

DS #0324 - NOVA TWIST TOP AND DRESS

multi-sized pattern: (AU/UK) 6/8/10/12/14/16/18/20/22/24/26/28/30
(US) 2/4/6/8/10/12/14/16/18/20/22/24/26
(EU) 34/36/38/40/42/44/46/48/50/52/54/56/58

CUP SIZES - A, B, C, D, DD (E)

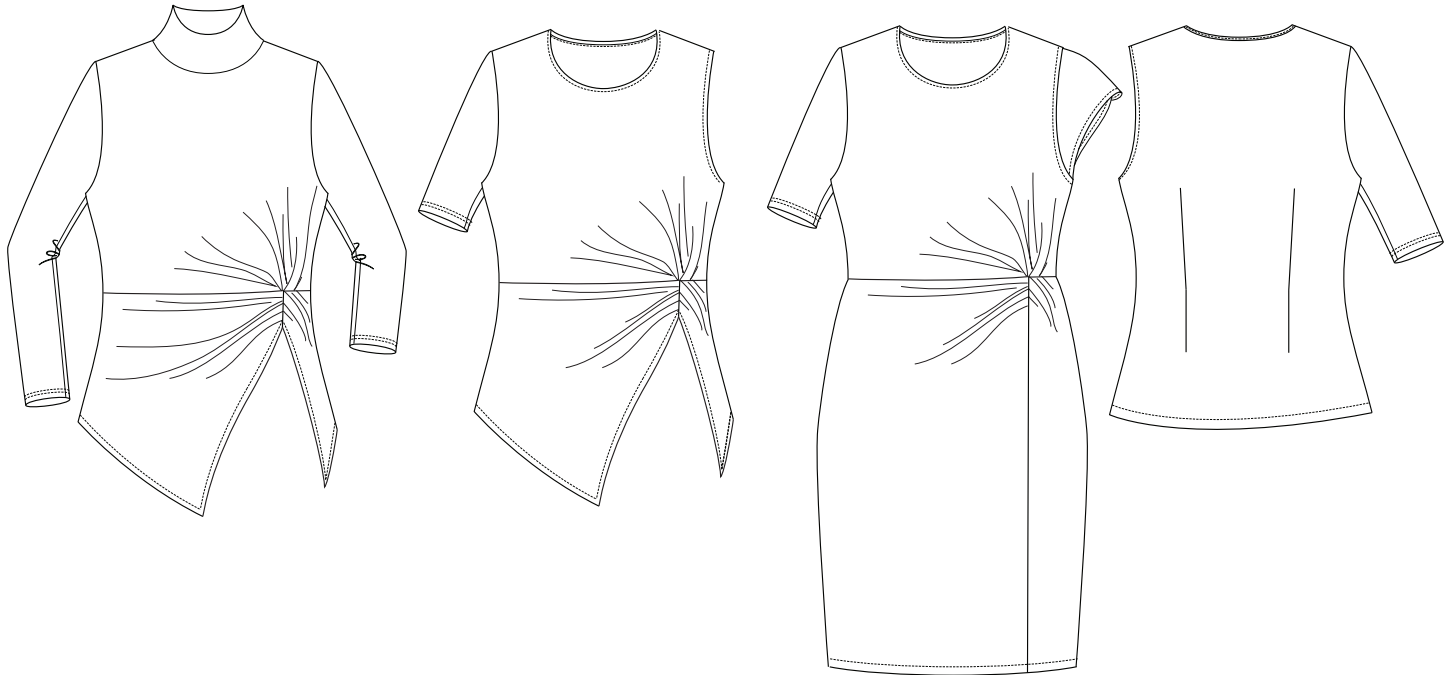
The Nova Top or Dress is a must have ideal silhouette to update your casual wardrobe. Offering a defining front knot the Nova has many options including both a top and dress length. It adds fabulous design interest to the overall asymmetric design and it creates a very sophisticated silhouette. The side twist design highlights your waist with soft folds while still maintaining its curve skimming fit and shape.

SKILL LEVEL - ● ● ● ○ ○

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NOVA TWIST STYLE OPTIONS



The Nova Twist Top pattern offers a choice of styling options.

1. Full Length Sleeve
2. 3/4 Length Sleeve
3. Elbow Sleeve
4. Short Sleeve
5. Bound Sleeveless Armhole.
6. Top Length
7. Dress Length - 55 cms (21 ½") from waistline
60cms (23 ½") from waistline

All of the above styles are completed with :

1. Bound Neckline - Optional.
2. Turtleneck Collar - Optional.

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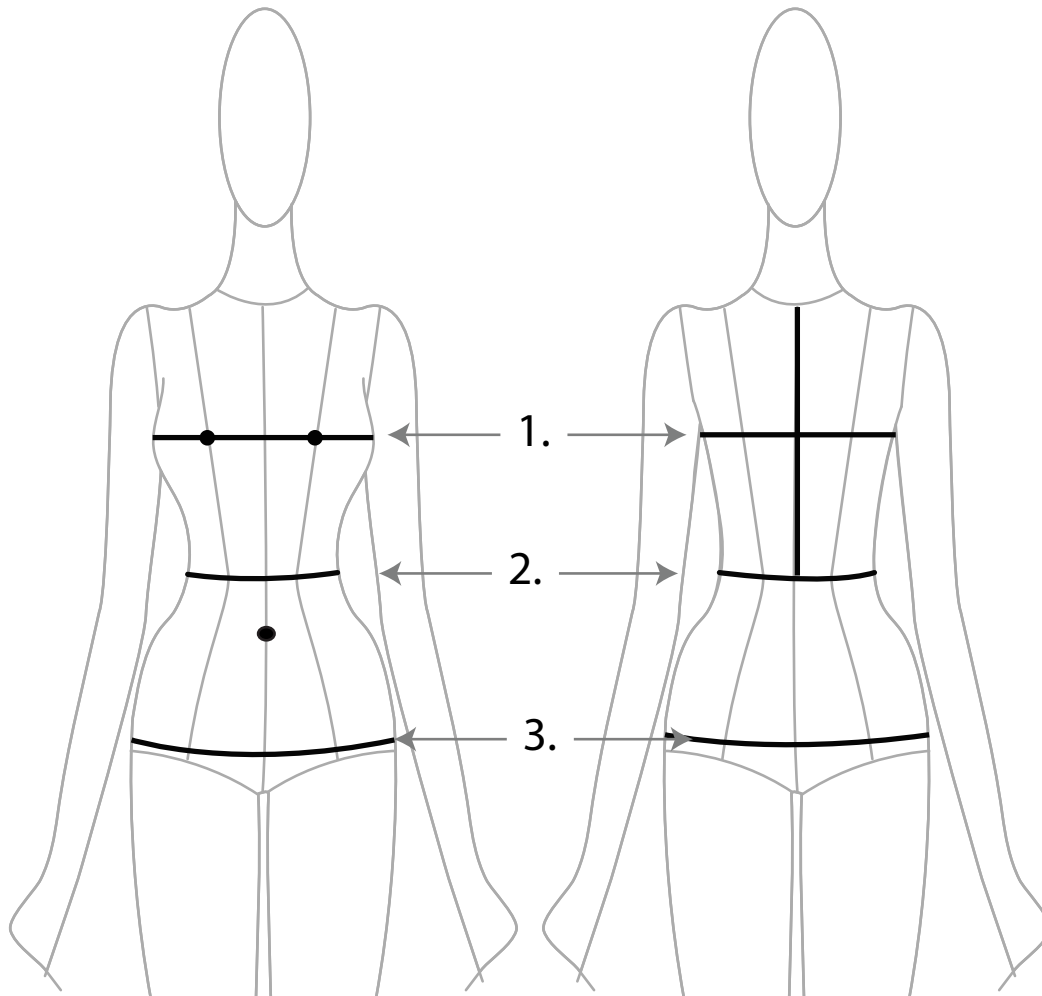
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SIZING CHART- Designer Stitch patterns are designed to be “true-to-size”. There is not a lot of extra ease loaded into the styles so please choose the size that is closest to your own body measurements. The patterns can be altered to fit your size and shape. We would recommend that you make a test fitting sample before cutting into your main fabric - similar weight fabric to your intended final garment is a must for test fitting. Your test sample can be constructed from the main pattern pieces so you can fine tune for any fit variances.



Sizing your garment will be based on 3 main measurements.

1. Bust Circumference: Horizontal measurement at fullest part of the bust making sure the tape measure is horizontal around the body.
2. Waist Circumference: Horizontal measurement at natural waist (your belly button is not your waist).
3. Hip Circumference: Horizontal measurement at fullest part of your hip line. Try different positions - abdomen, buttocks and high thighs and use the biggest measure.

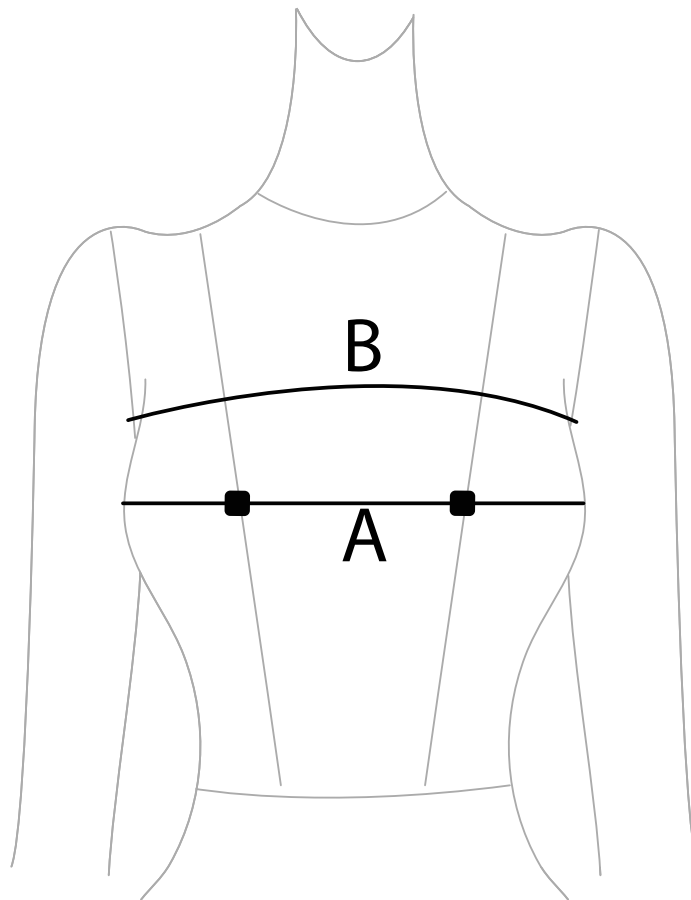
The chart on page 5 offers many additional measurements to fine tune your fit. For details on how and where to measure your body please see the help chart at <http://designerstitch.com/sizing/>

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Choosing your Cup Size

Unfortunately there is no exact science in determining your cup size. While I have provided patterns graded in cup sizes - A, B, C, D, and DD - some fitting and tapering will be needed to fine tune the fit of your garment. TO ENSURE YOU ACHIEVE YOUR BEST FIT A TEST GARMENT IN SIMILAR WEIGHT FABRIC IS A MUST !!! Ensure you are wearing a well fitted bra !!!!

To check your cup size, take your bust (A) and high bust(B) measurements and record them.



Next, determine your cup size by subtracting your high bust measure from your bust measure.

If your bust is 0.00 cms - 2.5 cms (0" to 1") larger than your high bust you are a A Cup.

If your bust is 2.5 cms - 5 cms (1" to 2") larger than your high bust you are a B Cup.

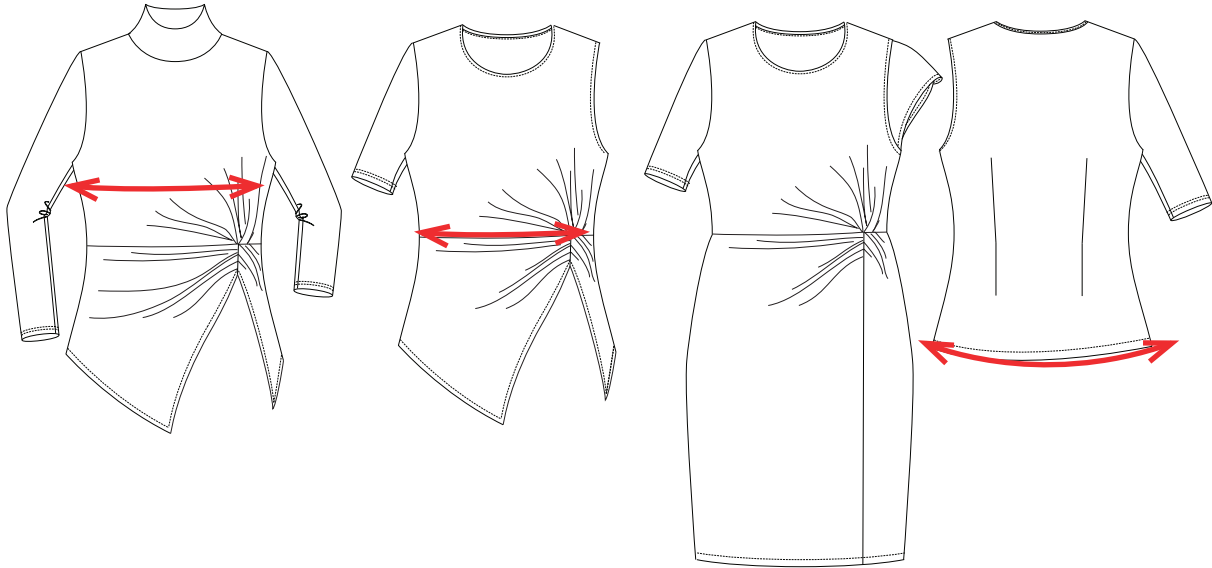
If your bust is 5 cms - 7.5 cms (2" to 3") larger than your high bust you are a C Cup.

If your bust is 7.5 cms - 10 cms (3" to 4") larger than your high bust you are a D Cup.

If your bust is 10 cms - 12.5 cms (4" to 5") larger than your high bust you are a DD Cup.

Pattern Size Selection - your high bust measurement will determine what pattern size to use and the above calculation will determine what pattern cup size front pattern pieces to use. Use the size chart on page 5 to select your pattern size (based on high bust measurement as replacement for full bust measurement) along with your cup size.

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FINISHED PATTERN MEASUREMENTS (approx)

Due to the nature of stretch fabric the below measures are an estimate for relaxed fabric.

DO NOT USE THIS CHART FOR YOUR BODY MEASURES.

PATTERN SIZE	1	2	3	4	5	6	7	8	9	10	11	12	13
BUST - A CUP	73.5 cm 28 7/8"	78.5 cm 30 7/8"	83.5cms 32 7/8"	88.5 cm 34 7/8"	93.5 cm 36 7/8"	98.5 cm 38 7/8"	103.5cm 40 7/8"	108.5cm 42 7/8"	113.5cm 44 7/8"	118.5cm 46 7/8"	123.5cm 48 7/8"	128.5cm 50 7/8"	133.5cm 52 7/8"
BUST - B CUP	76 cms 29 7/8"	81 cms 31 7/8"	86 cms 33 7/8"	91 cms 35 7/8"	96 cms 37 7/8"	101cms 39 7/8"	106 cms 41 7/8"	111 cms 43 7/8"	116 cms 45 7/8"	121 cms 47 7/8"	126 cms 49 7/8"	131 cms 51 7/8"	136 cms 53 7/8"
BUST - C CUP	78.5 cm 30 7/8"	83.5cms 32 7/8"	88.5 cm 34 7/8"	93.5 cm 36 7/8"	98.5 cm 38 7/8"	103.5cm 40 7/8"	108.5cm 42 7/8"	113.5cm 44 7/8"	118.5cm 46 7/8"	123.5cm 48 7/8"	128.5cm 50 7/8"	133.5cm 52 7/8"	138.5cm 54 7/8"
BUST - D CUP	81 cms 31 7/8"	86 cms 33 7/8"	91 cms 35 7/8"	96 cms 37 7/8"	101 cms 39 7/8"	106 cms 41 7/8"	111 cms 43 7/8"	116 cms 45 7/8"	121 cms 47 7/8"	126 cms 49 7/8"	131 cms 51 7/8"	136 cms 53 7/8"	141cms 55 7/8"
BUST - DD CUP	83.5 cm 32 7/8"	88.5 cm 34 7/8"	93.5 cm 36 7/8"	98.5 cm 38 7/8"	103.5cm 40 7/8"	108.5cm 42 7/8"	113.5cm 44 7/8"	118.5cm 46 7/8"	123.5cm 48 7/8"	128.5cm 50 7/8"	133.5cm 52 7/8"	138.5cm 54 7/8"	143.5cm 56 7/8"
WAIST	58 cms 22 3/4"	63 cms 24 3/4"	68 cms 26 3/4"	73 cms 28 3/4"	78 cms 30 3/4"	83 cms 32 3/4"	88 cms 34 3/4"	93 cms 36 3/4"	98 cms 38 3/4"	103 cms 40 3/4"	108 cms 42 3/4"	113 cms 44 3/4"	118 cms 46 3/4"
HIPS	85 cms 33 1/2"	90 cms 35 1/2"	95 cms 37 1/2"	100 cms 39 1/2"	105 cms 41 1/2"	110 cms 43 1/2"	115 cms 45 1/2"	120 cms 47 1/2"	125 cms 49 1/2"	130 cms 51 1/2"	135 cms 53 1/2"	140 cms 55 1/2"	145 cms 57 1/2"
BICEP	26.2 cm 10 3/8"	28.2 cm 11 1/8"	30.2 cm 11 7/8"	32.2 cm 12 5/8"	34.2 cm 13 3/8"	36.2 cm 14 1/8"	38.2 cm 14 7/8"	40.2 cm 15 5/8"	42.2 cm 16 3/8"	44.2 cm 17 1/8"	46.2 cm 17 7/8"	48.2 cm 18 5/8"	50.2cm 19 3/8"
SLEEVE - FULL LENGTH	57.8 cm 22 3/4"	58.4 cm 23 "	59 cms 23 1/4"	59.6 cm 23 1/2"	60.2 cm 23 3/4"	60.8 cm 24 "	61.4 cm 24 1/4"	62 cms 24 1/2"	62.6 cm 24 3/4"	63.2 cm 25 "	63.8 cm 25 1/4"	64.4 cm 25 1/2"	65 cms 25 3/4"

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PRINTING - TRIM PATTERN - NOVA TWIST TOP

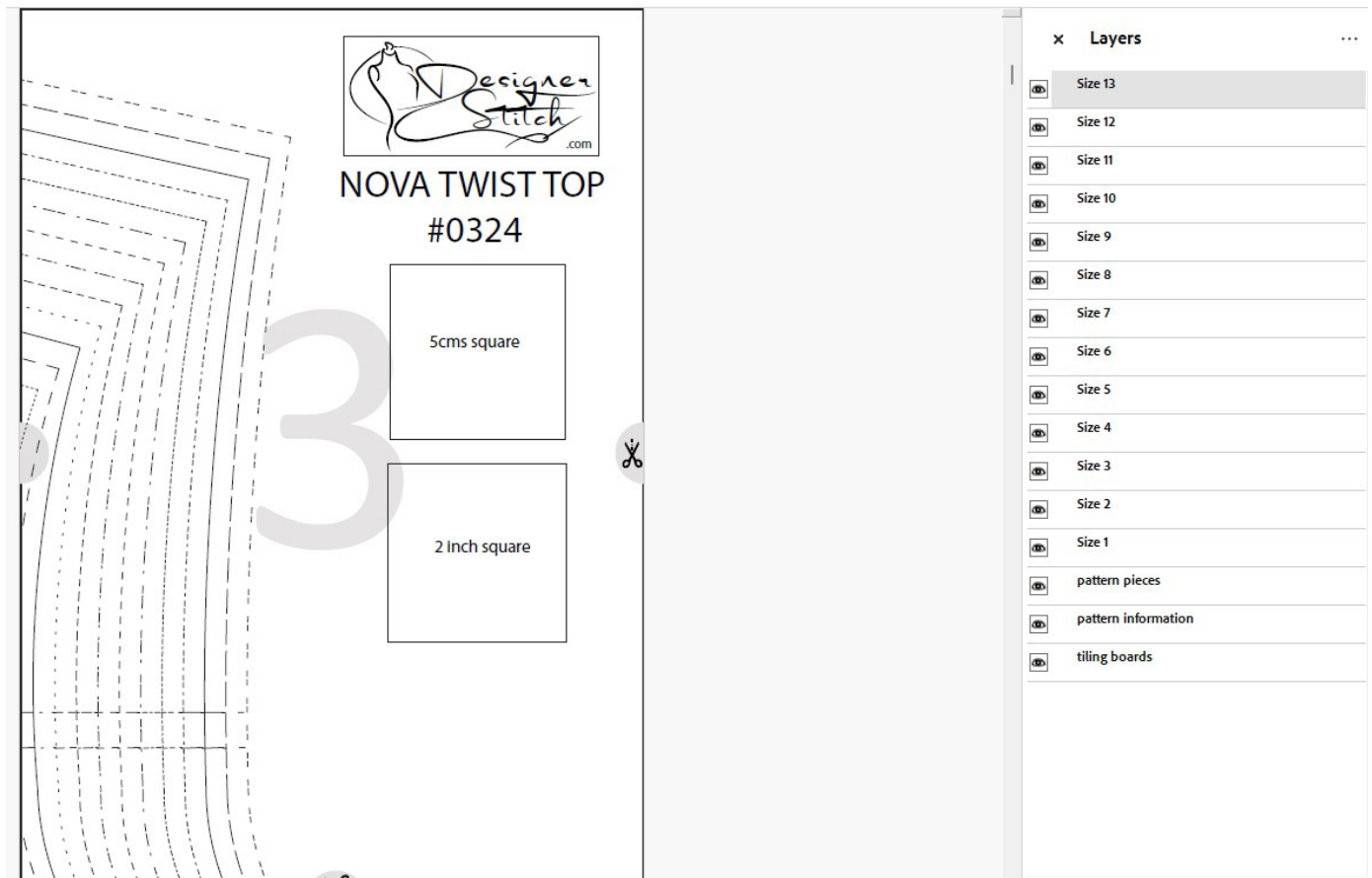
This pattern includes layers that allow you to choose the sizes that you wish to print on both the Print-at-Home and A0 Copy Shop PDF. Please refer to the size chart given at the beginning of these instructions as my garments are “true-to-size”.

In Adobe Reader, click on the layers icon which is on the left hand side of the black navigation bar. Click on the eyeball to turn the size layers on or off.

If you are grading multiple sizes (please refer to the size chart), make sure to have displayed (turned on) all the sizes you need. Or you can just print your single size if you are standard to the sizing chart. If you are printing at a copy shop, be sure to specify which size/layers you want them to print.

Make sure before printing that your scaling is turned “off” in the printer’s dialogue box and that it is set to scale at 100%. (Or page scaling should be set to none. Each printer has a different dialogue box so double check!). Ensure that page “orientation” is also set to “**Auto/Portrait Landscape**” and this pattern is suitable for both A4 and Letter sized paper. Print out the pattern page that contains the calibration square - page 3.

Measure the square (5cms or 2”) to make sure that your pattern piece was printed to the correct size. Page 10 details how many tiles for the Nova Twist Top and taping order.



info

PRINTING - TRIMLESS PATTERN - NOVA TWIST TOP

This pattern includes layers that allow you to choose the sizes that you wish to print on both the Print-at-Home and A0 Copy Shop PDF. Please refer to the size chart given at the beginning of these instructions as my garments are “true-to-size”.

In Adobe Reader, click on the layers icon which is on the left hand side of the black navigation bar. Click on the eyeball to turn the size layers on or off.

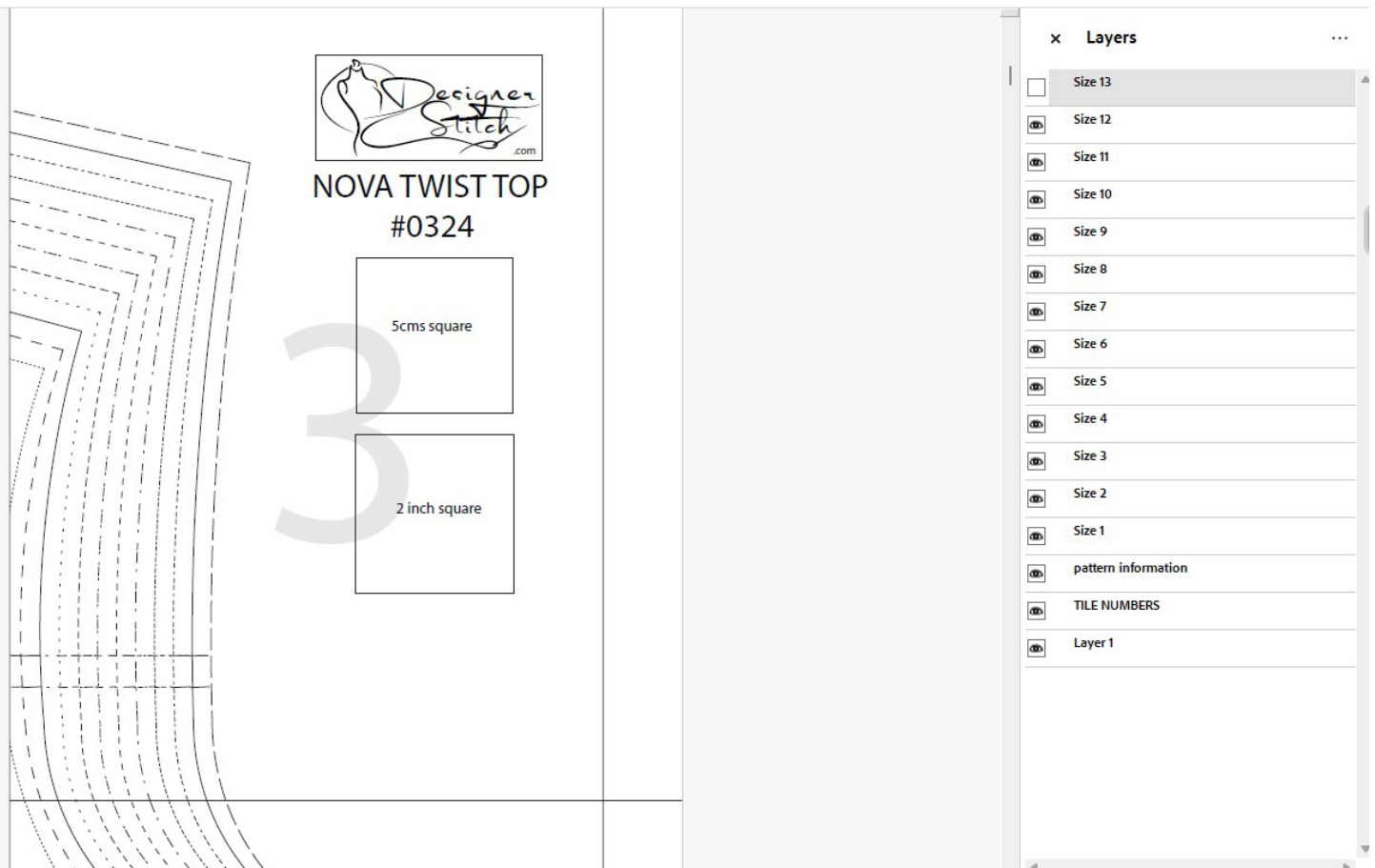
If you are grading multiple sizes (please refer to the size chart), make sure to have displayed (turned on) all the sizes you need. Or you can just print your single size if you are standard to the sizing chart. If you are printing at a copy shop, be sure to specify which size/layers you want them to print.

Make sure before printing that your scaling is turned “off” in the printer’s dialogue box and that it is set to scale at 100%. (Or page scaling should be set to none. Each printer has a different dialogue box so double check!) Ensure that page “orientation” is set to “**PORTRAIT**” and this pattern is suitable for both A4 and Letter sized paper.

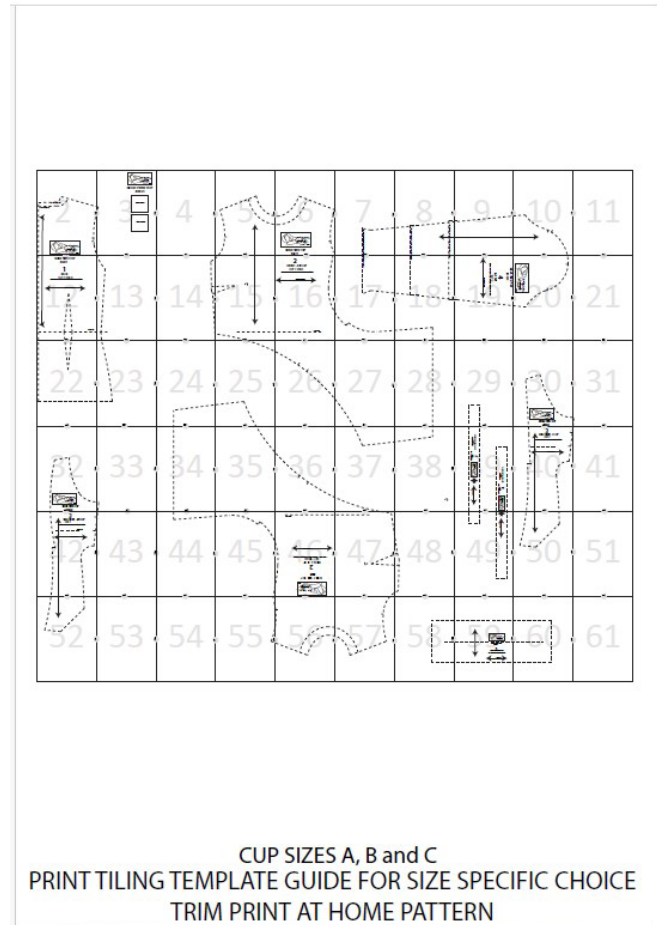
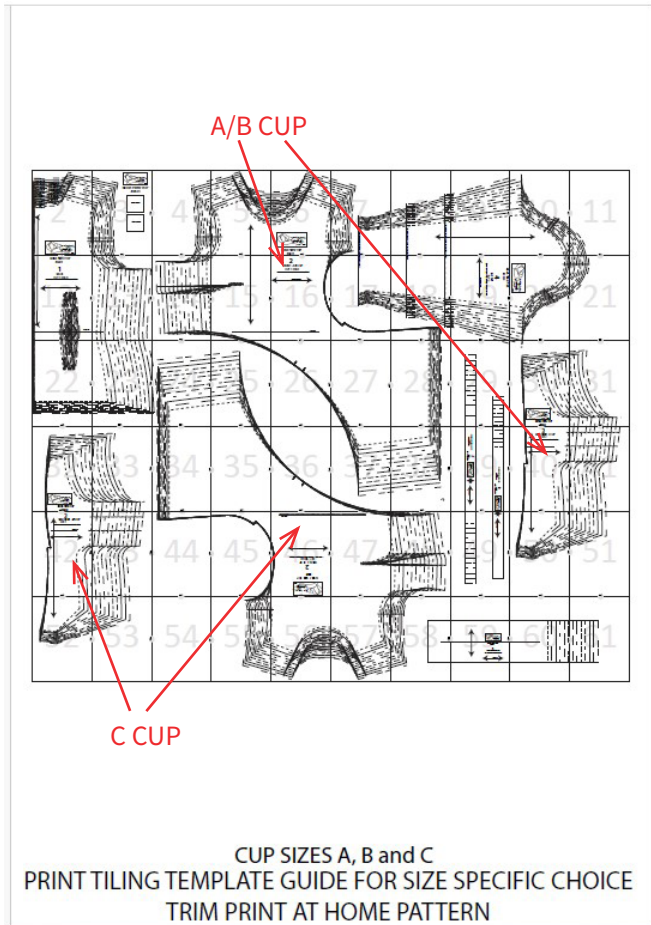
Print out the pattern page that contains the calibration square - page 3.

Measure the square (5cms or 2”) to make sure that your pattern piece was printed to the correct size.

Page 11 details how many tiles for the Nova Twist Top and taping order.



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TAPING THE NOVA TWIST TOP PATTERN TOGETHER - TRIM PATTERN - CUP SIZE SPECIFIC.

As detailed on page 8 - Printing Your Pattern - you have the choice to turn off the size layers you don't want. The above image on the left shows all tiles/layers that consist of the Print at Home Pattern.

The above image on the right is page 1 - a small scaled layout with only a single size selected.

When a single size layer is selected it will only show the relevant pattern pieces for your selected size.

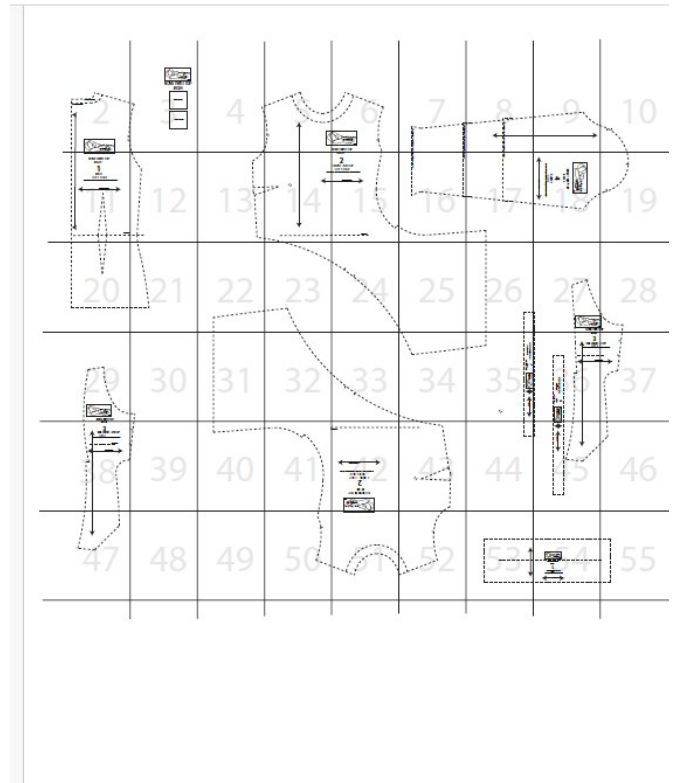
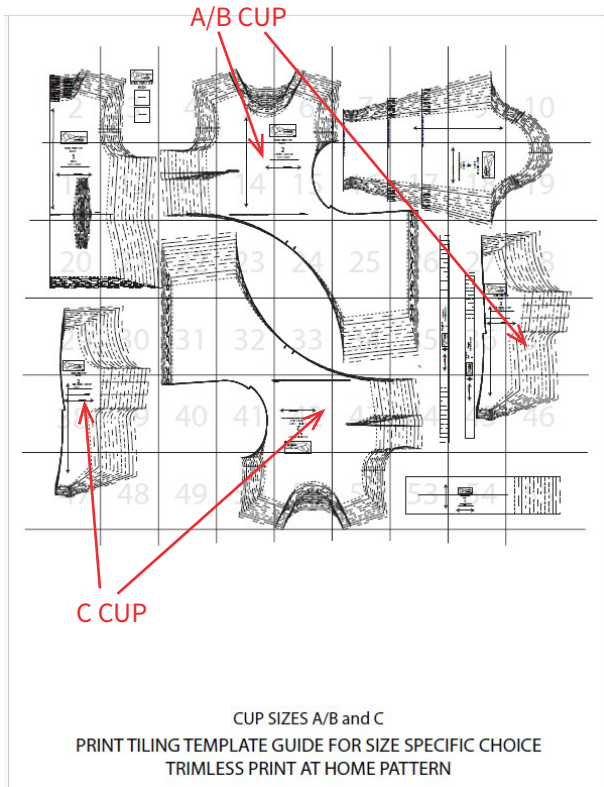
Use page 1 to note what tiles(pages) you need so you don't print off unnecessary blank pages - this will be both your tile guide in selecting what pages you have to print off - and also the guide for tiling and taping your pages together. The pattern is also cup size dependent so only print off your relevant cup pattern pieces.

Once printed cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off. 

Once all necessary edges are cut you can then tape your pattern together matching the light grey circles and working in numerical order. This is your template after taping together.

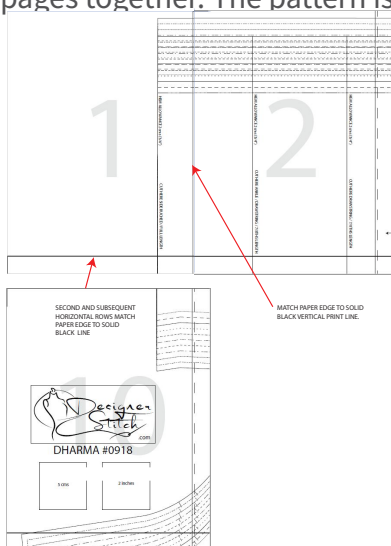
The above template consists of total of 61 pattern tiles. Tiles run 1- 10 across the top of the template and the subsequent tiles run as shown in the diagram. Please ensure that you match up the circle symbol when taping the edges.

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TAPING THE NOVA TWIST TOP PATTERN TOGETHER - TRIMLESS PATTERN - CUP SIZE SPECIFIC.

As detailed on page 9 - Printing Your Pattern - you have the choice to turn off the size layers you don't want. The above image on the left shows all tiles/layers that consist of the Print at Home Pattern. The above image on the right is page 1 - a small scaled layout with only a single size selected. When a single size layer is selected it will only show the relevant pattern pieces for your selected size. Use page 1 to note what tiles(pages) you need so you don't print off unnecessary blank pages - this will be both your tile guide in selecting what pages you have to print off - and also the guide for tiling and taping your pages together. The pattern is also cup size dependent so only print off your relevant cup pattern pieces.



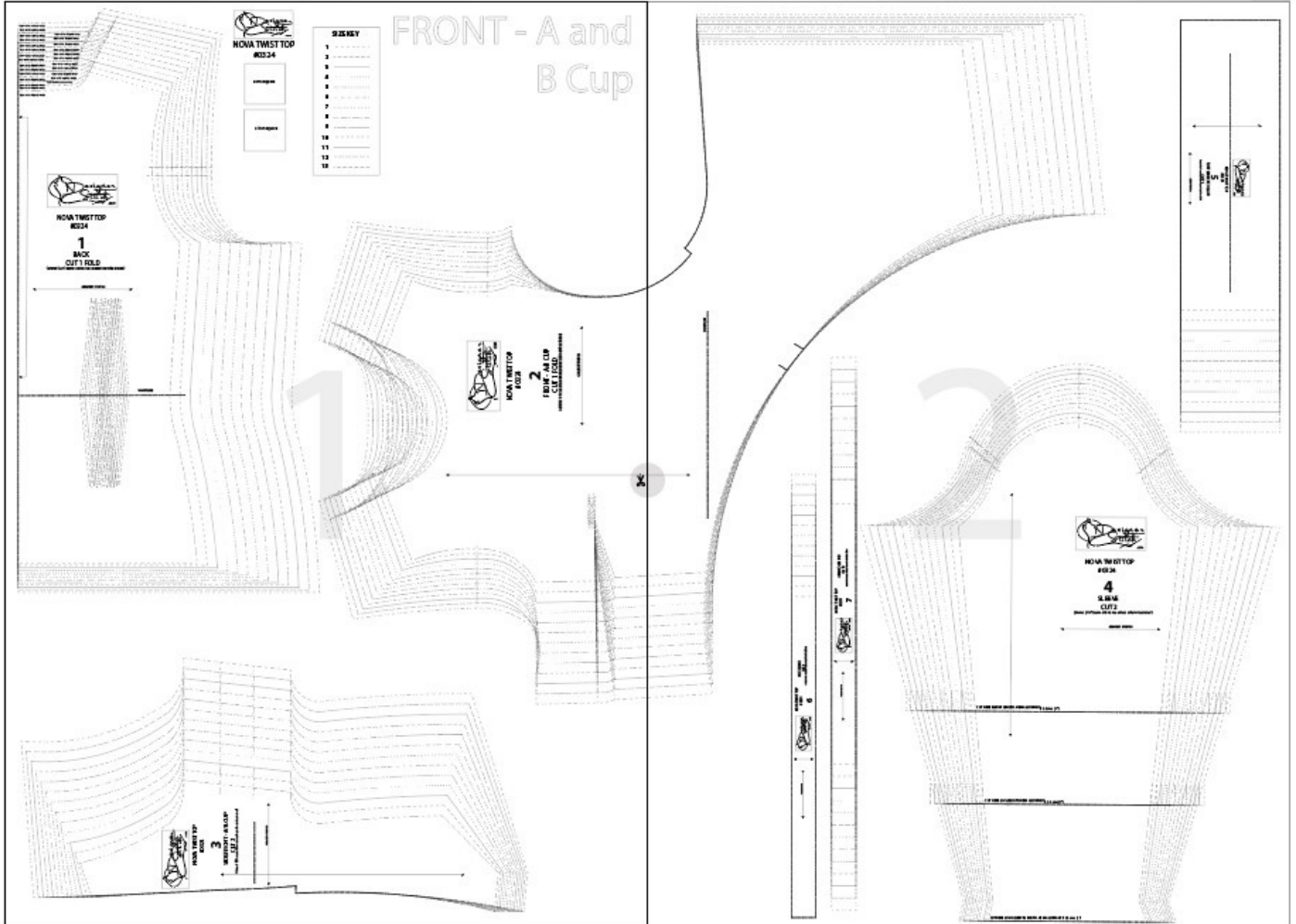
The trimless pattern has a solid line border on the right side and bottom of each page. Align the second page ON TOP OF the first page butting up to the line but not over it. Then continue taping subsequent pages as detailed in the above diagram.

You will notice there is an approx 6mm (1/4") gap on edge of left page where the printer doesn't print. For the second and subsequent rows butt top edge of paper to solid black line. Continue in its entirety.


The trimless template consists of 70 pattern tiles in total.

(DISCLAIMER: some printers don't like "trimless" - when printing off the pages some printers pull the paper through quickly which may throw/misalign the solid line border as detailed above.)

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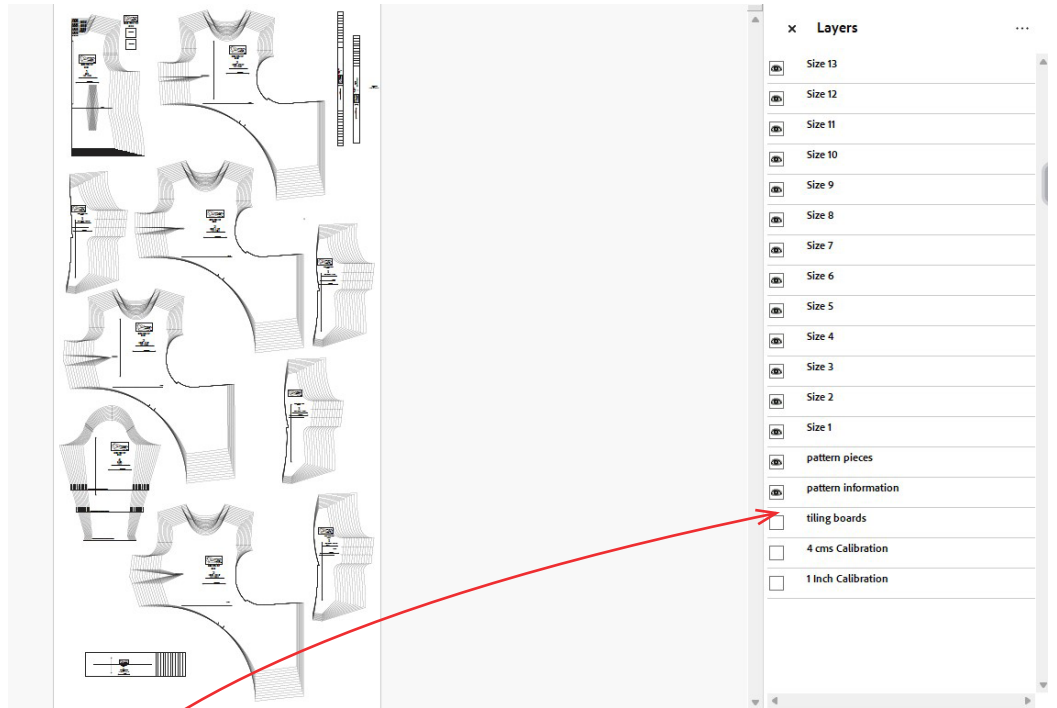
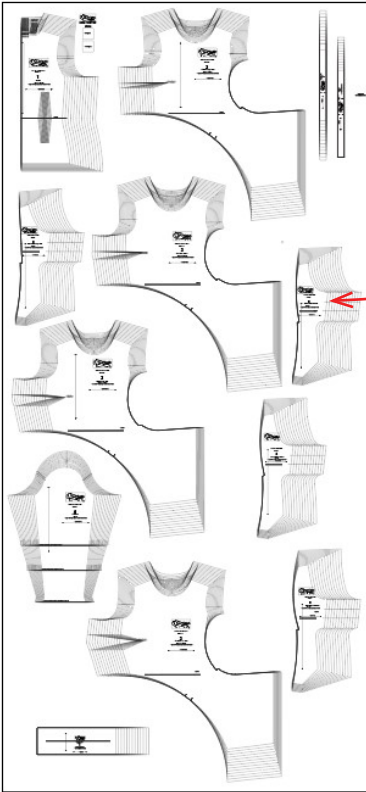
TAPING THE NOVA TWIST TOP A0 file together.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off.  Each Cup Size has its own separate pattern file.

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THE NOVA TWIST TOP A0 PROJECTOR COMPATIBLE FILE.

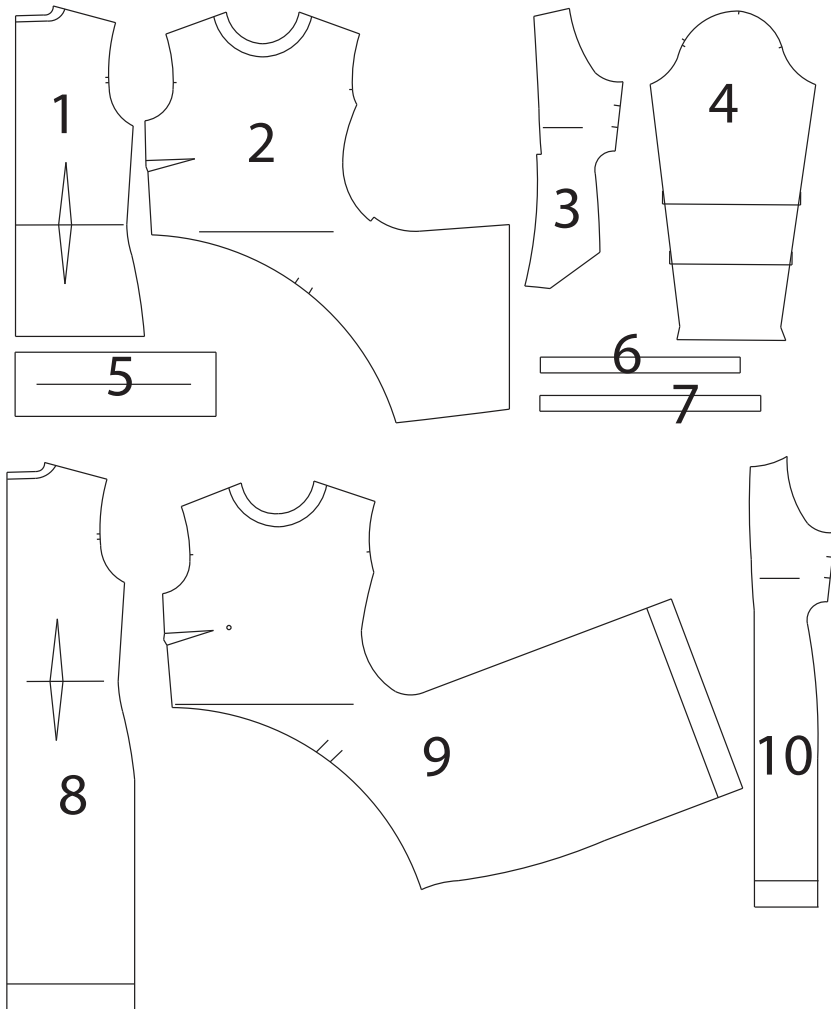
There is 1 continuous sheet.



THE NOVA TWIST TOP A0 PROJECTOR COMPATIBLE FILE.

1. Size layers can be toggled on and off.
2. Inbuilt calibration layers - 1 inch or 4 cms separate layers.
Can be toggled on/off to calibrate your projector.

pattern pieces



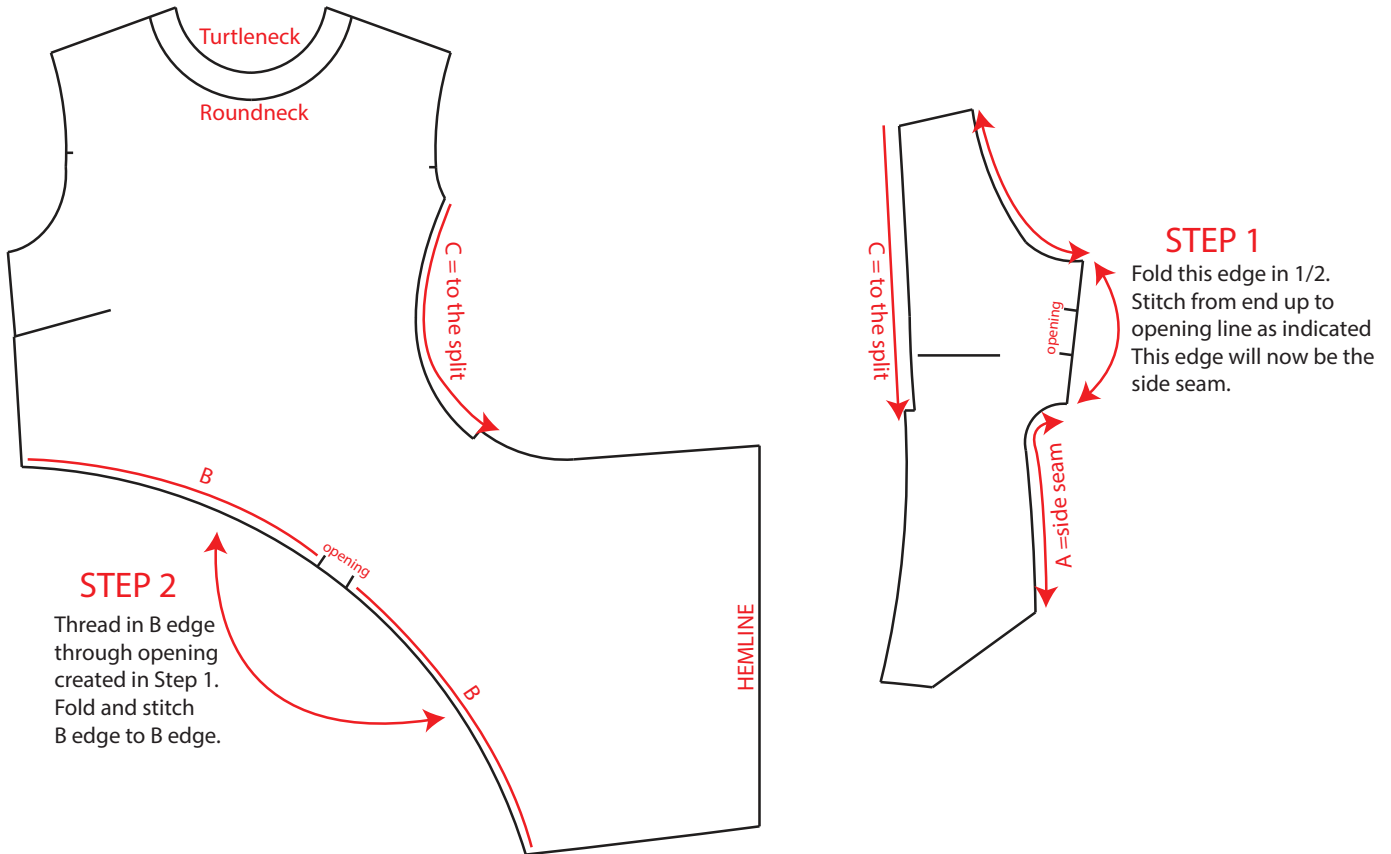
To make the Nova Twist Top please use the relevant pattern pieces.

1. Back - Cut 1 Fold
2. Front - Cut 1 - Right Side Up
3. Side Front - Right Side Up
4. Sleeve - Cut 2
5. Turtle Neck Collar - Cut 1
6. Neck Bind - Cut 1
7. Armhole Bind - Cut 2

To make the Nova Twist Dress please use the relevant pattern pieces.

8. Back - Cut 1 Fold
9. Front - Cut 1 - Right Side Up
10. Side Front - Right Side Up
4. Sleeve - Cut 2
5. Turtle Neck Collar - Cut 1
6. Neck Bind - Cut 1
7. Armhole Bind - Cut 2

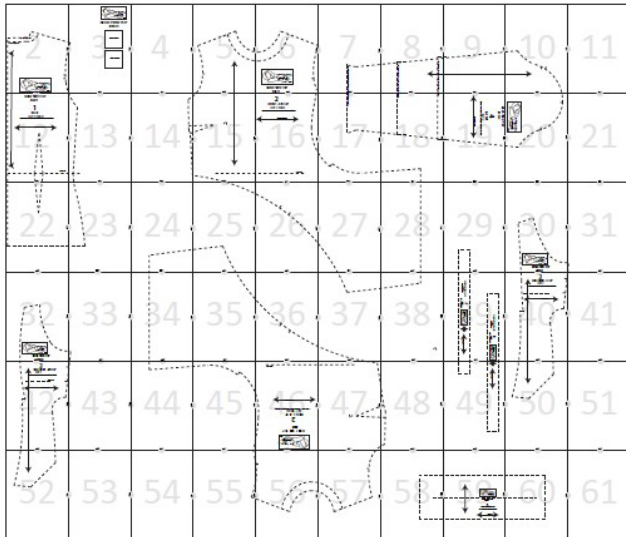
anatomy of front pattern



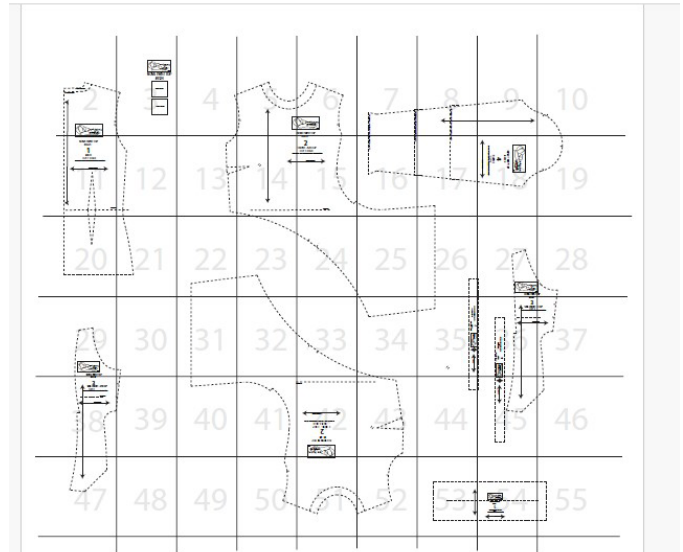
The Nova Twist Top - Anatomy of the Front Pattern Piece.

The above image details what pattern edges are sewn to its corresponding edge.
The first edge sewn is the side of the Side Front - Step 1 - as indicated in the above image.
Followed by edge B - as indicated by Step 2. Then edge C.

pattern pieces



CUP SIZES A, B and C
PRINT TILING TEMPLATE GUIDE FOR SIZE SPECIFIC CHOICE
TRIM PRINT AT HOME PATTERN



CUP SIZES A/B and C
PRINT TILING TEMPLATE GUIDE FOR SIZE SPECIFIC CHOICE
TRIMLESS PRINT AT HOME PATTERN

PATTERN PIECES GUIDE FOR TRIM/TRIMLESS PATTERN FILES.

As detailed on page 8 - 9 - Printing Your Pattern - you have the choice to turn off the size layers you don't want.

Both of the images above - the Trim at Home Pattern on the left - and the Trimless Print at Home Pattern on the right - are a small scaled layout with only a single size selected that are from page 1 in both pattern files.

When a single size layer is selected it will only show the relevant pattern pieces for your selected size.

The above image shows size 1 layer turned on (all others are turned off) as an example. Use page 1 in your pattern files to note what pages you need so you don't print off unnecessary blank pages. (The above images show some blank pages which you may not need depending on your size choice)

This will be your size layer/tiles guide in selecting what pages you have to print off and also the sequence of tiling and taping your pages together.

info

SHOPPING LIST

- Fabric and matching colour thread.
- Approx 50 cms (½ yd) of 3mm cotton tape

FABRIC

Please use the following only as a suggestion.
Depending on your skill level you should choose the appropriate weight fabric.

Jersey knit fabrics - approx weight of 175 gsm - with some degree of drape are BEST with at least 50% stretch across and 25% stretch going down the fabric.

(page 19 stretch guide)

- Rayon and Rayon types
- Wool and Wool types

Composition - Main 95% with 5% Spandex.

SEAM ALLOWANCES are included. All main seams have 6 mm (1/4") unless otherwise stated. Designer Stitch Patterns use industrial construction methods to give you a professional finish so there will be steps where the seam allowance may vary .
THIS WILL BE CLEARLY INDICATED AT EACH STEP METHOD.

STORING YOUR PATTERN - As this pattern is a multi-sized one it is best to trace off your size with tissue or similar paper and leave the taped template intact. That way if you happen to have a missing pattern piece or you need to make body size adjustments in the future you will still have the master at hand. For storage of the master you could hang it up with bull-dog clips on a coat hanger in a spare wardrobe or fold it flat and store in a large zip-lock bag.

TERMS OF USE - This pattern can be used to make garments for personal use only. No part of this document may be sold or re-distributed in any form including digital and/or printed form. If your family and friends would like to have a copy of this pattern, please ask them to purchase their own at www.designerstitch.com

Why don't you visit www.designerstitch.com for more ideas, tips, tricks and tutorials.

We would love you to say HELLO !!!!

#novatop #designerstitch @designerstitch

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PRE-WASH YOUR FABRICS

Wash your fabrics as you would wash any similar garment. Your fabric must be washed/laundered prior to cutting out your garment as this will circumvent any shrinkage that may occur in your fabric. If you are not sure how your fabric will react please wash a test square first. If there is no change to the test square fabric then it can be laundered successfully either by a gentle machine wash setting or by hand washing.

PATTERN SYMBOLS AND MEANINGS.

Cut on fold of Fabric



Cut on Straight Grain of Fabric
(parallel to the selvedge)



Notch - match point to align two
pattern pieces together.



Lengthen or Shorten Line.

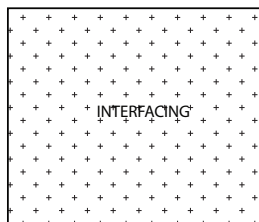
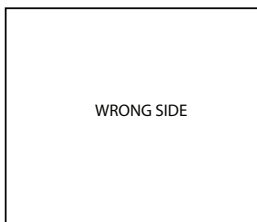
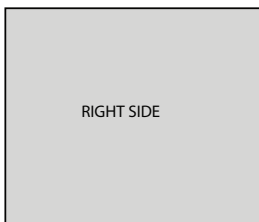


(Pattern is cut along these lines to either shorten or add extra length)

Seam Allowances.

Seam allowances will vary throughout the pattern. At each sewing step the required seam allowances will be clearly stated.

Sides of the Fabric.



SIZE KEY

1
2	-----
3	_____
4
5	-----
6	-----
7	-----
8	-----
9
10
11	_____
12	-----
13	-----

Follow the relevant Size Key line for your size as defined in this chart.

DEFINITIONS.

STAY STITCHING - a row of larger length machine stitches that prevents the garment edge from stretching while handling.

UNDER STITCHING - a row of machine stitching to keep the seam allowance “under” the garment. Made by pressing seam allowance towards the facing and then stitching close to the edge (2-3mm)($\frac{1}{8}$ ") of the seam on the facing side on the top-side of the garment. Ensure that the seam allowance is caught on the underside.

TOP STITCHING - A row of stitching very close to the edge of a seam or garment. It is also known as edge-stitching - and hence the name - sew on the top-side of the garment.

WRST - With right sides of fabric together.

CF - Centre Front

CB - Centre Back

working with stretch fabrics

NEEDLES.

Ballpoint needles have a rounded tip which pushes through the knit fabric without spearing the fibres.



PINS.

Glass head pins are lovely and fine so are easy to pin through the knit fabric.



STRETCH STITCHES ON A DOMESTIC SEWING MACHINE.

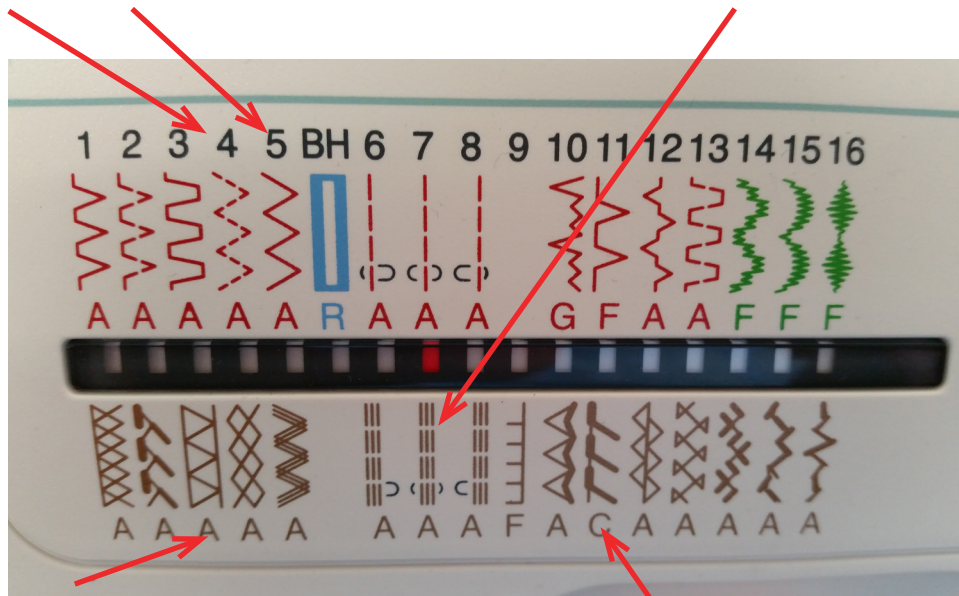
Do not use a straight stitch - your seams will snap when stretched on the body!

BASIC ZIG-ZAG OR TRIPLE STITCH STITCH

Use a setting of 3 width (approx.)

TRIPLE STEP STRAIGHT STITCH

A slow stitch to complete but ensures a strong and flexible stitch.



DOUBLE OVERLOCK STITCH

Allows a flexible stitch and best sewn with an overcasting foot.

STRETCH OVERLOCK

Allows a flexible stitch and best sewn with an overcasting foot.

The above is a guide only. Please refer to your machine owner's manual for detailed stitch selection.

SERGER/OVERLOCKER MACHINE.

A machine that utilizes 4 to 8 spools of thread that gives a sturdy flexible stretch stitch.

working with stretch fabrics

WALKING FOOT.

The walking foot literally walks the fabric through your machine. With a set of top feed dogs the walking foot allows for an even feed of your fabric and alleviates the top fabric from "travelling" as you sew.

This bar sits on top of the needle clamp/screw bar and works with the motion of the needle.



Feed dogs that "walk" over the fabric for an even feed.

FABRIC STRETCH GUIDE.

Please use this guide to determine the stretch ratio of your knit fabric. The recommendation of best fabric for this garment is 50 % stretch. Fold your fabric in 1/2 and place 2 pins 4" (10cms) apart. Stretch the fabric (not overstretching) to the 5" (15cms) and measure on the guide line.



TWIN NEEDLES

Used for finishing off hems on garments made of knit fabrics. Allows for stitching 2 identical rows of stitching that allows for stretch of the base fabric and the stitch lines won't snap when the fabric is stretched against them. Used mainly as a decorative hem or neckband top stitch feature.

info

Using the following Fabric Requirements chart.

The fabric requirements chart has been divided into individual requirements depending on the style/option that you choose and is only to be used as a guide. It is HIGHLY recommended that once you have your pattern pieces ready you use a piece of fabric from your stash and lay out your pattern using the layout guide. If you lay your pattern pieces you **WILL** be able to calculate your meterage/yardage as less than indicated in the charts.

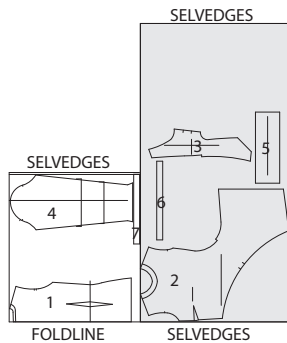
Fabric Requirements (Metres/Yards)

Additional fabric may be required for directional/one way print designs

NOVA TWIST TOP - FULL LENGTH

SIZE	1	2	3	4	5	6	7	8	9 - 10	11-13
150cms / 60"	1.50 m 1 5/8 yds	1.50 m 1 5/8 yds	1.60 m 1 3/4 yds	1.60 m 1 3/4 yds	1.70 m 1 7/8 yds	1.70 m 1 7/8 yds	1.80 m 2 yds	2.10 m 2 1/4 yds	2.20 m 2 3/8 yds	2.30 m 3 1/2 yds

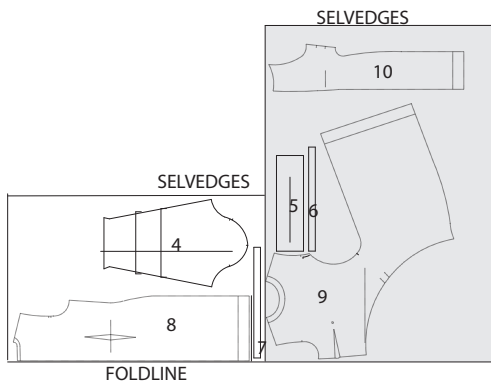
150 cms / 60 " wide fabric



Cutting Layout for Sizes 1 to 4.

Fold the fabric in half. Cut pattern piece 1 on the fold, 4 and 7 as a pair.

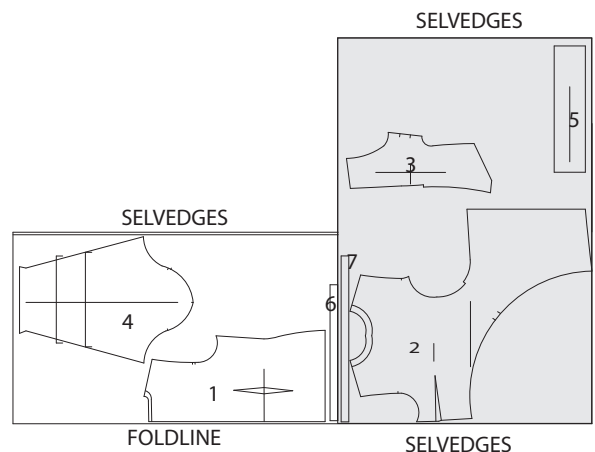
Open up fabric to a single lay and cut pattern pieces 2, 3, 5, and 6.



Cutting Layout for Sizes 5 to 9

Fold the fabric in half. Cut pattern piece 1 on the fold, 4 and 7 as a pair.

Open up fabric to a single lay and cut pattern pieces 2, 3, 5, and 6.



Cutting Layout for Sizes 10 to 13.

Fold the fabric in half. Cut pattern piece 1 on the fold, 4 and 7 as a pair.

Open up fabric to a single lay and cut pattern pieces 2, 3, 5, and 6.

sewing instructions

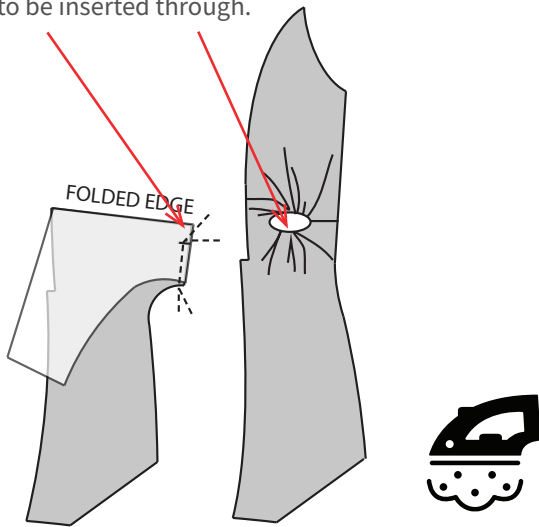
Note :

Please ensure all notches and pattern information are marked to the wrong side of your fabric.
Sew darts on front bust and back waistline.

Step 1 - Side Front

(Seam Allow 6mms (1/4"))

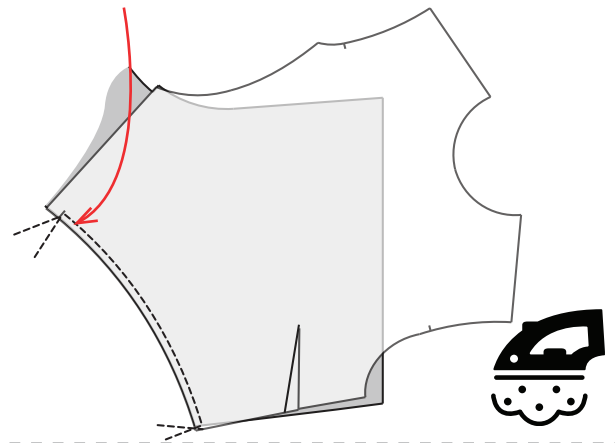
(refer to page 15) WRST fold side front in 1/2, pin to hold and stitch from cut edge to notch. Opening is now formed for right front to be inserted through.



Step 3 - Front Seam

(Seam Allow 6mms (1/4"))

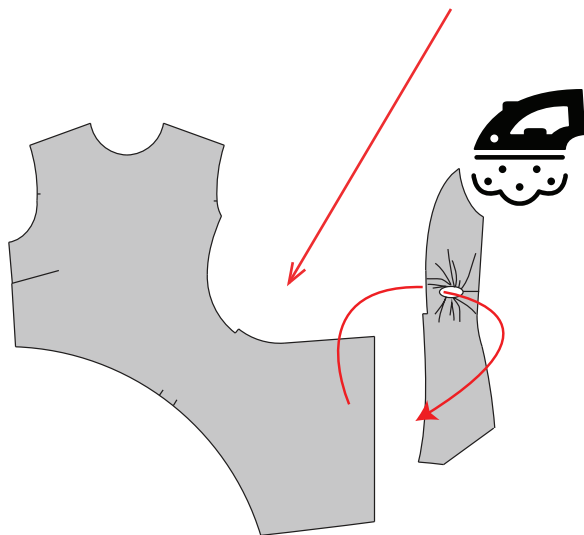
(refer to page 15) WRST fold front in 1/2, matching the edges marked as B. Pin to hold. Stitch from outer edge up to matched notches.



Step 2 - Right Front through Left Front

(Seam Allow 6mms (1/4"))

Insert lower edge of right front through the back side of the left front through hole made by Step 1. (refer to page 15 to guide you with what edge is correct side)

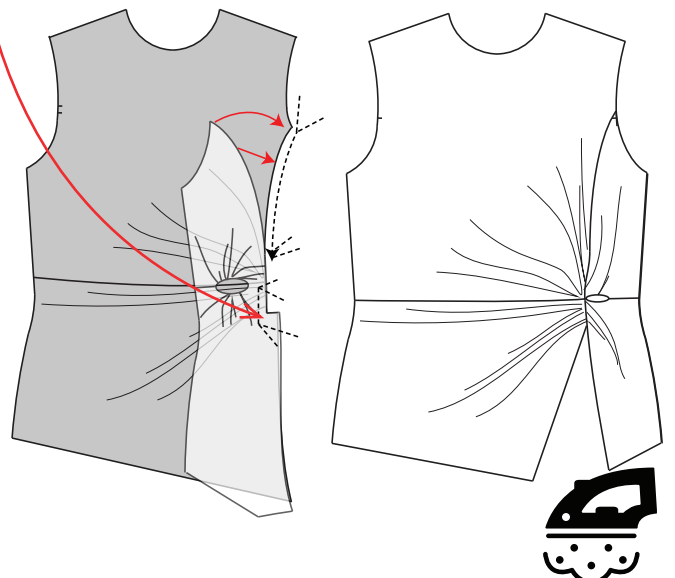


Step 4 - Front Seam

(Seam Allow 6mms (1/4"))

WRST pin side panel seam together from armhole to waistline. Dont force the draping to sit too flat. Stitch. This is half of the front side seam.

Starting from the lower section, below the drape hole, pin for approx 5 cms towards hemline, while still keeping drape as it forms. Stitch.

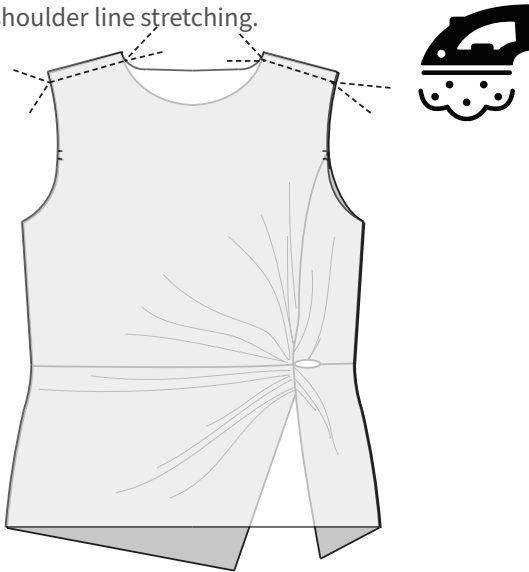


sewing instructions

Step 5 - Shoulder Seams

(Seam Allow 6mm (1/4"))

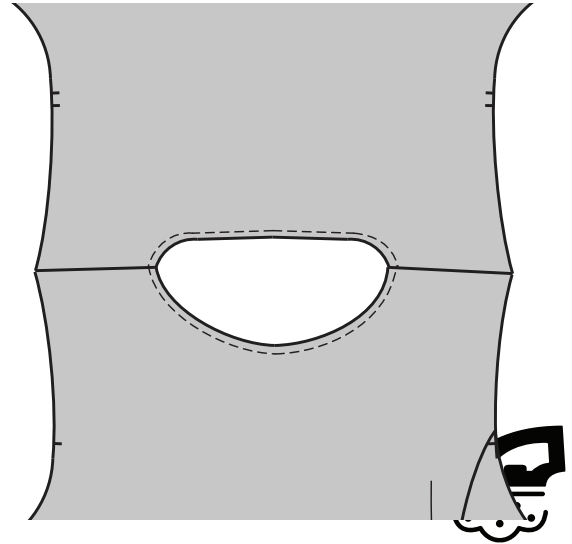
WRST pin front and back shoulder seams. Stitch.
Cotton tape or 6mm (1/4") elastic can be added to the seam here to stop shoulder line stretching.



Step 7 - Neck Bind

(Seam Allow 6mm (1/4"))

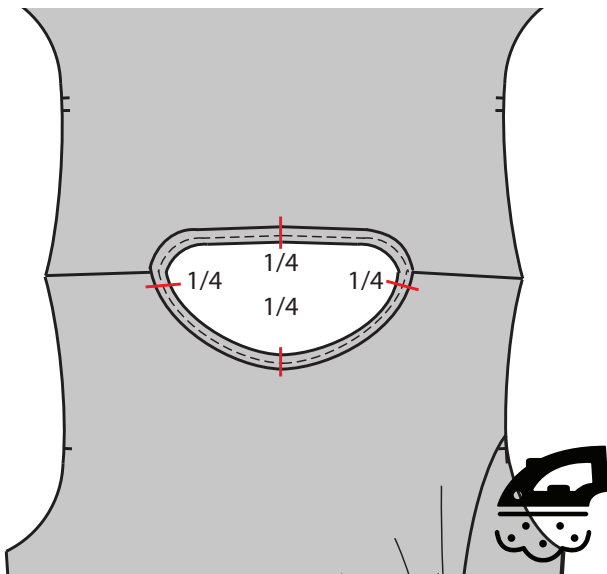
Turn/fold entire band over to the wrong side of the neck edge ensuring the band cannot be seen from the correct side. Pin to hold. Top-stitch in place.



Step 6 - Neck Bind

(Seam Allow 6mm (1/4"))

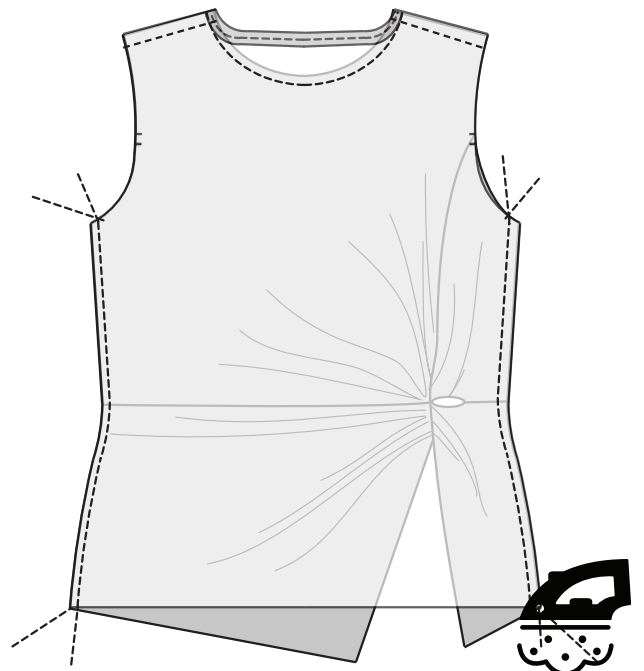
WRST pin and stitch band into a round. Fold the length of the neck bind in 1/2 wrong sides together. 1/2 and 1/4 mark the length of the band with pins. 1/2 and 1/4 the neckline edge with pins. Matching 1/2 and 1/4 points pin band to neckline. Stitch.



Step 8 - Side Seam

(Seam Allow 6mm (1/4"))

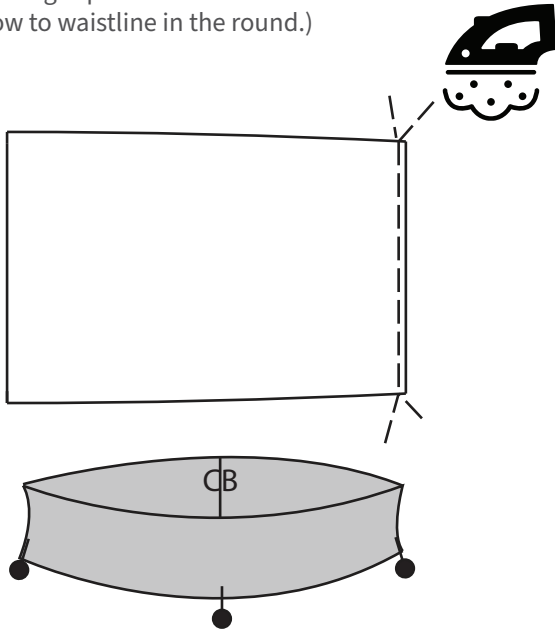
WRST pin side seam together. Stitch. Complete both sides.



sewing instructions

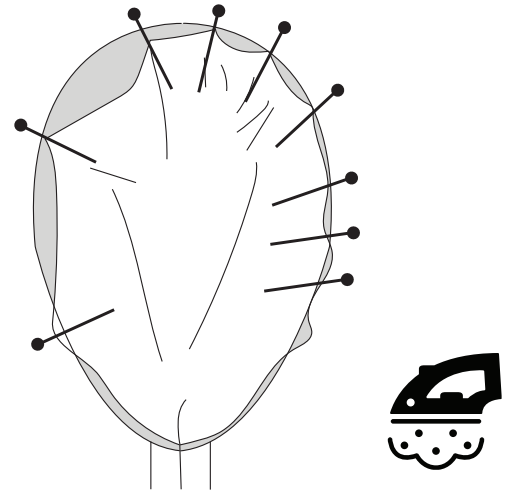
Step 9 - Turtleneck Collar to Neckline (Seam Allow 6mms (1/4"))

WRST pin wrong side of skirt to basted edge of bodice/peplum unit matching side seams. Stitch entire waistline in the round.
(Note: if making separates the dress the elastic would be stitched now to waistline in the round.)



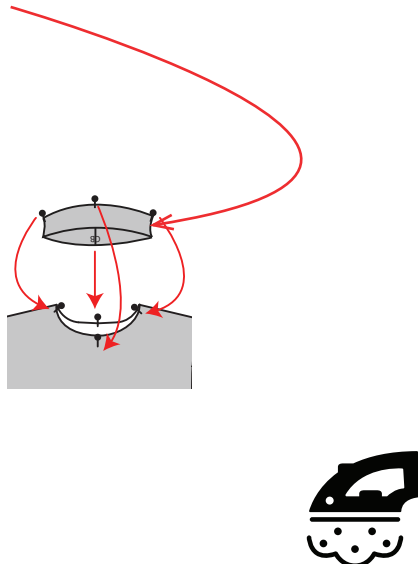
Step 11 - Sleeve to Armhole (optional) (Seam Allow 6mm (1/4"))

Place sleeve head into the armhole opening ensuring that the sleeve head and lower front/back notches match the shoulder seam/lower armhole notches. Pin sleeve. Sew the sleeve into the armhole starting at the underarm seam. Complete both sleeves.



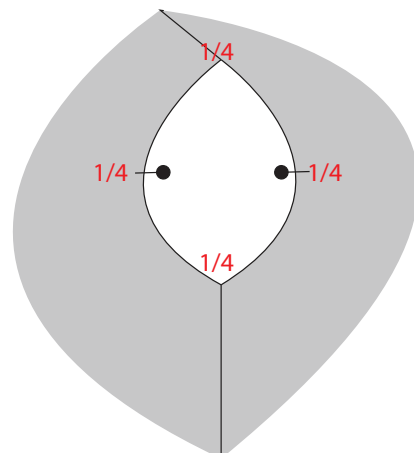
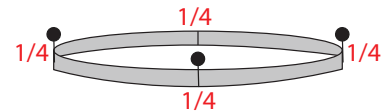
Step 10 - Turtleneck Collar to Neckline (Seam Allow 6mms (1/4"))

WRST pin underarm seam. Stitch. Complete both sleeves.



Step 12 - Sleeveless Armhole Bind (optional) (Seam Allow 6mms (1/4"))

WRST stitch the 2 short ends of the armhole bind together. Fold the length of the armhole bind in 1/2 wrong sides together. 1/2 and 1/4 mark the length of the band with pins. 1/2 and 1/4 the armhole edge with pins. Matching 1/2 and 1/4 points pin band to armhole. Pin entire length. Stitch.

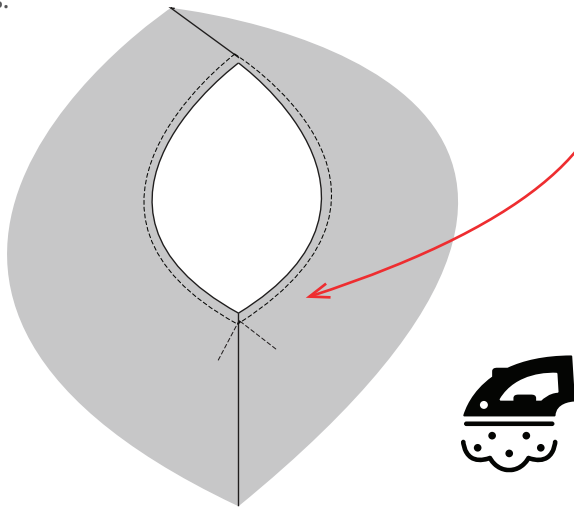


sewing instructions

Step 13- Armhole Bind cont' (optional)

(Seam Allow 6mms (1/4"))

Turn/fold entire band over to the wrong side of the armhole edge ensuring the band cannot be seen from the correct side. Pin to hold. Top-stitch in place. Complete both armholes.



Step 14 - Finishing.

Turn up sleeve hems 2.5 cms (1").
Turn up body hem 2.5cms cms (3/4").
Turn front split edges 1.5 cms (5/8").
(note; when turning both the body hem and split edges you should finish with a lovely point)

Give your garment a good steam.



Enjoy wearing your new Nova Top !!!!

Well Done !!!!

#novatop #designerstitch
@designerstitch

Why don't you visit www.designerstitch.com
For more ideas, tips, tricks and tutorials.
We would love you to say HELLO !!!!

The Nova Twist Dress.

After the completion of the Nova Twist Top all of our roadies thought it would look fabulous in a dress - so of course I had to add it.

Thinking that it would be a simple task - that I could just add on to the top pattern pieces - I quickly discovered it was much more professional to develop the body of the dress by itself.

Hence all of the pattern files. The pattern pieces to make the dress are marked number 8, 9 and 10. For ease of printing etc I added all the other pieces into the same pattern files.

Now each file - whether top or dress - have the complete number of pattern pieces to make your chosen style.

The following pages are quick basic details of the tiling sequence of the relevant pattern files.

And also the layout options dependant on sizing.

It is unnecessary to repeat the sewing instructions for making the dress as the step method is EXACTLY the same except for Step 5 - Front Seam.

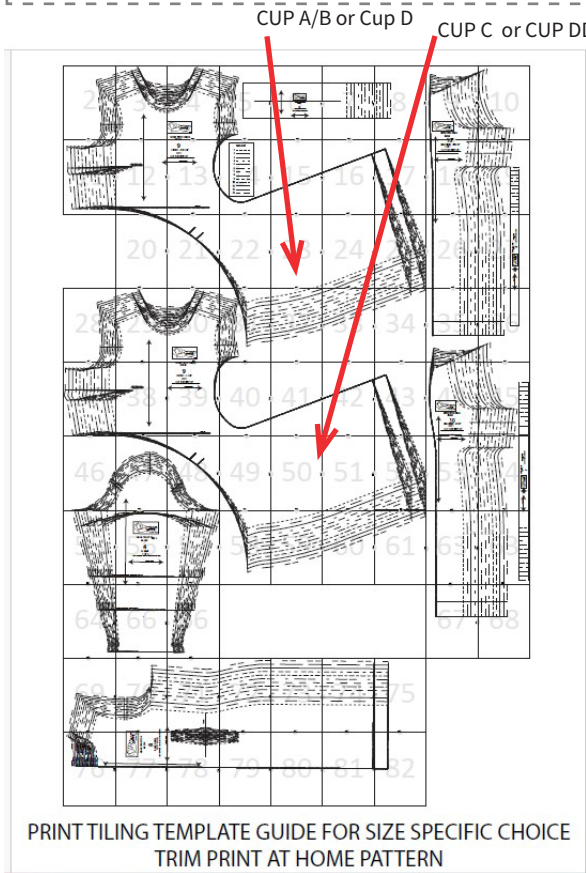
"Starting from the lower section, below the drape hole, **WRST pin entire front vertical seam to the hemline**, while still keeping drape as it forms. Stitch. "

And that is it my friends. Please dont forget you can find us on Facebook or Instagram - or even email inquiry - if you have any questions.

Warm Regards

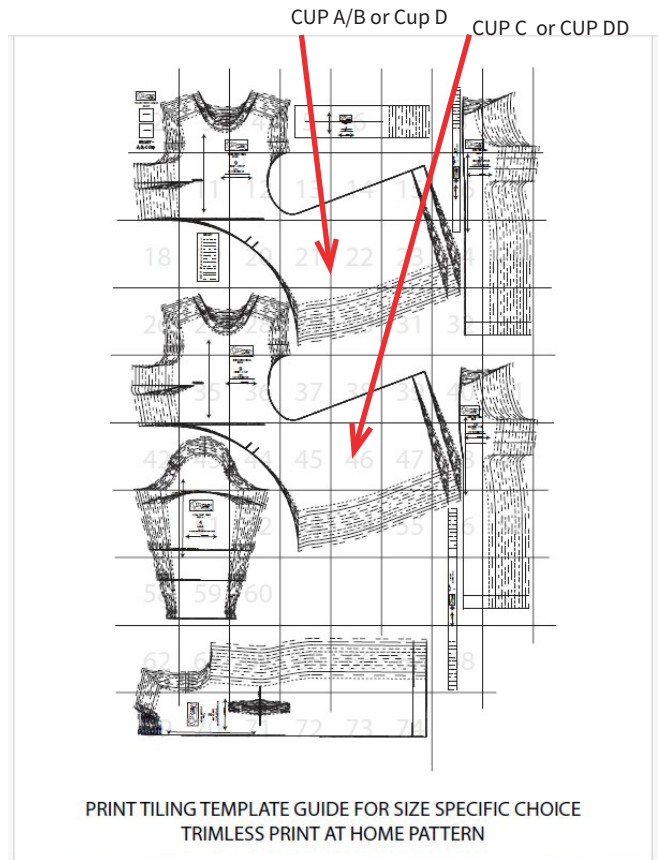
Ann. xx

dress instructions



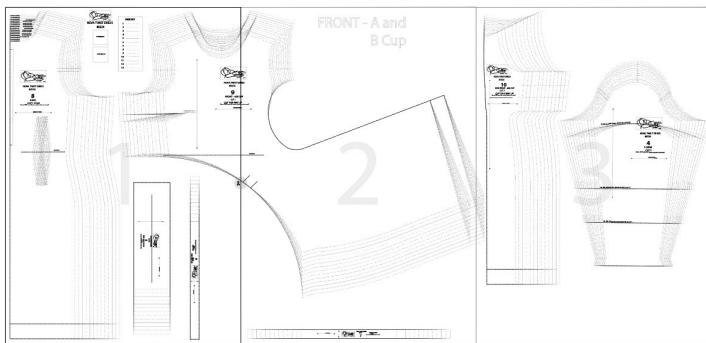
TAPING THE NOVA TWIST DRESS PATTERN TOGETHER - TRIM PATTERN - CUP SIZE SPECIFIC.

Please follow the printing details on Page 8. The above template consists of 82 tiles and the tiles run 1 - 10 across the template and subsequent tiles run as shown in the diagram. They are cup dependent so only print those tiles needed for your size and cup choice. Please ensure that you match up the circle symbol when taping the edges.



TAPING THE NOVA TWIST DRESS PATTERN TOGETHER - TRIMLESS PATTERN - CUP SIZE SPECIFIC.

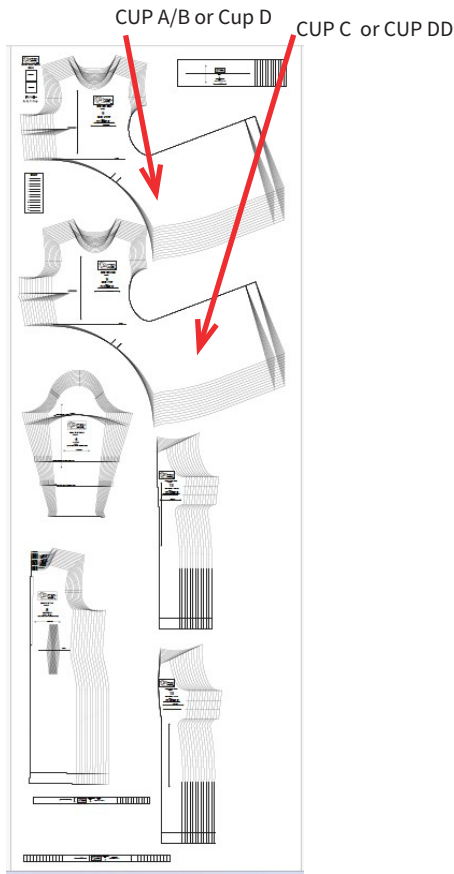
Please follow the printing details on Page 9. The above template consists of 74 tiles and the tiles run 1 - 9 across the template and subsequent tiles run as shown in the diagram. They are cup dependent so only print those tiles needed for your size and cup choice. Please ensure that you match up the circle symbol when taping the edges.



TAPING THE NOVA TWIST DRESS A0 file TOGETHER.

Cut off the borders as indicated. You don't have to cut off all edges as I have provided a "symbol" that shows which edges to cut off. Each Cup Size has its own separate pattern file.

dress instructions



THE NOVA TWIST DRESS A0 PROJECTOR
COMPATIBLE FILE.

There is 1 continuous sheet.
Cup Size Dependent. Choose from files either A, B,
and C - or D and DD
Size layers can be toggled on and off.

Fabric Requirements (Metres/Yards)

Additional fabric may be required for directional/one
way print designs

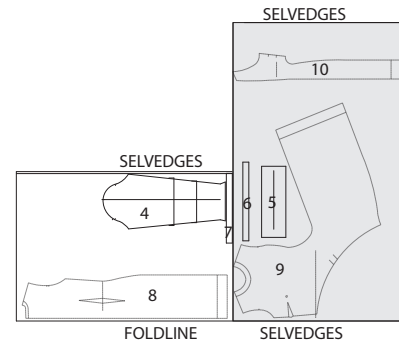
NOVA TWIST DRESS - FULL LENGTH

SIZE	1	2	3	4	5	6	7	8	9 - 10	11-13
150cms / 60"	2.00 m 2 3/8 yds	2.00 m 2 3/8 yds	2.10 m 2 1/4 yds	2.10 m 2 1/4 yds	2.20 m 2 3/8 yds	2.20 m 2 3/8 yds	2.30 m 2 1/2 yds	2.60 m 2 7/8 yds	2.70 m 3 yds	2.80 m 3 1/8 yds

150 cms / 60 " wide fabric

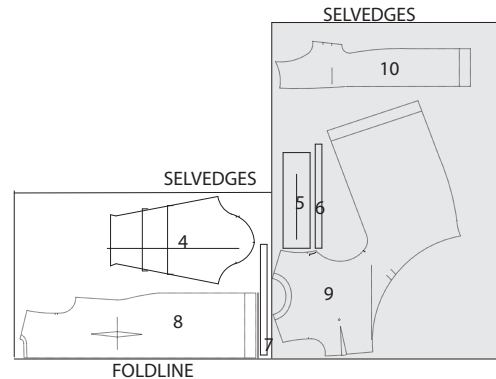
Cutting Layout for Sizes 1 to 4.

Fold the fabric in half. Cut pattern piece 8 on the fold, 4 and 7 as a pair. Open up fabric to a single lay and cut pattern pieces 9, 10, 5, and 6.



Cutting Layout for Sizes 5 to 9

Fold the fabric in half. Cut pattern piece 8 on the fold, 4 and 7 as a pair. Open up fabric to a single lay and cut pattern pieces 9, 10, 5, and 6.



Cutting Layout for Sizes 10 to 13.

Fold the fabric in half. Cut pattern piece 8 on the fold, 4 and 7 as a pair. Open up fabric to a single lay and cut pattern pieces 9, 10, 5, and 6.

