 4 or 5.

SELVEDGES





150 cms / 60 " wide fabric

Cutting Layout for Sizes 1 to 6.

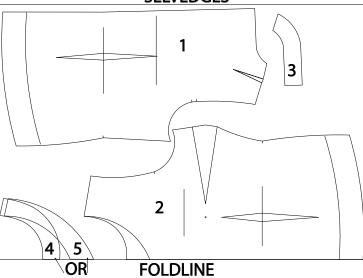
Fold the fabric in half so the selvedges meet. Depending on your bodice style choice cut either front facing pattern piece 4 or 5.

SELVEDGES 1 2 FOLDLINE OR

Cutting Layout for Sizes 7 to 11.

Fold the fabric in half so the selvedges meet. Depending on your bodice style choice cut either front facing pattern piece 4 or 5.

SELVEDGES



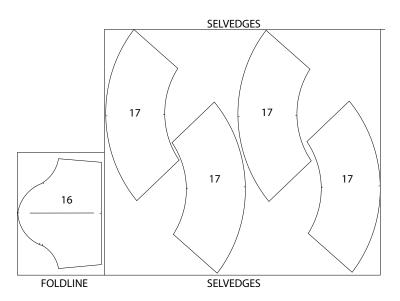


BELL CUFFLET SLEEVE

115 cms / 45 " wide fabric

Cutting Layout for Sizes 1 to 11.

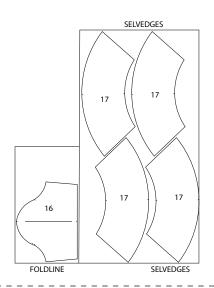
Fold the fabric in half so the selvedges meet. Cut upper sleeve. Open up fabric to single lay and cut cufflets. The Cufflet has been cut as 2 pairs and will be constructed as a bagged self facing.



150 cms / 60 " wide fabric

Cutting Layout for Sizes 1 to 11.

Fold the fabric in half so the selvedges meet. Cut upper sleeve. Open up fabric to single lay and cut cufflets. TThe Cufflet has been cut as 2 pairs and will be constructed as a bagged self facing.

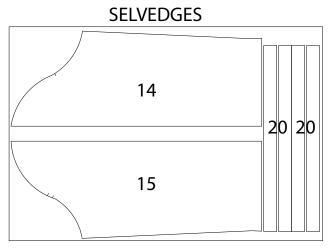




SPLIT LONG SLEEVE

115 cms / 45 " wide fabric - 150 cms / 60 " wide fabric Cutting Layout for Sizes 1 to 11.

Fold the fabric in half so the selvedges meet.



FOLDLINE

SPIRAL FLUTED CUFFLET

115 cms / 45 " wide fabric

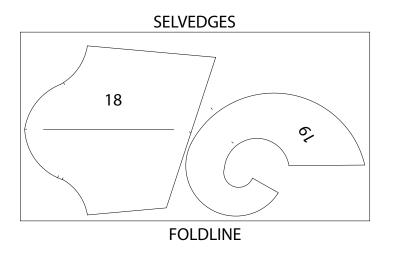
150 cms / 60 " wide fabric

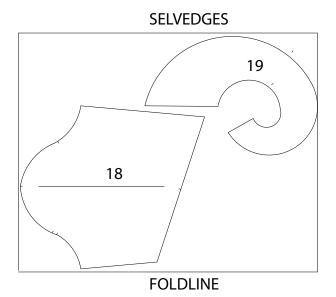
Cutting Layout for Sizes 1 to 11.

Cutting Layout for Sizes 1 to 11.

Fold the fabric in half so the selvedges meet.

Fold the fabric in half so the selvedges meet.





BRIDGET TOP - BODY

Note: Please ensure all notches and pattern information is marked to the wrong side of your fabric.

If facings have not been blocked fused then iron your interfacing on now.

Step 1 - Stay Stitch Necklines

(Seam Allow just under 6mm (1/4"))

Stay stitch your necklines to ensure your edges don't stretch. Sew in the direction as indicated by the diagram.



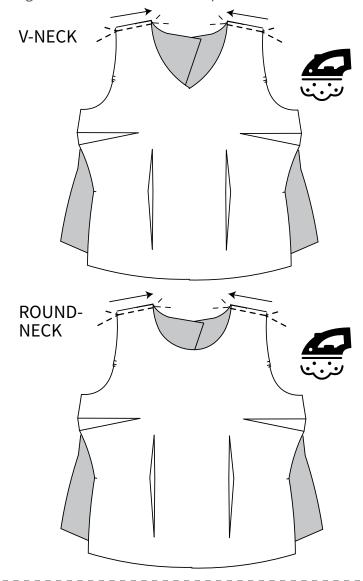
Step 2 - Darts

Pin and stitch all darts - Back Waist, Back Shoulder, Front Side Bust, Front Waist Darts. If sewing the high hip length the waist darts are stitched through the hem. Press.

Step 3 - Shoulder Seams

(Seam Allow 1.5cms (5/8"))

Pin and stitch shoulder seams of back and front bodies. Sew in direction as indicated. Finish seam edges. Press shoulder seams open.



Step 4 - Shoulder seams of facings

(Seam Allow 1.5cms (5%"))

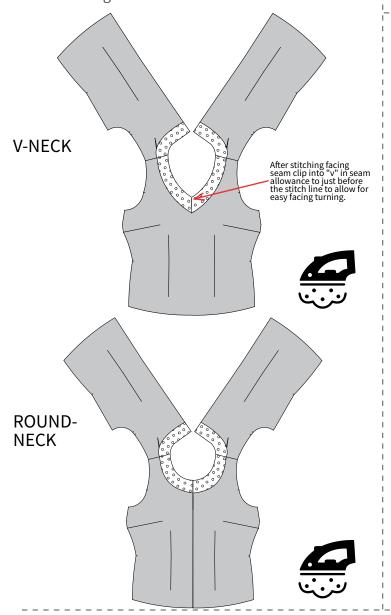
Pin and stitch shoulder seams of back and front facings. Press shoulder seams open. Finish outer edges of facings.



Step 5 - Facings to garment neck edge

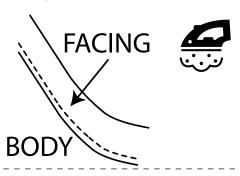
(Seam Allow 6mm (1/4"))

Pin and stitch facing unit to garment neck edge matching shoulder points and C/F . Press seam towards facing.



Step 6 - Facings to garment neck edge cont

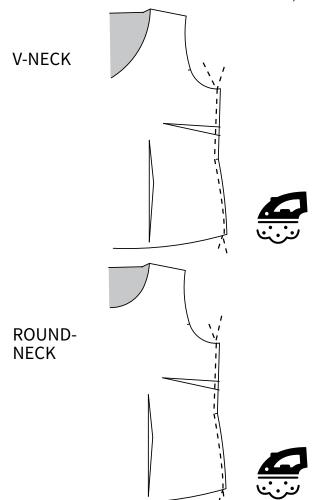
Understitch seam against the facing. Pin neck edge and top-stitch if desired.



Step 7 - Side Seams

(Seam Allow 1.5 cms (%"))

Pin and stitch side seams. Finish seams and press.



Step 8 - Centre Back Zipper

(Seam Allow 1.5 cms (%"))

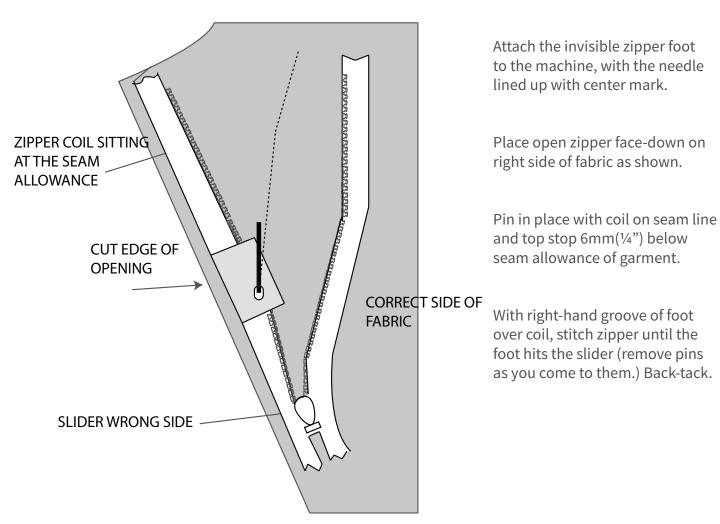
Invisible Zipper - Insert zipper into the open seam.

HOW TO INSERT AN INVISIBLE ZIPPER.

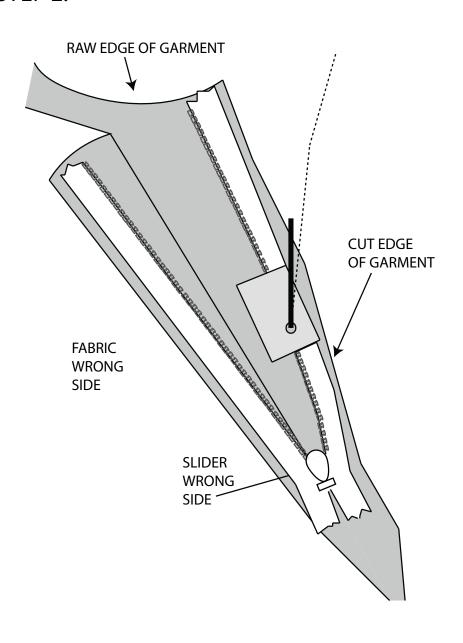
An invisible zipper is inserted in an entirely open seam; the rest of the seam is stitched after the application is completed.

- Use the foot designed for the zipper brand you are using because coil sizes of zippers vary.
- Stitch from top to bottom of zipper.
- A small strip of iron on interfacing can be applied to the seam area of zipper insertion.

STEP 1.



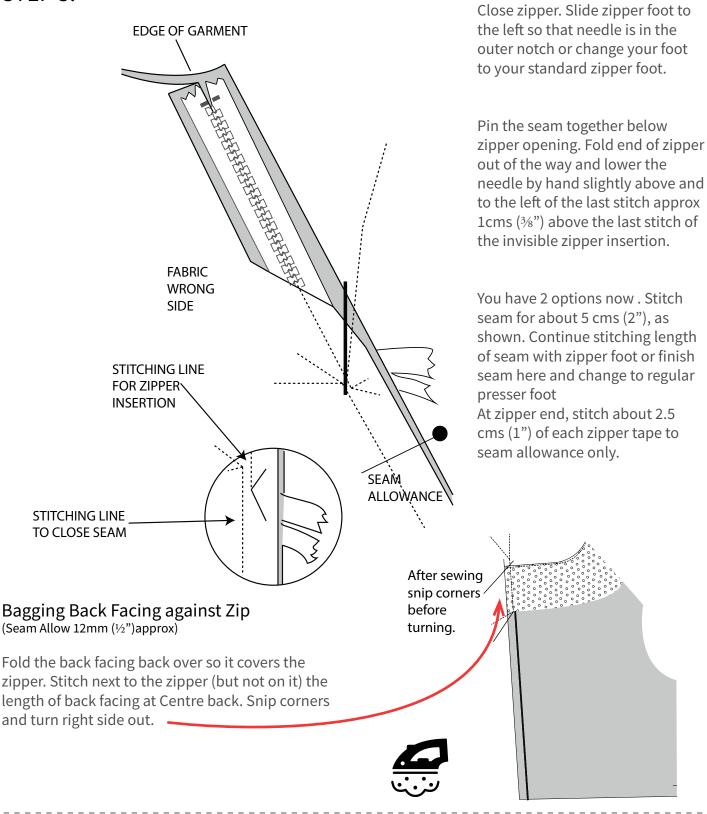
STEP 2.



To attach the other half of the zipper, pin tape face-down with coil on seam line and top stop 6mm(1/4") below seam allowance of garment, as before.

Make sure that the zipper is not twisted at the bottom. Use the left-hand groove of foot, making sure that the center marking is still lined up with the needle and stitch, as before.

STEP 3.



BRIDGET TOP - LONG SLEEVES

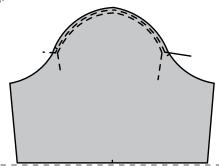
The following sewing methods are for each of the individual sleeve styles. Please choose the steps that are relevant to your choice of sleeve style you have chosen. The Bell Cuff has been cut double layer and bagged against itself. If you don't wish to double you could also complete a 6mm(1/4") double turn hem on the flared edge or a rolled edge on your overlocker(serger).

BELL CUFFLET SLEEVES

Step 9.

(Seam Allow 1.0 cm (%"))

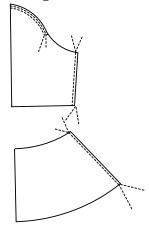
Using a large machine stitch, sew 2 rows of stitch lines between the front and back notches on the sleeve head, leaving tails of thread to allow for ease of pulling.



Step 10. (Seam Allow 1.5 cm (5%"))

WRST pin sleeve seams together and stitch. Finish edges and press open.

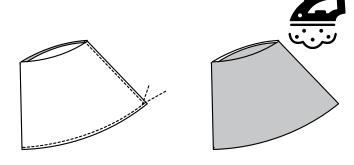
WRST pin bell cufflet seams together and stitch. Finish edges and press open. Complete cufflet seam again for self facing unit.



Step 11.

(Seam Allow 1.0 cm (3/8"))

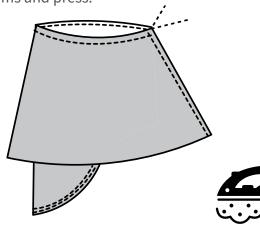
WRST pin the outer edge of the Bell cufflet to its self facing. Stitch. Turn right sides out and making sure you roll the seam edge exactly to the edge pin to hold in place. Press in place. (understitching can be done here but it will be seen on the inside of cuff.)



Step 12.

(Seam Allow 1.0 cm (%"))

WRST pin the cufflet unit to the sleeve edge. Stitch. Finish seams and press.



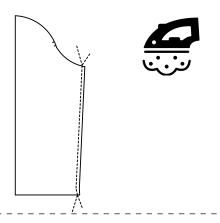


SPLIT LONG SLEEVES

Step 13.

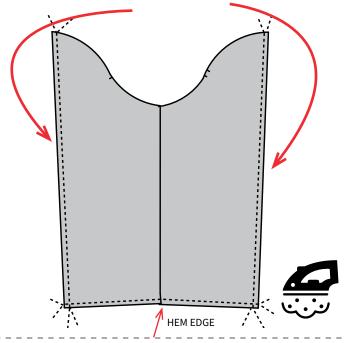
(Seam Allow 1.5 cm (%"))

WRST pin sleeve seams together and stitch. Finish edges and press open.



Step 14. (Outer Edge Seam Allow 1.2 cm (½"))

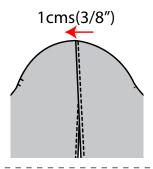
The outer edges of the sleeves have to be turned and hem finished. Measure and press under 6mm and baste in place. Then turn again, press and topstitch in place. Both sleeve edges and the sleeve hem (hem= 1.5cms(5/8"))- must be completed.



Step 15.

(Overlap 1cms (%"))

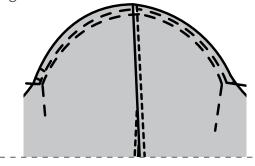
Overlap the front sleeve over the back sleeve head and baste in place.



Step 16.

(Seam Allow 1.0 cm (%"))

Using a large machine stitch, sew 2 rows of stitch lines between the front and back notches on the sleeve head, leaving tails of thread to allow for ease of pulling.



Step 17. (Seam Allow 6 mm ($\frac{1}{4}$ "))

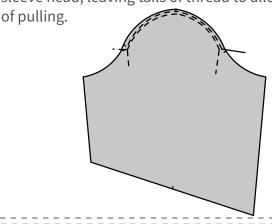
WRST fold sleeve ties in half length ways and stitch one end and long edge. Trim seam back to just under 6mm and turn out. Press. It is best to position and then stitch these ties when garment is finished and you try it on. Position ties as desired.

SPIRAL CUFFLET LONG SLEEVES

Step 18.

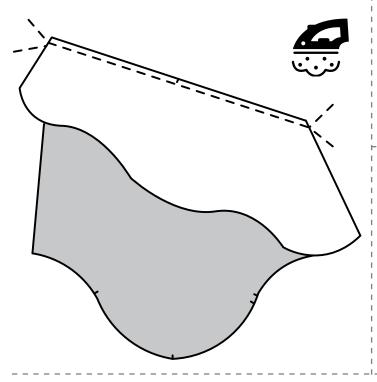
(Seam Allow 1.0 cm (3%"))

Using a large machine stitch, sew 2 rows of stitch lines between the front and back notches on the sleeve head, leaving tails of thread to allow for ease



Step 19. (Seam Allow 1cms (3/8"))

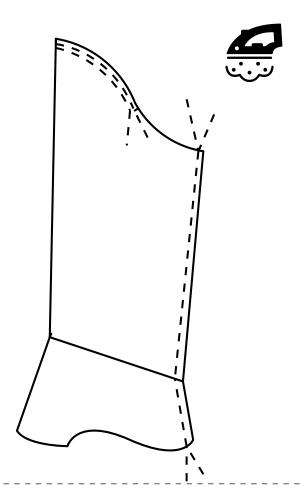
WRST pin the spiral cufflet to lower edge of sleeve. Pin in place. Stitch. Finish Seams. Press.



Step 20.

. (Seam Allow 1.5 cm (%"))

WRST pin sleeve seams together and stitch. Finish edges and press open.



Step 21. (Seam Allow 1.2 cm (½"))



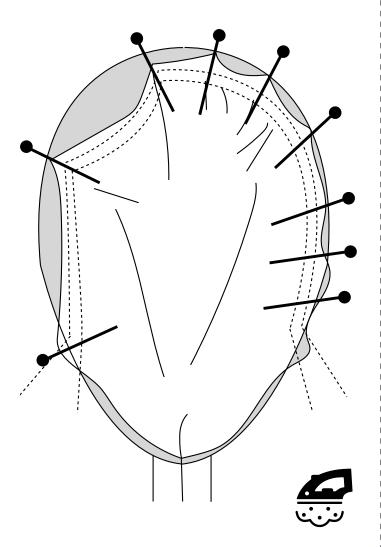
The lower edge of the cufflet has to be turned and hem finished. Measure and press under $6mm(\frac{1}{4}")$ and baste in place. Then turn again, press and topstitch in place.

Step 22 - Inserting Sleeve - all styles

(Seam Allow 1 cm (3/8"))

Pull on the sewn gathering threads to ease the sleeve head into the armhole opening ensuring that the sleeve head/ front/back notches match the shoulder seam/armhole notches. Tease the gathers to make sure you don't end up with either a "flat" spot or a "nest" of gathers.

Sew the sleeve into the armhole starting at the underarm seam. Finish seam edges together and press seam towards sleeve.



Step 23 - Optional waist tie

(Seam Allow 1 cm (3/8"))

WRST fold the waist tie in half lengthwise and stitch each end and along the long edge leaving an un-stitched gap of approx 5cms (2"). Turn right sides out. Press edges and hand stitch opening closed.

5 CMS (2")

Step 24 - Hemming.

Turn up hems and finish either by hand or by top-stitching.

Sleeve Hem - Spiral Fluted Cufflet Sleeve = 1.2 cms (½")

Body Hem= 1.5 cms (%")

Hand stitch facing edges to shoulder seam point to keep flat and in place.

Press and enjoy wearing your new Bridget Top!!!!

Well Done!!!!

#bridgettop....#bridgetsleeves.... #thebridgettop.....#designerstitch..... @designerstitch