

DS #0617 - KRISTEN DRESS

multi-sized pattern : (AU/UK) 6/8/10/12/14/16/18/20/22/24/26
(US) 2/4/6/8/10/12/14/16/18/20/22
(EU) 34/36/38/40/42/44/46/48/50/52/54

CUP SIZES - B, C, D, DD (E)

The Kristen dress is a soft draping and fashionable dress that is flattering on all figure types. The Kristen offers a choice of sleeveless ruffle, neckline ruffle and centre front ruffle trim. Add the lovely flared sleeve and the soft tie belt and this dress can easily take you from daytime wearing right through to a glamour evening event.

SKILL LEVEL - ● ● ● ○ ○

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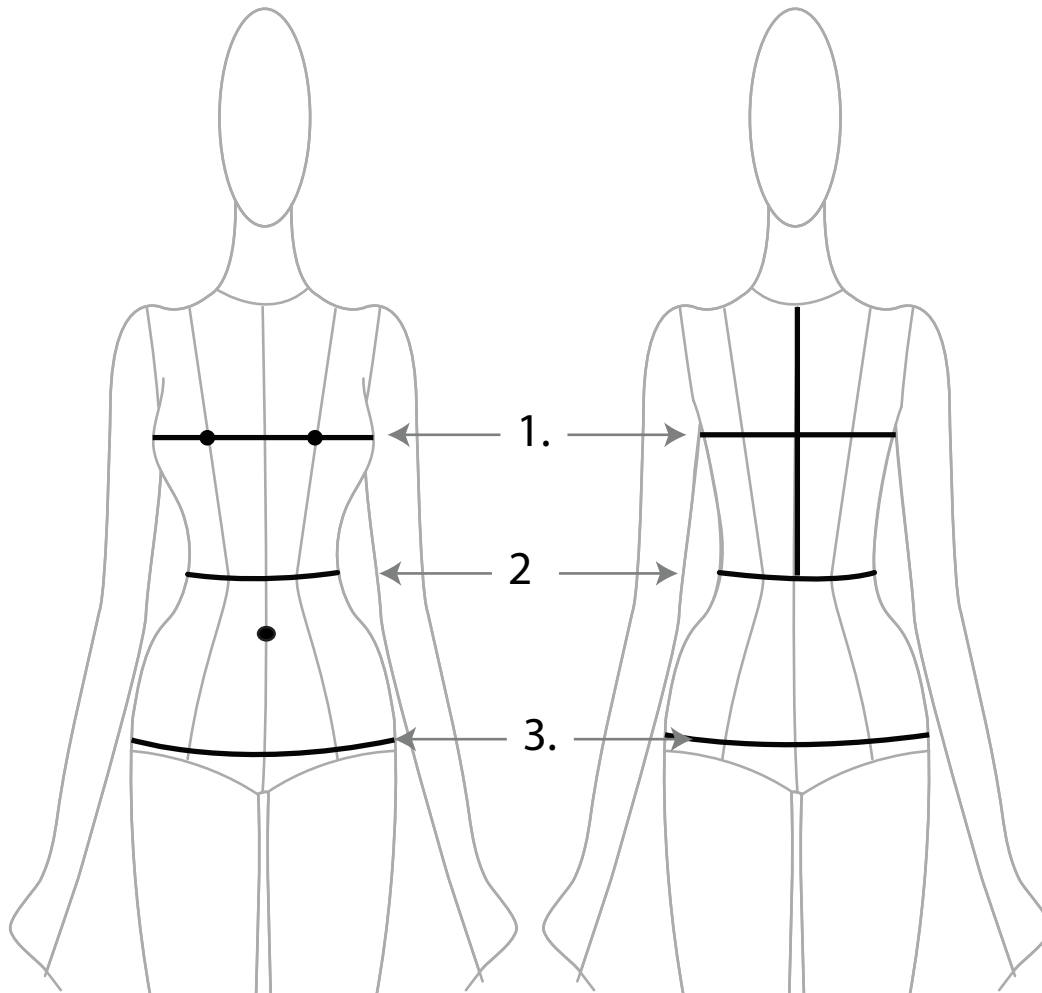
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SIZING CHART- Designer Stitch patterns are designed to be “true-to-size”. There is not a lot of extra ease loaded into the styles so please choose the size that is closest to your own body measurements. The patterns can be altered to fit your size and shape. We would recommend that you make a test fitting sample before cutting into your main fabric - similar weight fabric to your intended final garment is a must for test fitting. Your test sample can be constructed from the main pattern pieces so you can fine tune for any fit variances.



Sizing your garment will be based on 3 main measurements.

1. Bust Circumference: Horizontal measurement at fullest part of the bust making sure the tape measure is horizontal around the body.
2. Waist Circumference: Horizontal measurement at natural waist (your belly button is not your waist).
3. Hip Circumference: Horizontal measurement at fullest part of your hip line. Try different positions - abdomen, buttocks and high thighs and use the biggest measure.

The chart on page 4 offers many additional measurements to fine tune your fit. For details on how and where to measure your body please see the help chart at <http://designerstitch.com/sizing/>

info

PATTERN SIZE	1	2	3	4	5	6	7	8	9	10	11
equivalent to :											
US	2	4	6	8	10	12	14	16	18	20	22
AUSTRALIAN/ UK	6	8	10	12	14	16	18	20	22	24	26
EU	34	36	38	40	42	44	46	48	50	52	54
Bust	80cms (32")	85cms (34")	90cms (36")	95cms (38")	100cms (40")	105cms (42")	110cms (44")	115cms (46")	120cms (48")	125cms (50")	130cms (52")
Natural Waist	60cms (23½")	65cms (25½")	70cms (27½")	75cms (29½")	80cms (31½")	85cms (33½")	90cms (35½")	95cms (37½")	100cm (39½")	105cm (41½")	110cm (43½")
Full Hip (20cms below waist)	86cms (34")	91cms (36")	96cms (38")	101cms (40")	106cms (42")	111cms (44")	116cms (46")	121cms (48")	126cms (50")	131cms (52")	136cms (54")
Centre Back (nape to waist)	40.4 cms (16")	41 cms (16½")	41.6cms (16¾")	42.2 cms (16½")	42.8cms (16¾")	43.4cms (17")	44 cms (17¼")	44.6 cms (17½")	45.2 cms (17¾")	45.8cms (18")	46.4cms (18¼")
Centre Front (side neck to waist)	43.8 cms (17½")	44.4 cms (17¾")	45 cms (17¾")	45.6 cms (17¾")	46.2cms (18½")	46.8 cms (18¾")	47.4 cms (18¾")	48cms (18¾")	48.6 cms (19½")	49.2cms (19¾")	49.8 cms (19¾")
Bust Depth	27.8 cms (10¾")	28.4 cms (11½")	29 cms (11¾")	29.6 cms (11¾")	30.2cms (11¾")	30.8 cms (12½")	31.4 cms (12¾")	32 cms (12¾")	32.6 cms (12¾")	33.2 cms (13¾")	33.8 cms (13¾")
Bust Separation	19.8 cms (7¾")	20.4 cms (8")	21 cms (8¼")	21.6 cms (8½")	22.2cms (8¾")	22.8 cms (9")	23.4 cms (9¼")	24 cms (9½")	24.6 cms (9¾")	25.2 cms (10")	25.8 cms (10¼")
Shoulder Length	11.4 cms (4½")	11.7 cms (4¾")	12 cms (4¾")	12.3 cms (4¾")	12.6cms (5")	12.9 cms (5½")	13.2 cms (5¼")	13.5 cms (5¾")	13.8 cms (5½")	14.1cms (5¾")	14.4cms (5¾")
Neck Circum	35.6 cms (14")	36.8 cms (14½")	38 cms (15")	39.2 cms (15½")	40.4cms (16")	41.6 cms (16½")	42.8 cms (17")	44 cms (17½")	45.2 cms (18")	46.4 cms (18½")	47.6 cms (19")
Sleeve Length	57.8 cms (22¾")	58.4 cms (22¾")	59 cms (23¾")	59.6 cms (23¾")	60.2cms (23¾")	60.8 cms (23¾")	61.4 cms (24¾")	62 cms (24¾")	62.6 cms (24¾")	63.2 cms (24¾")	63.8 cms (25¾")
Bicep	25.6cms (10")	26.8cms (10½")	28cms (11")	29.2cms (11½")	30.4cms (12")	31.6cms (12½")	32.8cms (13")	34cms (13½")	35.2cms (14")	36.4cms (14½")	37.6cms (15")
Crotch Depth (from natural waist)	26.8 cms (10½")	27.4 cms (10¾")	28 cms (11")	28.6 cms (11¼")	29.2cms (11½")	29.8 cms (11¾")	30.4 cms (12")	31 cms (12¼")	31.6 cms (12½")	32.2 cms (12¾")	32.8 cms (13")
Inside Leg (full length only)	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")	82cms (32½")

The above measurements are based on fit models of 168 cms (5'6") with a cup size of B and C.

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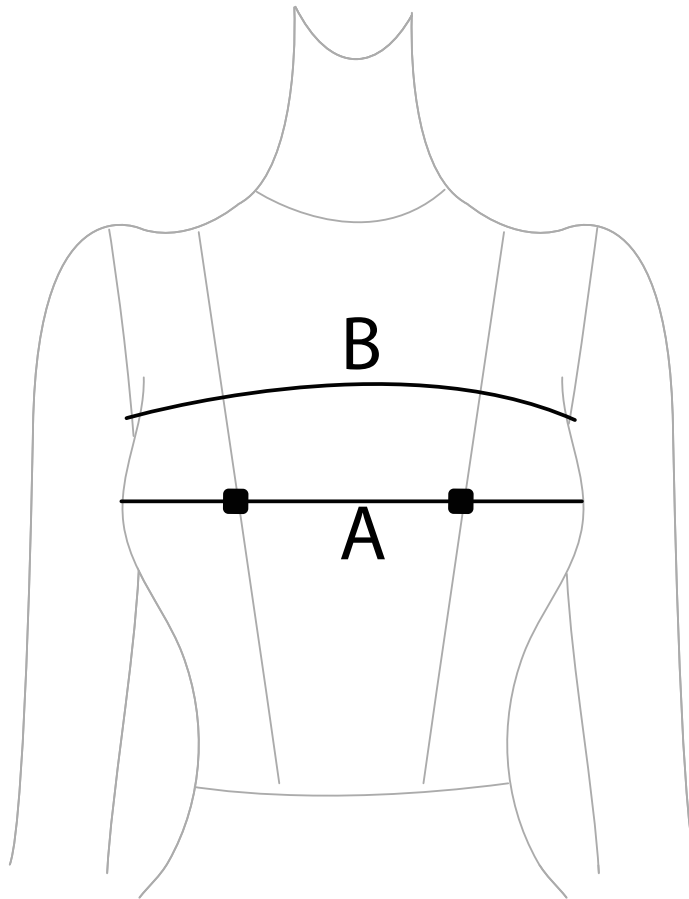
Choosing your Cup Size

Unfortunately there is no exact science in determining your cup size. While I have provided patterns graded in cup sizes - B, C, D, and DD some fitting and tapering will be needed to fine tune the fit of your garment.

TO ENSURE YOU ACHIEVE YOUR BEST FIT A TEST GARMENT IN SIMILAR WEIGHT FABRIC IS A MUST !!!

Ensure you are wearing a well fitted bra !!!!

To check your cup size, take your bust (A) and high bust(B) measurements and record them.



Next, determine your cup size by subtracting your high bust measure from your bust measure.

If your bust is 2.5cms - 5 cms (1" to 2") larger than your high bust you are a B Cup.

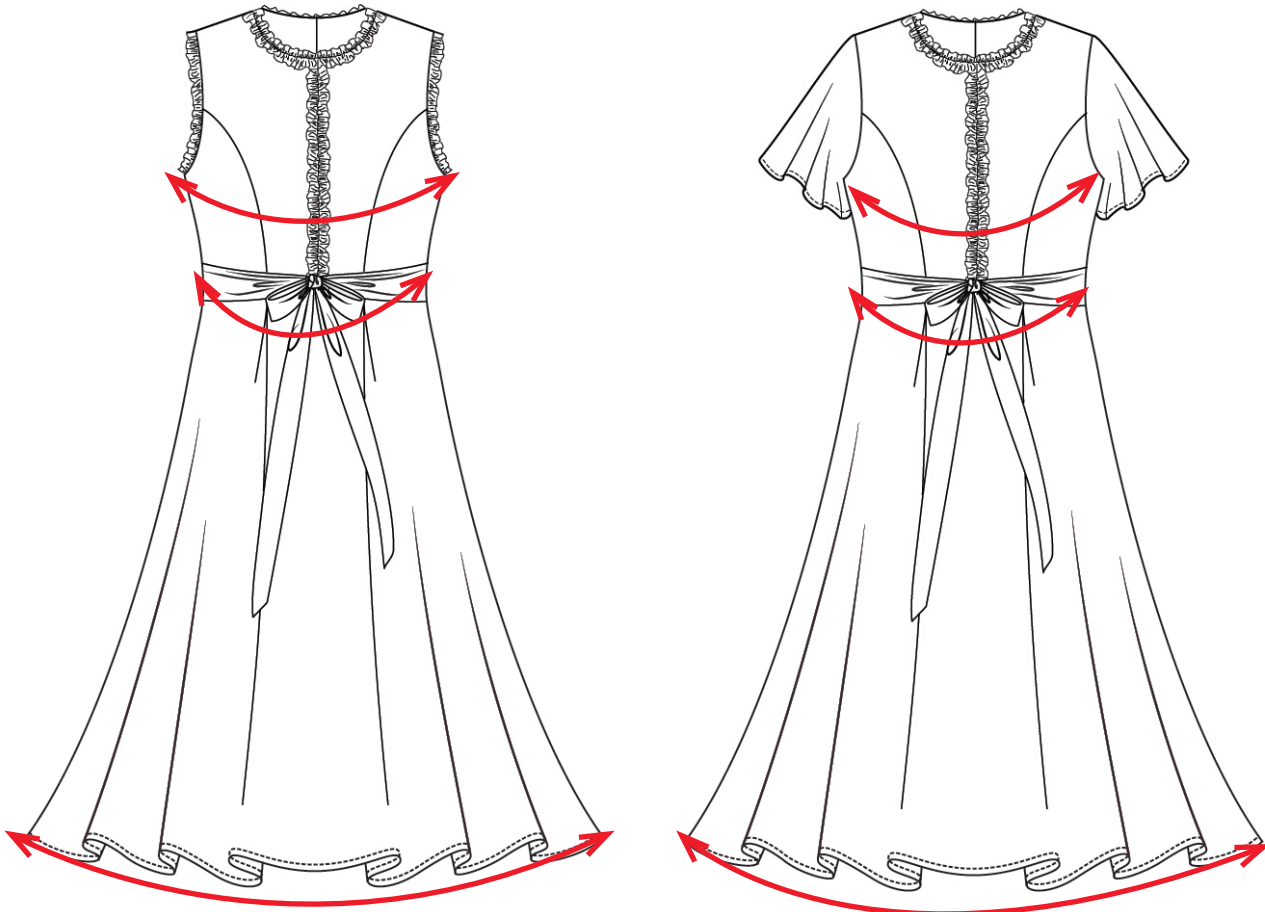
If your bust is 5 cms - 7.5 cms (2" to 3") larger than your high bust you are a C Cup.

If your bust is 7.5 cms - 10 cms (3" to 4") larger than your high bust you are a D Cup.

If your bust is 10 cms - 12.5 cms (4" to 5") larger than your high bust you are a DD Cup.

Pattern Size Selection - your high bust measurement will determine what pattern size to use and the above calculation will determine what cup size front pattern pieces to use. Use the size chart on page 4 to select your pattern size (based on high bust measurement) along with your cup size.

info



FINISHED GARMENT MEASUREMENTS (approx)

PATTERN SIZE	1	2	3	4	5	6	7	8	9	10	11
BUST - B cup	87cms (34¼")	92cms (36¼")	97cms (38¼")	102cms (40¼")	107cms (42¼")	112cms (44¼")	117cms (46¼")	122cms (48¼")	127cms (50¼")	132cms (52¼")	137cms (54¼")
BUST - C cup	89.5 cms (35¼")	94.5cms (37¼")	99.5 cms (39¼")	104.5cm (41¼")	109.5cm (43¼")	114.5cm (45¼")	119.5cm (47¼")	124.5cm (49¼")	129.5cm (51¼")	134.5cm (53¼")	139.5cm (55¼")
BUST - D cup	92 cms (36¼")	97 cms (38¼")	102 cms (40¼")	107cms (42¼")	112cms (44¼")	117cms (46¼")	122cms (48¼")	127cms (50¼")	132cms (52¼")	137cms (54¼")	142cms (56¼")
BUST - DD cup	94.5 cms (37¼")	99.5 cms (39¼")	104.5cm (41¼")	109.5cm (43¼")	114.5cm (45¼")	119.5cm (47¼")	124.5cm (49¼")	129.5cm (51¼")	134.5cm (53¼")	139.5cm (55¼")	144.5cm (57¼")
WAIST	61cms (24)	66 cms (26")	71 cms (28")	76 cms (30")	81 cms (32")	86 cms (34")	91 cms (36")	96 cms (38")	101 cm (40")	106 cm (42")	111 cm (44")
HEM	310 cms (120")	315 cms (124")	320 cms (126")	325 cms (128")	330 cms (130")	335 cms (132")	340 cms (134")	345 cms (136")	350 cms (138")	355 cms (140")	360 cms (142")

Finished Length from Natural waist - 60 cms or 24 "

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PRINTING -

This pattern includes layers that allow you to choose the sizes that you wish to print on both the Print-at-Home and A0 Copy Shop PDF. Please refer to the size chart given at the beginning of these instructions as my garments are “true-to-size”.

In Adobe Reader, click on the layers icon which is on the left hand side of the black navigation bar.

Click on the eyeball to turn the size layers on or off.

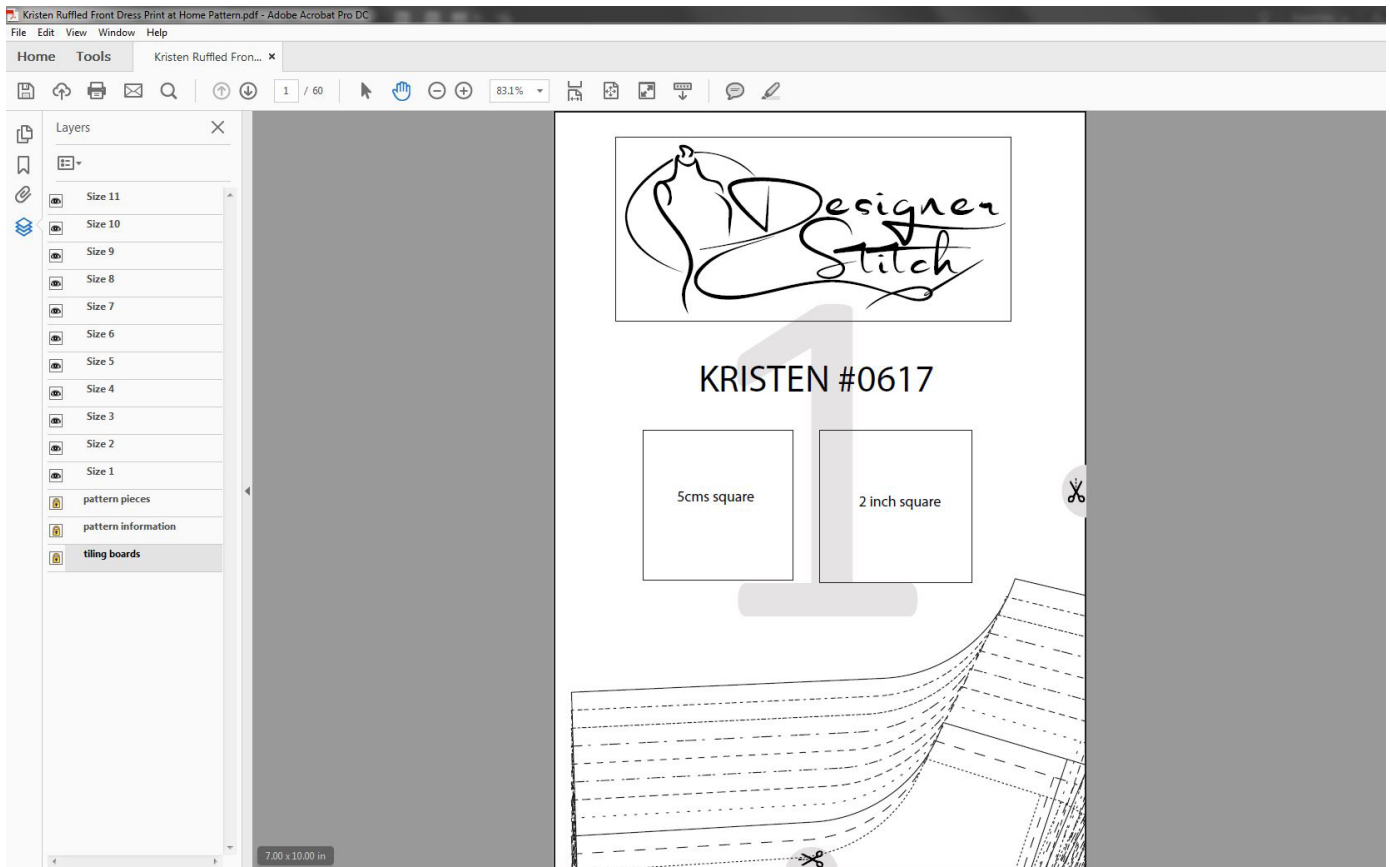
If you are grading multiple sizes (please refer to the size chart), make sure to have displayed (turned on) all the sizes you need. Or you can just print your single size if you are standard to the sizing chart. If you are printing at a copy shop, be sure to specify which size/layers you want them to print.

Make sure before printing that your scaling is turned “off” in the printer’s dialogue box and that it is set to scale at 100%. (Or page scaling should be set to none. Each printer has a different dialogue box so double check!). Ensure that page “orientation” is also set to “Auto/Portrait Landscape”.

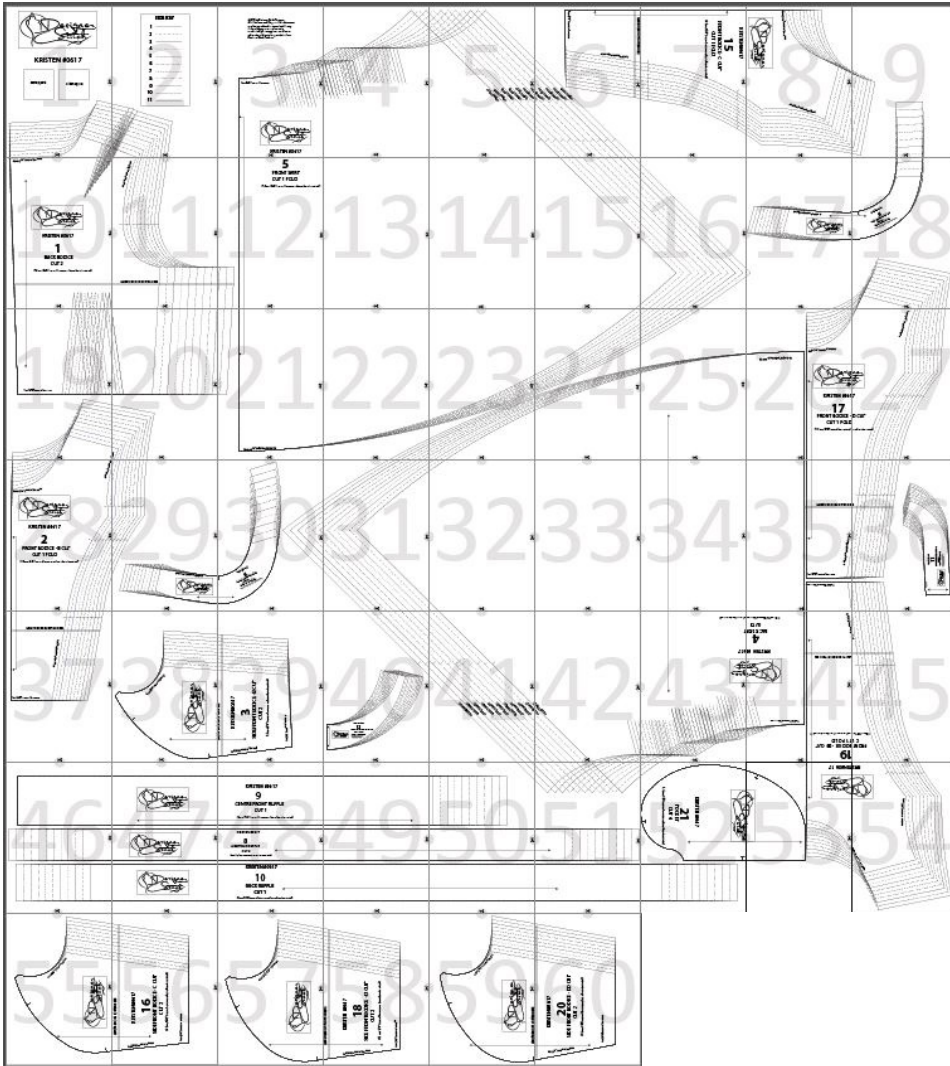
Print out the pattern page that contains the calibration square - page 1.

Measure the square (5cms or 2”) to make sure that your pattern piece was printed to the correct size.

Pages 6 to 8 detail how many tiles for the Kristen and taping order.



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TAPING THE KRISTEN PATTERN TOGETHER.

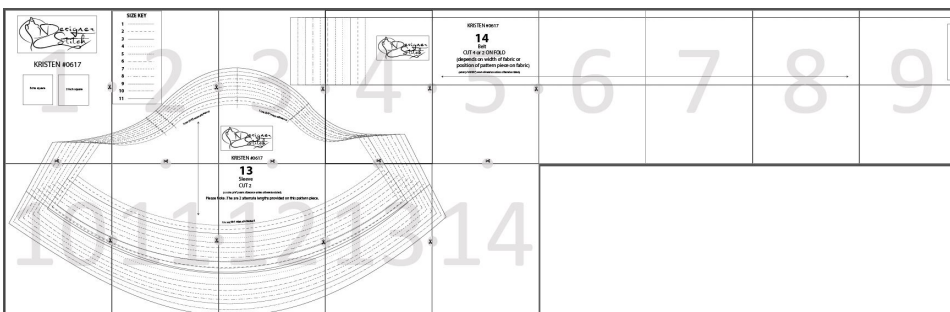
Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.



Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and work in numerical order. This is your template after taping together.

The template consists of 60 pattern tiles. Tiles run 1-9 across the top of the template and the subsequent tiles run as shown in the diagram.

Please ensure that you match up the circle symbol when taping the edges.



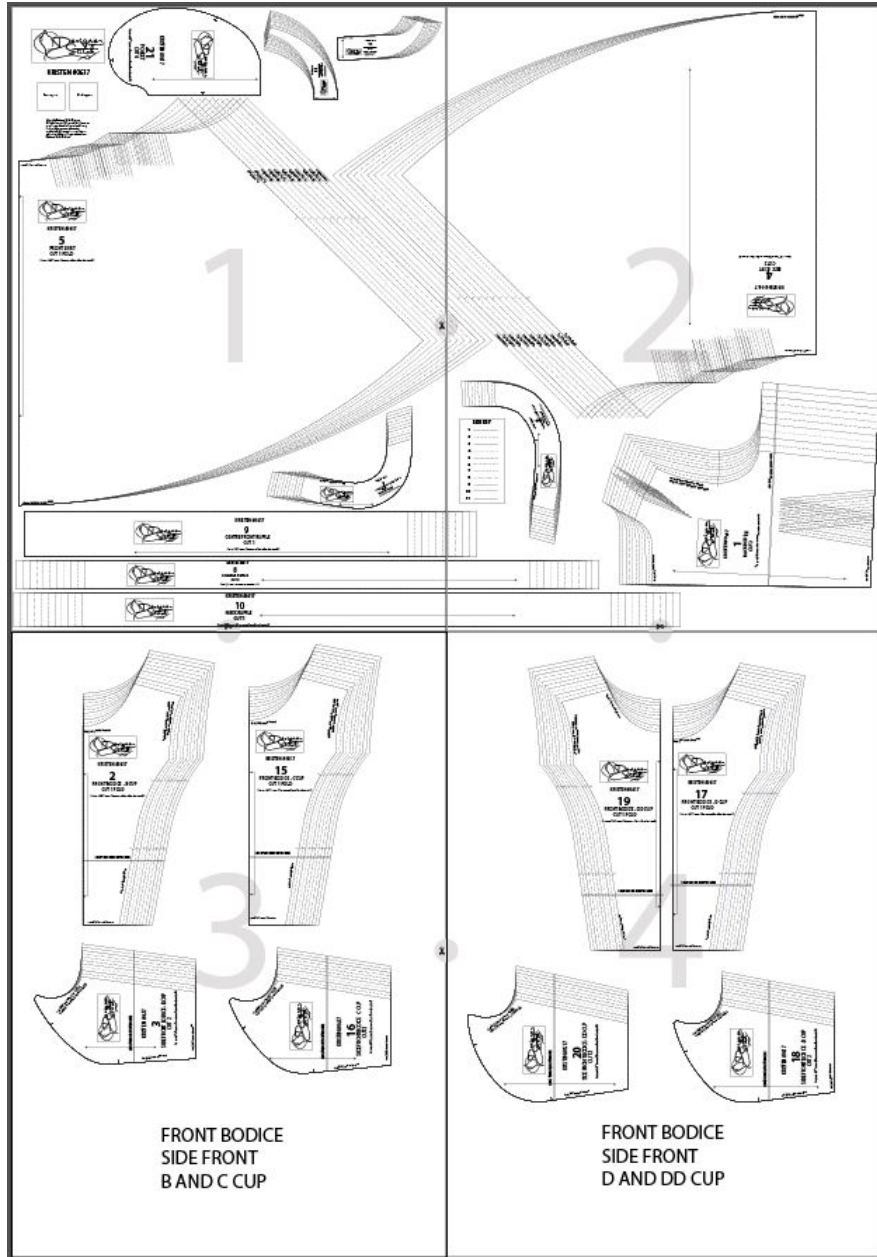
TAPING THE OPTIONAL SLEEVE PATTERN TOGETHER.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.



Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and work in numerical order. This is your template after taping together. The template consists of 14 pattern tiles.

info



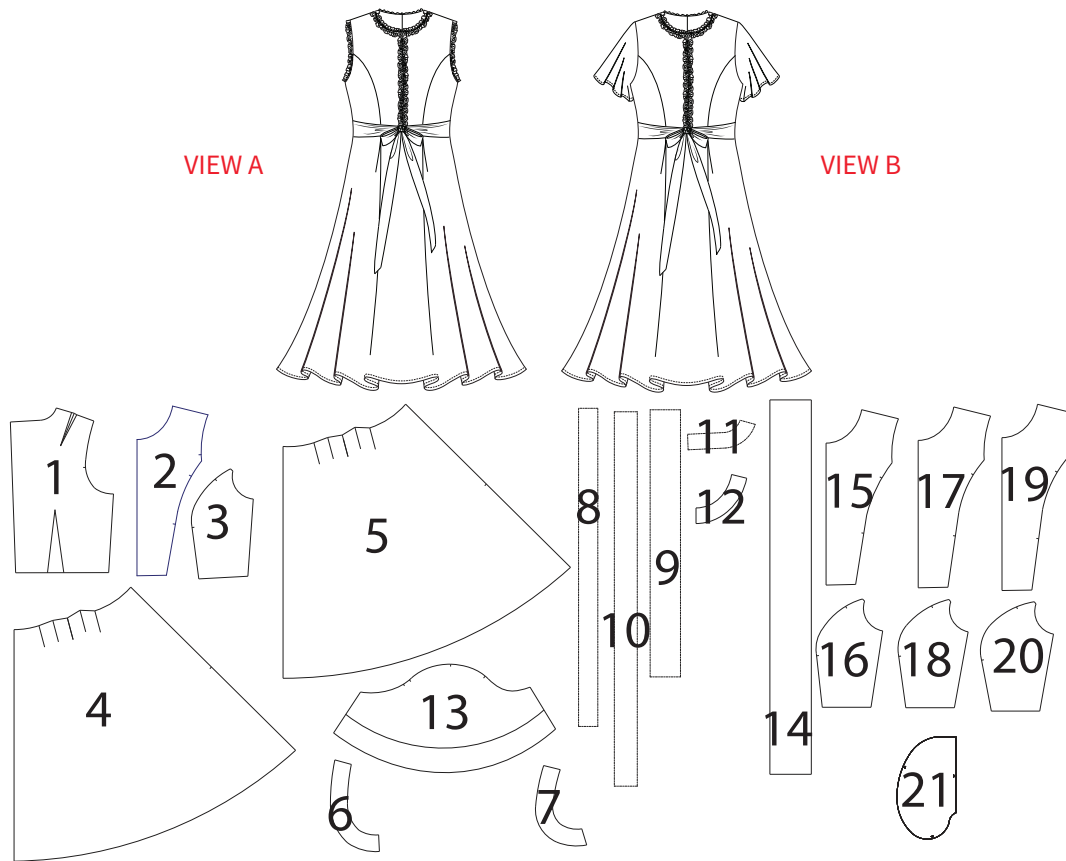
TAPING THE KRISTEN A0 file together.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.



Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and work in numerical order. This is your template after taping together. The template consists of 4 A0 pages. Tiles run 1-2 across the top of the template.

pattern pieces



To make the Kristen please use the relevant pattern pieces.

1. Back Bodice - Cut 2 - Main
2. Front Bodice - B Cup - Cut 1 on Fold
3. Side Front Bodice - B Cup- Cut 2 Main
4. Back Skirt - Cut 2 - Main
5. Front Skirt - Cut 1 on Fold
6. Back Armhole Facing - (View A) Cut 2 Main/Interfacing
7. Front Armhole Facing - (View A) Cut 2 Main/Interfacing
8. Armhole Ruffle - (View A) Cut 2 Main
9. Centre Front Ruffle - Cut 2 Main
10. Neck Ruffle - Cut 1 Main
11. Back Facing - Cut 2 Main/Interfacing
12. Front Neck Facing - Cut 1 Fold - Main/Interfacing
13. Sleeve - (View B) Cut 2 Main
14. Belt - cut 4 (or 2 on Fold) Main
15. Front Bodice - C Cup - Cut 1 on Fold
16. Side Front Bodice - C Cup- Cut 2 Main
17. Front Bodice - D Cup - Cut 1 on Fold
18. Side Front Bodice - D Cup- Cut 2 Main
19. Front Bodice - DD Cup - Cut 1 on Fold
20. Side Front Bodice - DD Cup- Cut 2 Main
21. Pocket - Cut 4 - Main (optional)

Pattern Tile Guide

- 1-2, 10-12, 19-21
 19-20, 28-29, 37
 38-39
 23-26, 30-35, 40-44, 51-52
 3-6, 12-16, 21-25
 8-9, 17-18
 29-31, 39-40
 46-52
 46-50
 46-52
 36
 40
 Alternate Print at Home Pattern
 Alternate Print at Home Pattern
 6-9
 55-56
 17-18, 26-27, 35-36
 57-58
 35-36, 44-45, 53-54
 59-60
 52 - 53

info

SHOPPING LIST

- Fabric and matching colour thread.
- 55 cms (22") invisible zipper.
- 50 cms (½ yd) light weight iron-on interfacing.

FABRIC

Please use the following only as a suggestion. Depending on your skill level you should choose the appropriate weight fabric. Cottons and cotton types are much easier to use than silk types as these fabrics can be a bit slippery to handle.

Light to medium weight and flowy fabrics.

- Silk and silk types.
- Lightweight cottons.
- Crepe and Crepe Types.
- Satin and Satin types.
- Chambray and Chambray types.

SEAM ALLOWANCES are included. All main seams have 1.5 cms (5/8") unless otherwise stated. Designer Stitch Patterns use industrial construction methods to give you a professional finish so there will be steps where the seam allowance may vary .
THIS WILL BE CLEARLY INDICATED AT EACH STEP METHOD.

STORING YOUR PATTERN - As this pattern is a multi-sized one it is best to trace off your size with tissue or similar paper and leave the taped template intact. That way if you happen to have a missing pattern piece or you need to make body size adjustments in the future you will still have the master at hand. For storage of the master you could hang it up with bull-dog clips on a coat hanger in a spare wardrobe or fold it flat and store in a large zip-lock bag.

TERMS OF USE - This pattern can be used to make garments for personal use only. No part of this document may be sold or re-distributed in any form including digital and/or printed form.

If your family and friends would like to have a copy of this pattern, please ask them to purchase their own at www.designerstitch.com

Why don't you visit www.designerstitch.com
for more ideas, tips, tricks and tutorials. We would love you to say HELLO !!!!
#kristen....#kristendress....#kristenruffleddress....#kristenruffleflaredress....
#designerstitch..... @designerstitch

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PRE-WASH YOUR FABRICS

Wash your fabrics as you would wash any similar garment. Your fabric must be washed/laundered prior to cutting out your garment as this will circumvent any shrinkage that may occur in your fabric. If you are not sure how your fabric will react please wash a test square first. If there is no change to the test square fabric then it can be laundered successfully either by a gentle machine wash setting or by hand washing.

PATTERN SYMBOLS AND MEANINGS.

Cut on fold of Fabric



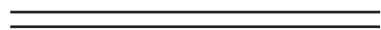
Cut on Straight Grain of Fabric
(parallel to the selvedge)



Notch - match point to align two
pattern pieces together.



Lengthen or Shorten Line.

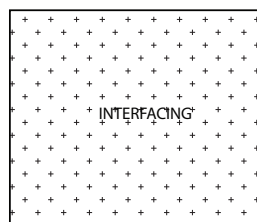
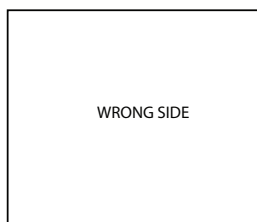
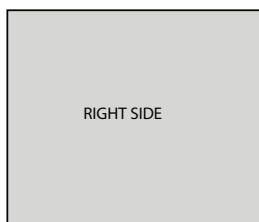


(pattern is cut along these lines to either shorten or add extra length)

Seam Allowances.

Seam allowances will vary throughout the pattern. At each sewing step the required seam allowances will be clearly stated.

Sides of the Fabric.



SIZE KEY

1
.....

2 - - - - -
- - - - -

3 _____

4
.....

5 - - - - -
- - - - -

6 - - - - -
- - - - -

7 - - - - -
- - - - -

8 - - - - -
- - - - -

9
.....

10
.....

11 _____

Follow the relevant Size Key line for your size as defined in this chart.

DEFINITIONS.

STAY STITCHING - a row of larger length machine stitches that prevents the garment edge from stretching while handling.

UNDER STITCHING - a row of machine stitching to keep the seam allowance “under” the garment. Made by pressing seam allowance towards the facing and then stitching close to the edge (2-3mm)($\frac{1}{8}$ ") of the seam on the facing side on the top-side of the garment. Ensure that the seam allowance is caught on the underside.

TOP STITCHING - A row of stitching very close to the edge of a seam or garment. It is also known as edge-stitching - and hence the name - sew on the top-side of the garment.

WRST - With right sides of fabric together.

CF - Centre Front

CB - Centre Back

info

Using the following Fabric Requirements chart.

The fabric requirements chart has been divided into individual requirements depending on the style/option that you choose and is only to be used as a guide. It is HIGHLY recommended that once you have your pattern pieces ready you use a piece of fabric from your stash and lay out your pattern using the layout guide. If you lay your pattern pieces you **WILL** be able to calculate your meterage/yardage as less than indicated in the charts.

Fabric Requirements (Metres/Yards)

Additional fabric may be required for directional/one way print designs

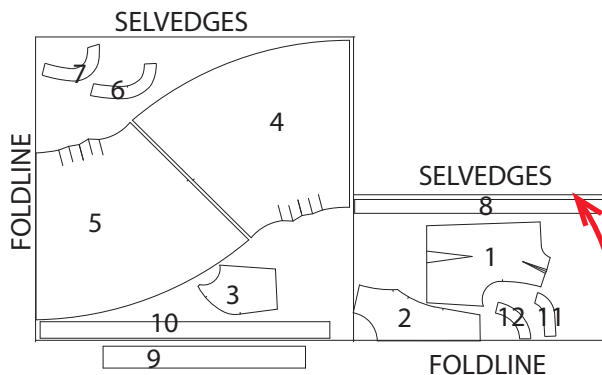
KRISTEN DRESS INCLUDING ALL RUFFLES

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	3.20 m 3 ½ yds	3.30 m 3 ⅝ yds	3.30 m 3 ⅝ yds	3.40 m 3 ¾ yds	3.40 m 3 ¾ yds	3.40 m 3 ¾ yds	3.50 m 3 ⅞ yds	3.60 m 3 ⅞ yds	3.80 m 4 ⅛ yds	3.90 m 4 ¼ yds
150cms / 60"	2.90 m 3 ⅞ yds	2.90 m 3 ⅞ yds	2.90 m 3 ⅞ yds	3.0 m 3 ¼ yds	3.0 m 3 ¼ yds	3.0 m 3 ¼ yds	3.0 m 3 ¼ yds	3.0 m 3 ¼ yds	3.20 m 3 ½ yds	3.20 m 3 ½ yds

KRISTEN SLEEVES AND BELT

SIZE	1	2	3	4	5	6	7	8	9	10/11
115 cms /45"	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds	1.0 m 1 ⅞ yds
150cms / 60"	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds	.60 m ⅝ yds

115 cms / 45 " wide fabric

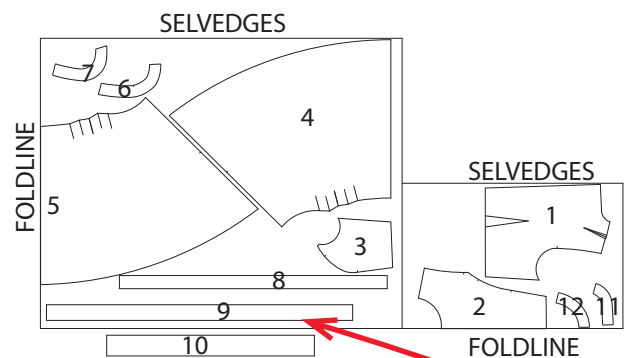


Cutting Layout for Sizes 1 to 6.

Fold the fabric in half on cross grain (weft) so the selvedges meet. Cut pieces 3, 4, 5, 6 and 10.

Re-fold fabric so selvedges meet on warp grain and cut pieces 1, 2, 7, 8 and 9. (9 and 10 are cut 1 only so they can be cut from same area)

(Front Bodice and Side Front Bodice pattern pieces have different pattern numbers depending on your cup sizes).



Cutting Layout for Sizes 7 to 11.

Fold the fabric in half on cross grain (weft) so the selvedges meet. Cut pieces 3, 4, 5, 8, 9 and 10.

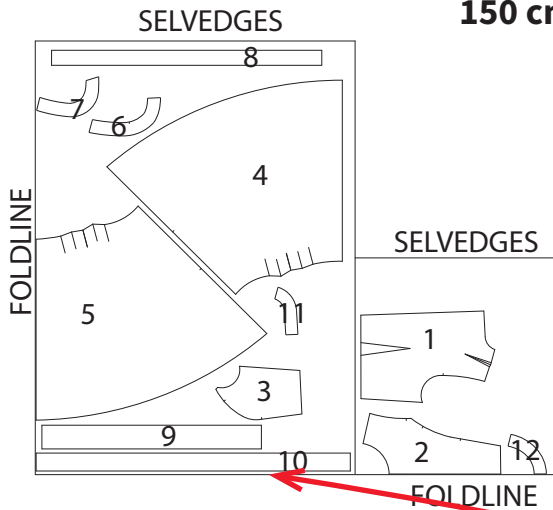
(9 and 10 are cut 1 only so they can be cut from same area)

Re-fold fabric so selvedges meet on warp grain and cut pieces 1, 2, 6 and 7.

(Front Bodice and Side Front Bodice pattern pieces have different pattern numbers depending on your cup sizes).

cutting layouts

150 cms / 60 " wide fabric

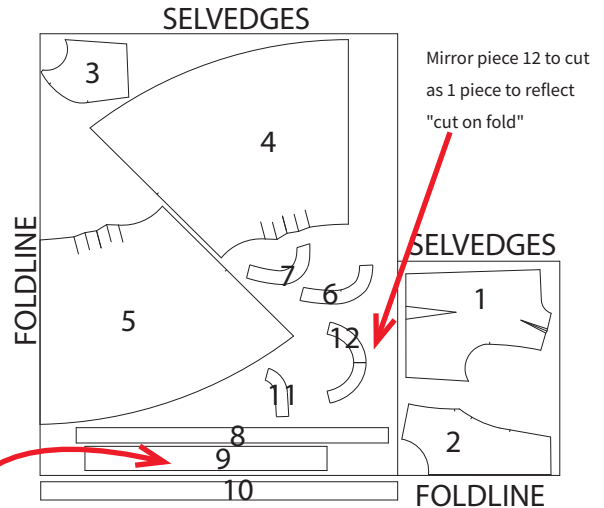


Cutting Layout for Sizes 1 to 6.

Fold the fabric in half on cross grain (weft) so the selvages meet. Cut pieces 3, 4, 5, 6, 8, 9 and 10. (9 and 10 are cut 1 only so they can be cut from same area)

Re-fold fabric so selvages meet on warp grain and cut pieces 1, 2, and 7.

(Front Bodice and Side Front Bodice pattern pieces have different pattern numbers depending on your cup sizes).



Cutting Layout for Sizes 1 to 6.

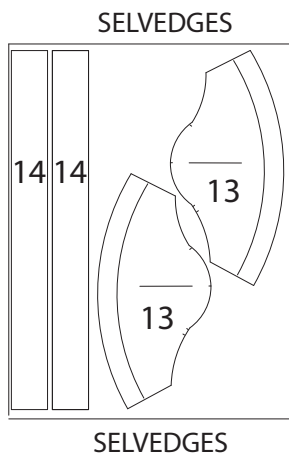
Fold the fabric in half on cross grain (weft) so the selvages meet. Cut pieces 3, 4, 5, 6, 7, 8, 9 and 10. (9 and 10 are cut 1 only so they can be cut from same area)

Re-fold fabric so selvages meet on warp grain and cut pieces 1 and 2.

(Front Bodice and Side Front Bodice pattern pieces have different pattern numbers depending on your cup sizes).

KRISTEN SLEEVES AND BELT

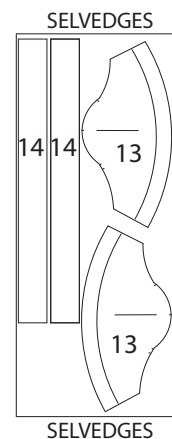
115 cms / 45 " wide fabric



Cutting Layout for All Sizes.

Single Lay. Cut pieces 13 and 14 making sure piece 13 is mirrored.

150 cms / 60 " wide fabric



Cutting Layout for All Sizes.

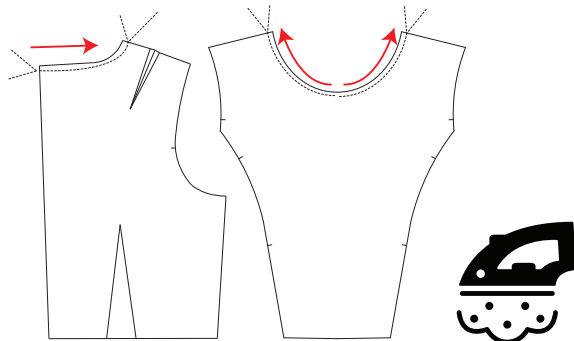
Single lay. Cut pieces 13 and 14 making sure piece 13 is mirrored.

sewing instructions

Note : Please ensure all pattern information and dart legs are marked to the wrong side of your fabric. Apply fusing to the front and back facings if not “block” fused.

Step 1 - Darts

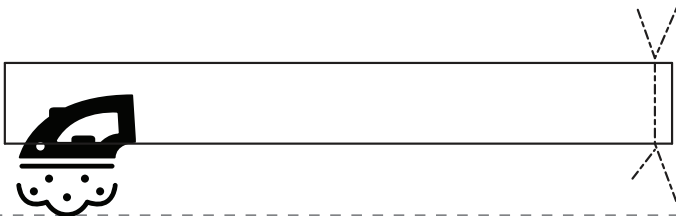
Stitch the darts and press. Stay-stitch both front and back neck edges to offset any stretching. Stitch in the direction of the arrows.



Step 2 - Armhole Ruffles - (VIEW A)

(Seam Allow 6mm (1/4"))

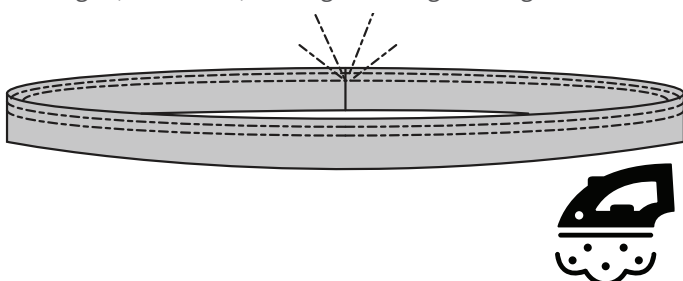
WRST fold in 1/2 and pin. Stitch ends. Press seam centre only.



Step 3 - Armhole Ruffles cont' - (VIEW A)

(Seam Allow 6mm (1/4"))

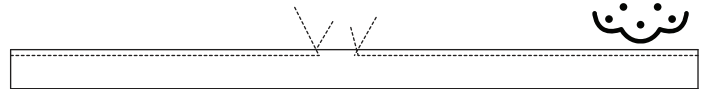
With wrong sides together fold in 1/2 length ways. Pin and press. Stitch a long gathering stitch at 3mm and 6mm from cut edge. (1/8" and 1/4") leaving tails for gathering.



Step 4 - Centre Front Ruffle

(Seam Allow 6mm (1/4"))

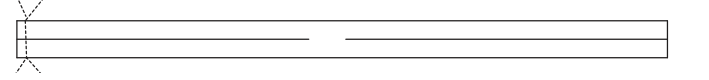
WRST fold in 1/2 length ways and stitch, leaving an approx opening of 3.75 cms (1 1/2") in centre of stitch line. Press centre of seam only. (To aid in pressing a length of wooden dowel works best)



Step 5 - Centre Front Ruffle cont'

(Seam Allow 6mm (1/4"))

Fold one end of the front ruffle so the seam is to the centre and stitch this end. Turn out to correct side. Press. Hand stitch opening closed.



Step 6 - Centre Front Ruffle cont'

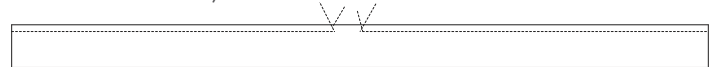
Stitch a long length gathering stitch line through centre of front ruffle leaving tails for gathering.



Step 7 - Neck Ruffle -

(Seam Allow 6mm (1/4"))

WRST fold in 1/2 length ways and stitch, leaving an approx opening of 3.75 cms (1 1/2") in centre of stitch line. Press centre of seam only. (To aid in pressing a length of wooden dowel works best)



Step 8 - Neck Ruffle cont' -

(Seam Allow 6mm (1/4"))

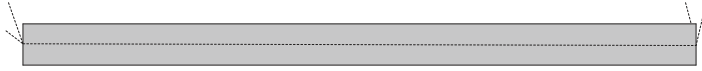
Fold both ends of the neck ruffle so the seam is to the centre and stitch both ends. Turn out to correct side. Press. Hand stitch opening closed.



sewing instructions

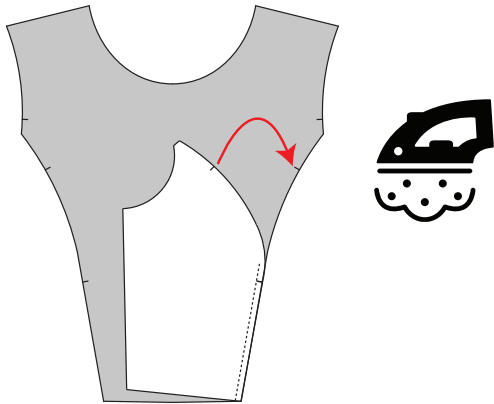
Step 9 - Neck Ruffle cont' - (Seam Allow 6mm (1/4"))

Stitch a long length gathering stitch line through centre of neck ruffle leaving tails for gathering.



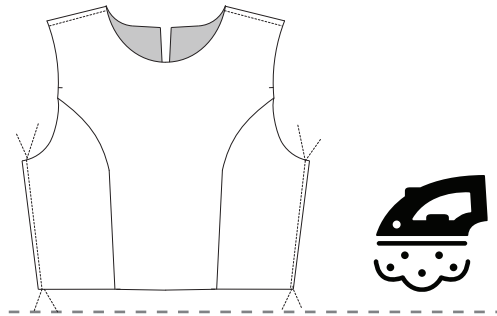
Step 10 - Side Panel to Centre Front Panel (Seam Allow 1 cm (3/8"))

Pin the side panel to the centre front panel easing between notches on the curve of the side front. Due to the 1cms(3/8") seam allowance clipping of this seam should not be necessary. If you experience any fullness that will not sit with pinning a stitching guide line can be sewn approx 8mm(just under 3/8") to use as a guide to clip the curved edge. Clip approx 1cms(3/8") apart. Sew from the hem up. Press seams. Complete both sides.



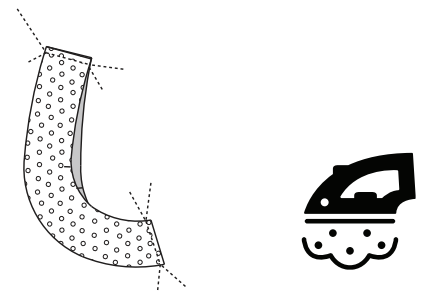
Step 12 - Side Seams (Seam Allow 1.5 cms (5/8"))

WRST pin and stitch the side seam. Press. Complete both sides.



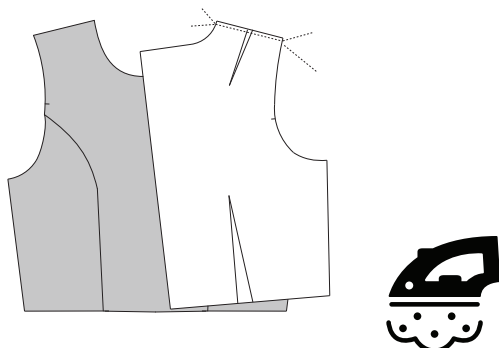
Step 13 - Armhole Facings - (VIEW A) (Seam Allow 1.5 cms (5/8"))

WRST pin front and back facings together at shoulder and side seams. Stitch. Press. Complete both sides.



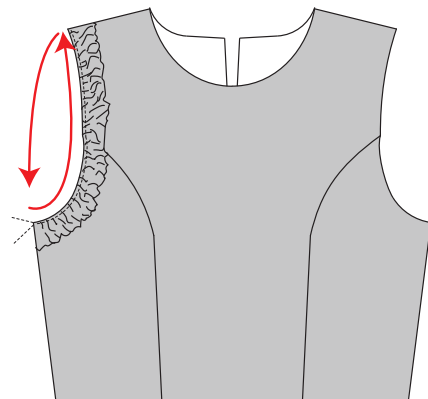
Step 11 - Shoulder Seams (Seam Allow 1.5 cms (5/8"))

Pin shoulder seams together and stitch. Stitch from armhole edge to neckline to offset any stretching that may occur. Press open. Complete both sides.



Step 14 - Armhole Ruffle to A'Hole - (VIEW A) (Seam Allow 6mm (1/4"))

Gather armhole ruffle to fit armhole edge matching cut edges. Pin. Baste in place.

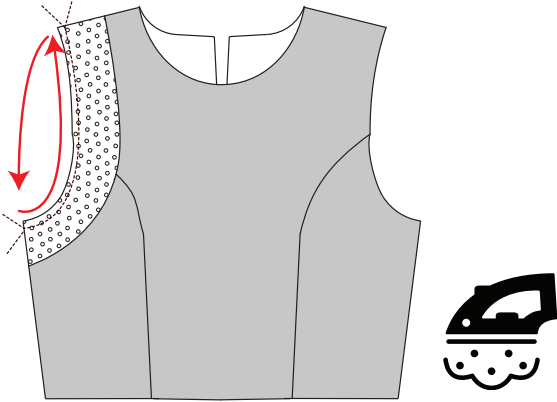


sewing instructions

Step 15 - Armhole Facing to A'hole - (VIEW A)

(Seam Allow 6mm (1/4"))

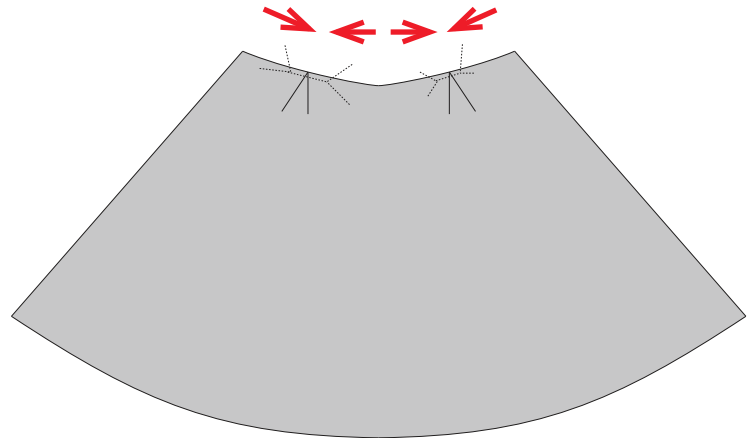
WRST pin facing to armhole of bodice. Stitch. Press seam towards facing. Under stitch facing seam. Complete both sides.



Step 17 - Skirt Pleats

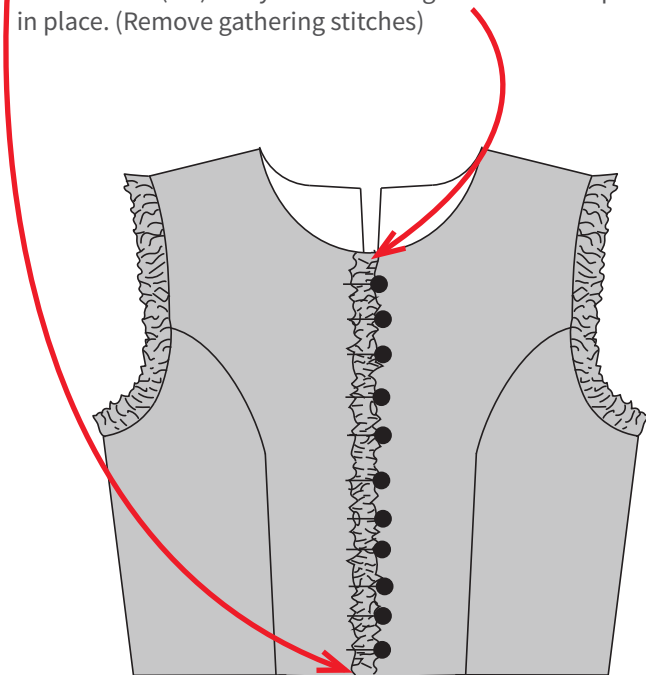
(Seam Allow 1cm (3/8"))

Working on correct side of skirt, fold outer edge of pleat line to centre pleat line. Pin. Repeat with other fold line to create an inverted pleat. Complete both front and back pleats. Baste in place.



Step 16 - Front Ruffle to Bodice

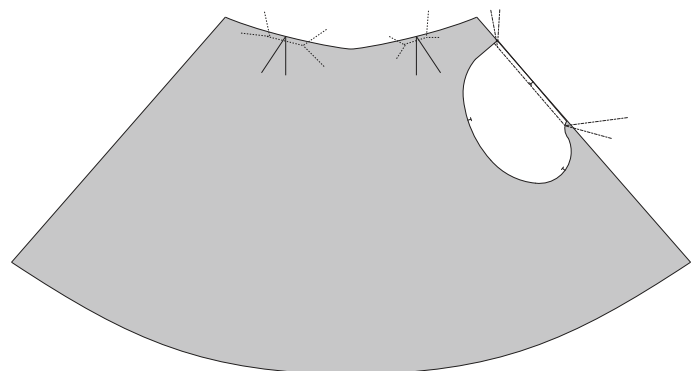
Gather and pin front ruffle to CF of bodice matching unfinished edge to waist line of bodice and finished edge of ruffle 1.5cms (5/8") away from neck edge of bodice. Top-stitch in place. (Remove gathering stitches)



Step 18 - Pockets (optional)

(Seam Allow 6mm (1/4"))

WRST pin pocket to side seam edge matching notches. Pocket pieces are stitched to all 4 sides seams - Front x 2, Back x 2. Stitch. Finish edges the length of pocket only. Press pocket outwards and the seam flat. Repeat other side.

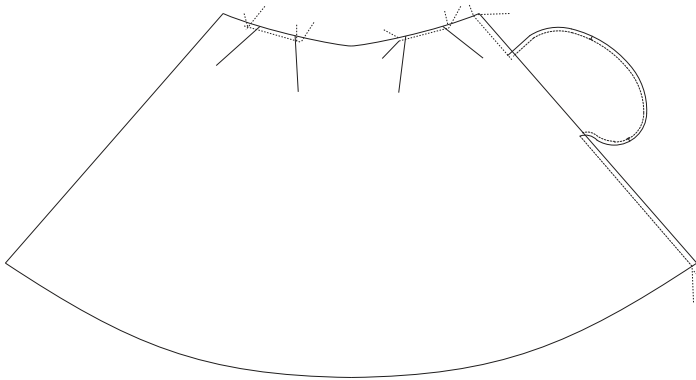


sewing instructions

Step 19 - Pockets (optional) cont'

(Seam Allow 1.5 cms ($\frac{5}{8}$ "))

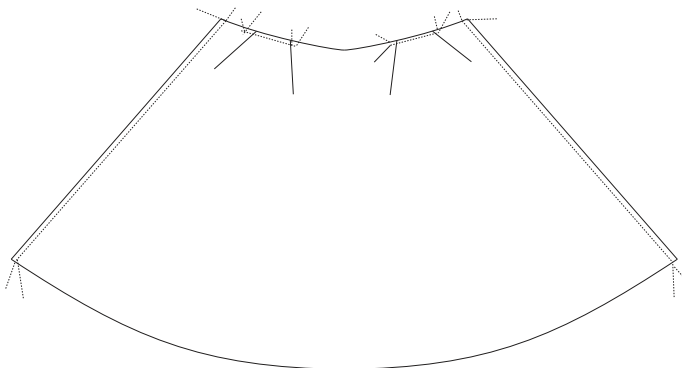
WRST pin back side seam to front side seam matching pocket edges. Stitch. Press. Repeat for other side seam.



Step 20 - Side Seams (without pockets)

(Seam Allow 1.5 cms ($\frac{5}{8}$ "))

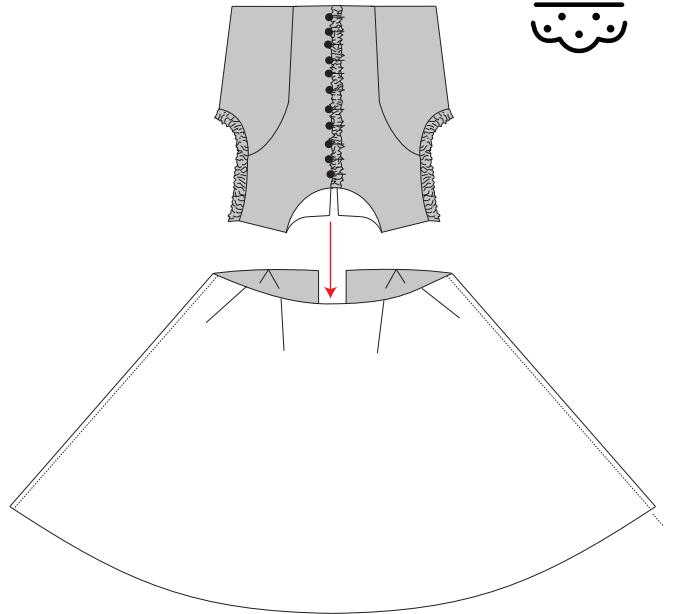
WRST pin the front and back together at side seams. Stitch. Press seams.



Step 21- Bodice to Skirt

(Seam Allow 1cm ($\frac{3}{8}$ "))

WRST match bodice to skirt waistline, matching centre of skirt to CF of bodice, front inverted pleats to front princess seams, back darts to back inverted pleat and side seams matching. Pin. Stitch . Press.



Step 22 - Centre Back Zipper Insertion

(Seam Allowance 1.5 cms ($\frac{5}{8}$ "))

Invisible Zipper - Insert zipper into the open seam.

An invisible zipper is inserted in an entirely open seam; the rest of the seam is stitched after the application is completed.

- Use the foot designed for the zipper brand you are using because coil sizes of zippers vary.
- Stitch from top to bottom of zipper.
- A small strip of iron on interfacing can be applied to the seam area of zipper insertion.

sewing instructions

Step 23 - Centre Back Zipper Insertion cont'

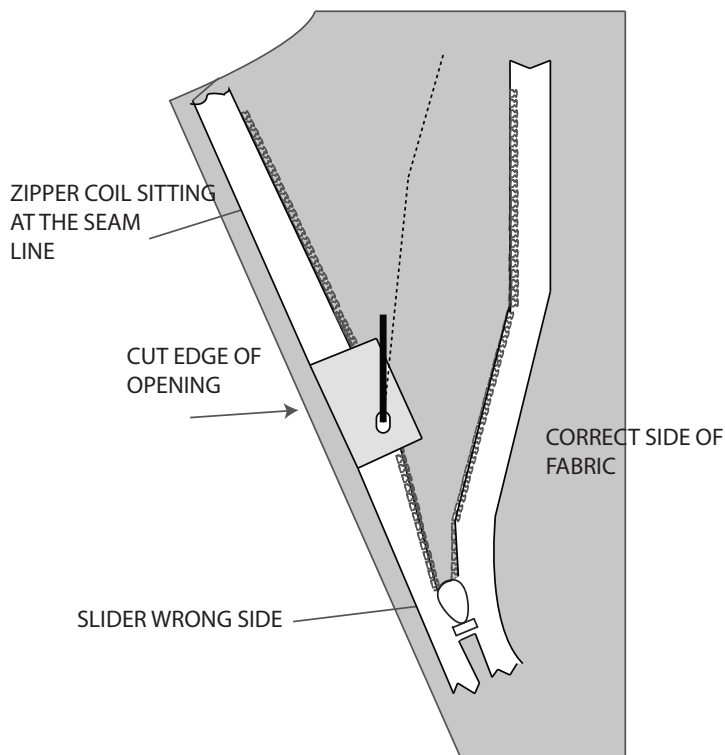
(Seam Allowance 1.5 cms ($\frac{5}{8}$ "))

Attach the invisible zipper foot to the machine, with the needle lined up with centre mark.

Place open zipper face-down on right side of fabric as shown.

Pin in place with coil on seam line and top stop 1.0 cm ($\frac{3}{8}$ " below seam allowance of garment.

With right-hand groove of foot over coil, stitch zipper until the foot hits the slider. (remove pins as you come to them) Back-tack.

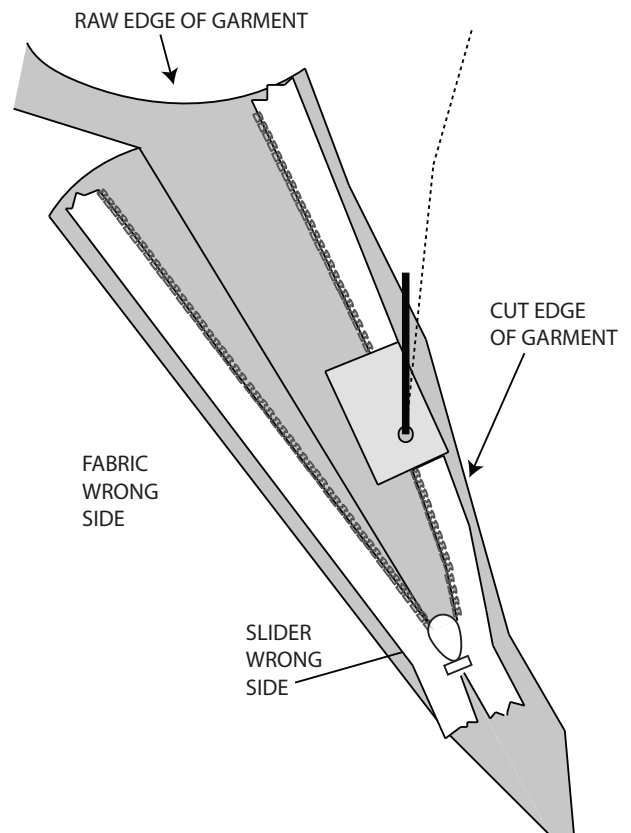


Step 24 - Centre Back Zipper Insertion cont'

(Seam Allowance 1.5 cms ($\frac{5}{8}$ "))

To attach the other half of the zipper, pin tape face-down with coil on seam line and top stop 1 cm ($\frac{3}{8}$ " from cut edge of garment.

Make sure that the zipper is not twisted at the bottom. Use the left-hand groove of foot, making sure that the centre marking is still lined up with the needle and stitch, as before.



sewing instructions

Step 25 - Centre Back Zipper Insertion cont'

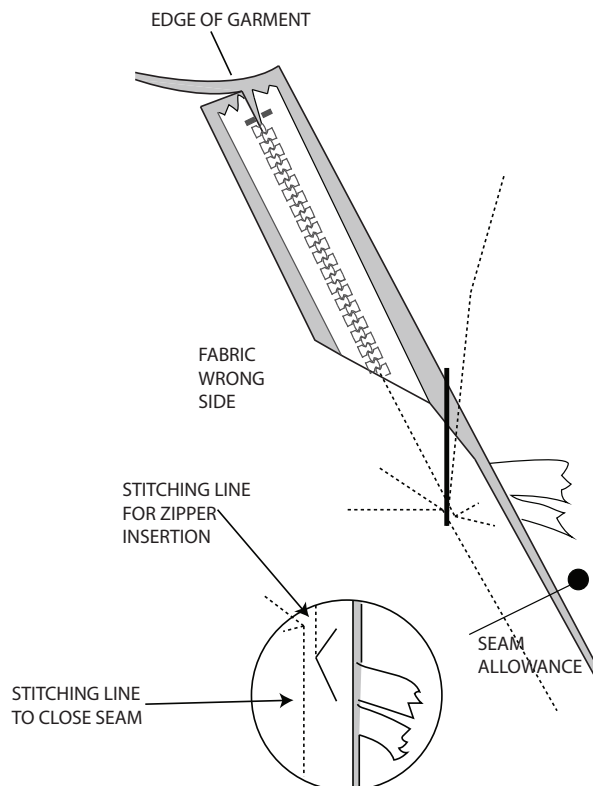
(Seam Allowance 1.5 cms (5/8"))

Close zipper. Slide zipper foot to the left so that needle is in the outer notch or change your foot to your standard zipper foot.

Pin the seam together below zipper opening. Fold end of zipper out of the way and lower the needle by hand slightly above and to the left of the last stitch approx 1cms (3/8") above the last stitch of the invisible zipper insertion.

You have two options now . Stitch seam for about 2", as shown. Continue stitching length of seam with zipper foot or finish seam here. Change to regular presser foot and complete the seam.

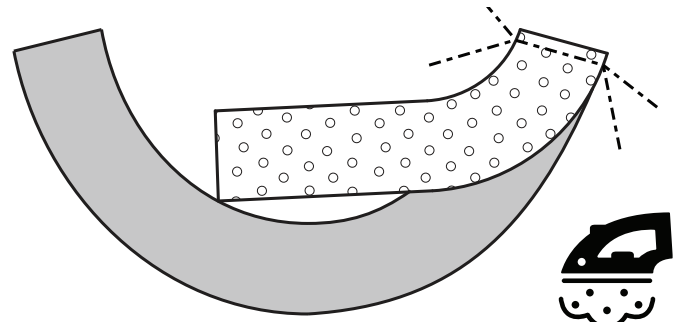
At zipper end, stitch about 1" of each zipper tape to seam allowance only.



Step 26- Back and Front Neck Facings

(Seam Allowance 1.5 cms (5/8"))

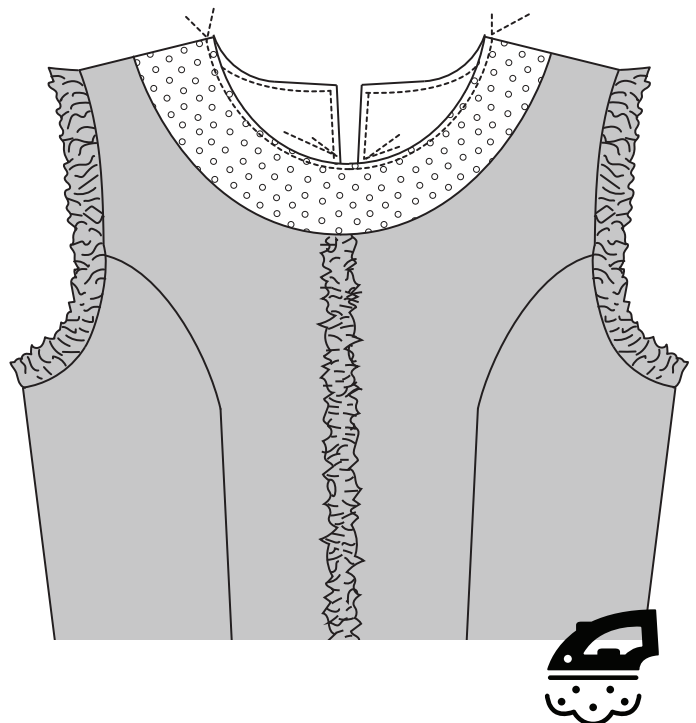
WRST pin back facing to front facing. Stitch. Complete other side. Press.



Step 27- Facings to Neck Edge.

(Seam Allowance 6mm (1/4"))

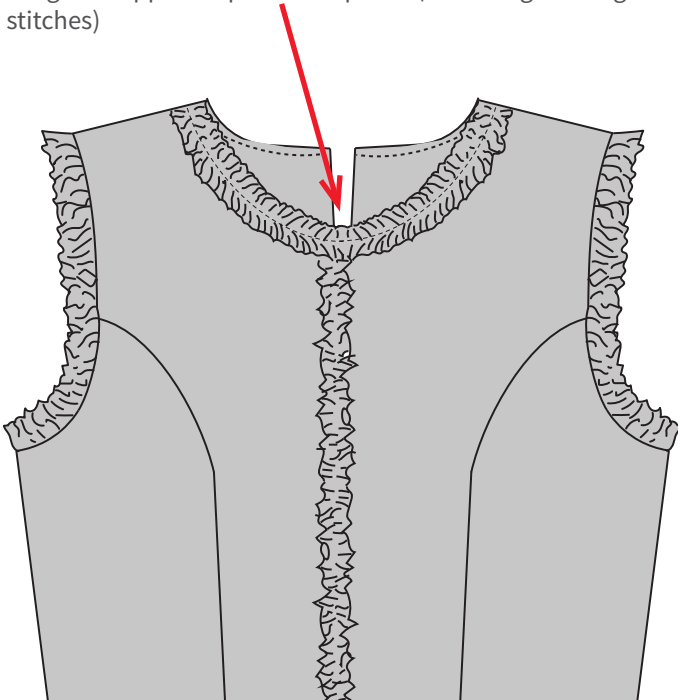
WRST pin facing to neck edge matching side seams. Ensure the zipper edge is flipped out flat. Pin facing edge to zipper/CB edge. Stitch top edge and pivot at zipper/CB corner, stitch down full length of facing edge. Stitch again on pivoted corner for reinforcement. Turn facings out. Press seam towards facings. Under stitch. Press neck edges.



sewing instructions

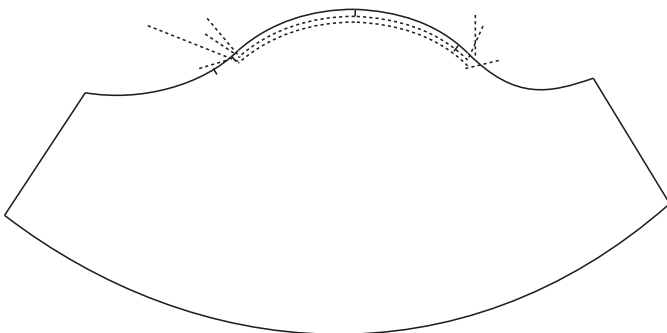
Step 28- Neck Ruffles to Neck Edge.

Gather and pin neck ruffle to neck edge of bodice matching edge to ruffle to neck edge of bodice and finished ends of ruffle at CB of invisible zipper making sure ruffle doesn't get caught in zipper. Top-stitch in place. (Remove gathering stitches)



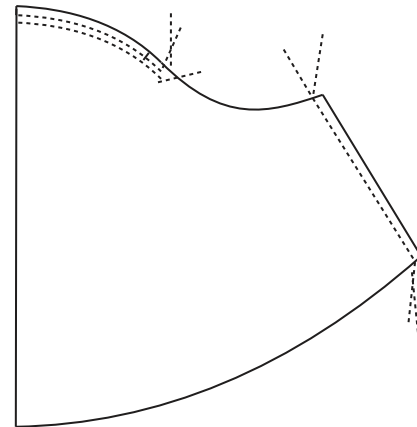
Step 29- Flared Sleeves - (VIEW B) (Seam Allow 1 cm (3/8"))

Using a large machine stitch, sew 2 rows of stitch lines between the front and back notches on the sleeve head, leaving tails of thread to allow for ease of pulling.



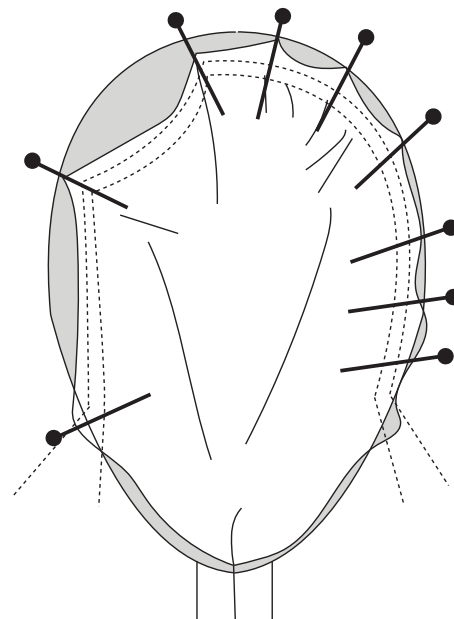
Step 30- Flared Sleeves cont' - (VIEW B) (Seam Allow 1.5 cms (5/8"))

WRST pin sleeve seams together and stitch. Press.



Step 31- Flared Sleeves cont' - (VIEW B) (Seam Allow 1 cm (3/8"))

Pull on the sewn gathering threads to ease the sleeve head into the armhole opening ensuring that the sleeve head/front/back notches match the shoulder seam/armhole notches. Tease the gathers to make sure you don't end up with either a "flat" spot or a "nest" of gathers. Sew the sleeve into the armhole starting at the underarm seam. Press seam towards sleeve.

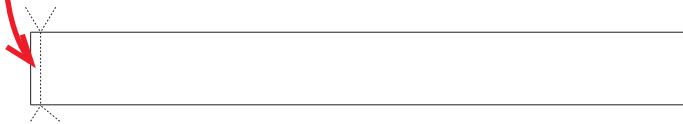


sewing instructions

Step 32 - Optional Tie Belt

(Seam Allow 6mm (1/4"))

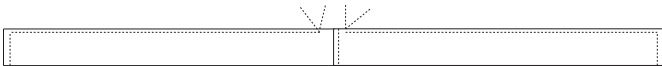
WRST pin and stitch ends of 2 belt pieces. Try on your body and make a tie and loop to your requirements. Shorten and adjust belt length as desired.



Step 33 - Optional Tie Belt cont'

(Seam Allow 6mm (1/4"))

WRST fold the waist tie in half lengthwise and stitch each end and along the long edge leaving an unstitched gap of approx 5cms (2"). Turn right sides out. Press edges and hand stitch opening closed.



Step 34 - Hemming.

Turn up hems and finish either by hand or by top-stitching.

Sleeve Hem = 1.5 cms (5/8")

Body Hem= 1.5 cms (5/8")

Hand stitch facing edges to shoulder seam point and under arm seam of facing to side seam to keep flat and in place.

Press and enjoy wearing your new Kristen Dress !!!!



Well Done !!!!

#kristen....#kristendress....
#kristenruffleddress....#kristenruffleflaredress....
#designerstitch..... @designerstitch

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